Doug Parish's "Detroit Tiger Fan's Calendar memorable quotes, dates and statistics.

# Tiger art

## Ex-bat boy paints his childhood heroes

special writer

"It's like having lunch with God," said free-lance artist Dong Parrish of his new friendship with former Detroit Tiger great Charlie Gehringer.

The reverence of artist for hallplayer stems from Parrish's boy-hood. He was the visitor's bathoy at Tiger (then Briggs) Stadium for the 1936 and 1937 seasons.

Gehringer was in his playing prime, and Parrish admits, "He was my hero."
Their new friendship began when Gehringer posed for Parrish accure of the 1935 Gehringer-Kallie Meadow Brook Golf Classic program. During that benefit golf tournament, another local baseball buff, advertising man and Birmingham resident Bill Haney, suggested that Parrish and Haney collaborate on a Detroit Tiger calendar.

'The players would send me across the street for hamburgers and they'd give me a tip, maybe a quarter. But I was a hero at school.'

- Doug Parrish former Tiger balboy

"BILL WAS familiar with my work but be didn't know I had been a Tiger bathoy," and Parrich, Troy resident, during a recent internet Troy resident, during a recent internet Troy resident. The artist rill chuckles when he recalls how he got the bathoy job.
"I was on the school newrpaper staff at Andrew Jackson Junior High and got an interview with then-manager Mickey Cochrane," he said. "I must have laken a list of 500 questions into that interview. I soon sensed that Cochrane was getting bored with me so I cut the interview abort by asking if there were any jobs available around the clubhouse.

"I THINK just to get rid of me be sent me to see clubbouse manager, Alex Okray, Well, a fow minutes later, Cochrane walked by Okray's office, spotted me, and said, Hi Doug."
"Okray must have figured that I was one of Cochrane's buddles, because he got me a uniform, one of Hank Greenberg's old once, and seet in a right out on the field," recalled the former bat-boy.

berg's old ones, and sent un sum you con the field, "recalled the former hat-boy.

The pay was one baseball per game and tips. The players would send me across the street for hamburgers and they dive me at the paybe a quarter.

But I was a hero at school. I had permission to leave school carry overy day, but I had to keep my grades up. When I started high eshool at Cass Tech I had to quit the Tigers because high school was more serious.

THE CALENDAR collaboration has had a favorable outcome. Titled 'Detroil Tiger Fan's Calendar/1985, it was published in time to debut at the 1984 Gehringer-Kaline Golf Classic.

In addition to Parriah's fineline drawing of Tiger greats in action, it contains a wealth of memorable

quotes, dates and statistics.

"Bill Haney did 90 percent of the research," credited Parrish. "He is an absolute fenatic about basebell. He has quite a library and what we couldn't find there we found wherever we could."

TIGER FANS will probably want to frame many of the sepia-toned pages. Farrish's personal favorite is July's entry, deorgis breach, a collage of drawning the probability of the probabil

The calendar is currently available at Pages and Pages in Hunter Equard and the Today's Line Up stores. They are located in Winchester, Lakesdog and Universal Malia. Other bookstores are expected to stock it soon.

The Detroit Tiger Fens Calendar/s. 1985 is published by Dismond Communications, Inc., P.O. Box 94, Norse, Dame, IN 6853, and may also be ordered from them. The price is \$9.95.

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## Studies find low milk intake related to high blood pressure

Increasing one's intake of dairy foods such as milk, cheese and yogurt may provide some protection against high blood pressure or hypertension. Men who drank no milk had wired the incidence of hypertension as those who consumed one quart or more of milk each day, concluded a study published in "Hypertension."

The authors, Mario R. Garcia-Palmitel and ca-warders from the Denarical Carlos of the Carlos o

The authors, Mario R. Garcia-Palmi-cri and co-workers from the Depart-ment of Medicine, University of Puerto Rico Medical School, San Juan, Puerto Rico, and the Division of Heart and Vascular Discases, National Reart, Lung and Blood Institute, Bethesda, Md., based their Indings on diet and cardiovascular data collected from al-most 8,000 Puerto Rican men 45 to 64

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years of age.

When the researchers looked at total calcium intake, the same pattern was observed. The greater the intake of calcium, the less likelihood of hypertension.

CALCIUM is the mineral in milk and other dairy foods implicated in blood pressure regulation. Almost three-quarters of the calcium available in the U.S. diet comes from foods in the milk group, according to the U.S. Department of Agriculture.

The Puerto Rican study is just one more investigation leading support to the importance of calcium in blood pressure control. Last year, researchers at the University of California, San

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Diego reported that men with high blood pressure drank significantly less milk on a daily basis than those with normal blood pressure.

More recently, David A. McCarron, director of the Oregon Hypertension Program and co-workers at the Oregon Health Sciences University, Portland, published in "Science" magazine that intake of dairy foods was a key predictor of hypertension. These medical researchers analyzed the relationship between 17 nutrients and blood pressure in more than 10,000 healthy Americans 18 to 74 years of age.

Of all the nutrients examined, low calcium intake most consistently characterized persons with hypertension from those without the disease.













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