

## Blueberries Scarce But Delicious

By ELLY  
Bad news from the Department of Natural Resources concerning the blueberry crop in northern Michigan.

Earlier this year a bumper crop had been predicted, but on the night of June 26 temperatures in that part of the state dropped to 25 degrees and the crop was just about wiped out.

Damage was less severe in Lape County and parts of Iron and Marquette counties and plump Michigan blueberries are available now in the markets.

KNOW HOW to tell a blueberry from a huckleberry? The blueberry has tiny almost unnoticeable seeds while the huckleberry has 10 hard seeds or nutlets.

Blueberries grow wild from above the Arctic Circle to Florida. They were a favorite food of the Indians who ate them raw, cooked them with meat and dried them for winter use.

When dried, they may be used as currants or raisins. Spread the berries in a single layer. Expose to the sun during the day and keep in a warm room at night. When they are hard and dry, pack in sterilized jars; heat at lowest temperature in oven for 20 minutes; cool; cover and store in a cool place.

### BLUEBERRY MUFFINS

1-1/2 c. wheat bran  
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1-1/2 c. sugar  
1 c. flour  
2 c. milk  
3 eggs  
1-1/2 c. blueberries  
1 t. baking powder  
1 c. cooking oil  
Combine all ingredients except oil and mix well. Stir in oil last. Bake in small well-greased muffin cups in 425 degree oven. Makes three to four dozen.

### BLUEBERRY BUCKLE

1 c. butter or margarine  
1 c. sugar  
1 egg  
2 c. sifted all-purpose flour  
2 t. baking powder  
1 t. salt  
1 c. milk  
2 c. fresh blueberries, washed  
Crumb topping  
Cream butter, add sugar and beat until light. Add egg and beat well. Add sifted ingredients alternately with milk, beating until smooth. Fold in berries. Pour into greased pan (9x9x2 inches). Sprinkle with crumb topping. Bake in preheated oven at 375 degrees for about 35 minutes. Makes six to nine servings.

CRUMB TOPPING  
Blend 1/2 cup soft butter, 1/2 cup sugar, 1 1/2 cup all-purpose flour, and 1/2 teaspoon ground cinnamon.

### FRESH BLUEBERRY PIE

1 c. sugar  
1 c. all-purpose flour  
1 t. salt  
1 t. ground cinnamon  
1/2 t. grated lemon rind  
1 t. fresh lemon juice  
4 c. fresh blueberries, washed  
Pastry for 2-crust, 9-inch pie, unbaked  
2 t. butter  
Combine first seven ingredients. Turn into nine-inch pie pan lined with pastry rolled 1/4 inch thick. Dot with butter or margarine. Cover with the remaining pastry rolled 1/4 inch thick. Trim, turn under, flute edge. Cut a gash in top crust to allow for escape of steam. Bake in preheated hot oven (425 degrees) for 40 minutes, or until crust is brown. Makes six servings.

### BLUEBERRY-COTTAGE CHEESE CAKE

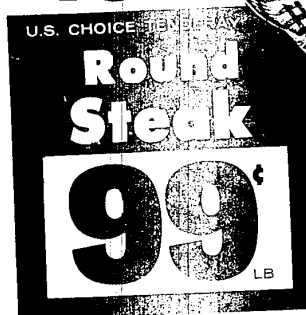
1 T. soft butter  
4 c. blueberries, washed  
3 envelopes unflavored gelatin  
1 c. sugar  
1 t. salt  
1 egg, separated  
1 c. milk  
1 t. grated lemon rind  
3 c. cottage cheese, sieved  
2 T. fresh lemon juice  
1 t. vanilla extract  
1 c. heavy cream, whipped  
Spread butter on bottom and sides of shallow 1-1/2 quart dish. Arrange 3-1/2 cups berries in dish to form a shell. In top part of double boiler mix gelatin, sugar and salt. Beat egg yolk and milk; add to gelatin mixture. Cook over boiling water, stirring, until gelatin is dissolved, about six minutes. Add lemon rind and cool. Stir in next three ingredients. Chill until slightly thickened to the consistency of unbeaten egg whites. Fold in stiffly beaten egg white and cream. Pour into shell; put half cup berries in center; chill until firm. Makes eight to 10 servings.



# 87th ANNIVERSARY SALE

4-9 LB AVERAGE, YOUNG

**Turkeys**  
**48¢** LB



FRESH  
**Whole Fryers**  
**27¢** LB

FRESH 3-LEGGED OR DOUBLE BREASTED  
**Fryers**  
**37¢** LB

HEATY BOSTON BUTT

Pork Roast.....LB 69¢

PARMER PEEY OR GLENDALE

Boneless Ham.....LB 98¢

JIFFY GRAY AND

Salisbury Steak.....2 LB PKG 99¢

PETER'S FRESH OR SMOKED

Liver Sausage.....LB 67¢

U.S. CHOICE TENDERAY 4TH & 5TH RIBS

Rib Roast.....LB 88¢

AL HEAT

Eckrich Wieners.....1-LB 89¢

U. TENDERAY BONELESS

Ramp Roast.....LB 129¢

HEBROD

Astro Hot Dogs.....LB 69¢

PICNIC STYLE

Pork Roast.....LB 49¢

SWIFT'S SLICED

Beef Liver.....LB 69¢

FULLY COOKED "HOLE"  
**Semi-Boneless Hams**  
**59¢** LB

PETER'S VAC PAC  
**Skinless Wieners**  
**2 98¢** LB PKG

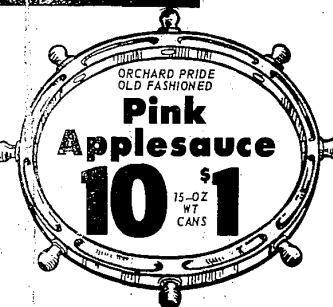
U.S. CHOICE TENDERAY  
**Chuck Steak**  
**79¢** LB

WHOLE, NO BACKS ATTACHED  
**Fryer Legs or Breasts**  
**69¢** LB

## Dollar Days Sale!



HORMEL  
**Vienna Sausage**  
**5 1/2¢** 4-OZ CANS  
KROGER RED TART PITTED  
**Pie Cherries**  
**5 1/2¢** 1-LB CANS



ASSORTED FLAVORS  
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Kroger Corn.....6 CANS 51¢  
SHOWBOAT, WHOLE OR SLICED  
Irish Potatoes.....9 1/2-MOZ WT CANS 51¢

KROGER  
Grapefruit Sections.....4 1-LB CANS 51¢  
HORMEL  
Vienna Sausage.....5 4-OZ WT CANS 51¢  
KROGER  
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Peach Halves.....4 1-LB 13-OZ CANS 51¢  
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**69¢** 3-LB 1-0Z 801

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**7¢** 4 1/2-OZ WT JAR

SPRINGDALE GRADE 'A'  
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**93¢** GAL CTN  
HALF GAL CTN.....49¢

SPRINGDALE DAIRY FRESH 2%  
**Lowfat Milk**  
**89¢** GAL CTN  
HALF GAL CTN.....47¢

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