



## retirement memos

**Margaret Miller**

## Peace and bread: We can do a little

"Joe does peace and I do bread," I wrote in several Christmas card notes reporting our recent activities.

Actually, in our kitchen, Joe does more bread than I do these days, and I guess I do my share of peace by staying out of the way while he's doing it. But that's another Memo entirely.

What I'm talking about here is our increased awareness that retirement can bring opportunity for action on the major social issues of our day — the threat of nuclear war and the fact that so many people in the world are starving.

WHEN OUR CHURCH began a Peace Advocate program a few months ago, Joe volunteered to be one of the advocates. He's meeting now with a small, interested group, and he's reading stacks of literature on the subject.

He and his fellow-advocates agreed there wasn't much chance top dignitaries would see it, but they knew such letters do get counted and it seemed a good way to get a group of people thinking and doing some small thing about a mighty problem.

The letter garnered more than 200 signatures in the congregation. And that is 200-plus people who may have a bit more reason to feel hopeful about the way the negotiations proceeded.

MY OWN LATEST activity is working on establishing a new chapter of Bread For The World. I first learned about this international organization in several articles I wrote when I was covering church news for The Observer.

I was impressed then by its aims, which include trying to improve distribution of food to a hungry world through citizen lobbying on needed legislation. Since then I've followed its work, and I'm glad for the opportunity to be in on organizing a new chapter.

How effective I'll be at getting people to write letters is still a big question mark, especially considering my private correspondence backlog. But I'm looking forward to giving it a try.

Neither retiree in this family has any illusions about making a big difference in world peace or world hunger. But the needs are so immense that it helps to think you might be a part of some small ripple.

It's good just to spend some time trying.

Margaret Miller was Suburban Life editor for Observer Newspapers for 16 years. She and her husband Joe have retired to Florida, where she writes Retirement Memos.

# Take time to develop new plants



## down to earth Alice Burlingame

If you know gardeners, you know they are a patient lot, waiting for national success.

Now when we focus our attention on trees or shrubs, also evergreens, most of the propagation is done by grafting and cuttings. It takes a long time until a nurseryman can say he's ready to launch a new introduction.

I have found when visiting plantmen who are pioneering varieties that they keep their research projects under wraps just as automobile companies do with theirs.

So whether we see annuals, perennials, trees or evergreens at a nursery, remember they have come a long way to reach the retail market.

Your columnist, when she travels, generally has a goal of looking up plantmen. As a national accredited garden writer, they always give their time generously to me.

This spring March 31 to April 3, there will be a national meeting at Colonial Williamsburg which will attract gardeners and writers from all over the country.

Dr. Marc Cathey, director of the National Arboretum in Washington, D.C., will attend to share his current experiences. His Excellency the Ambassador of New Zealand will share in lectures the beauty of his country. Twice the beauty of New Zealand flowers has beckoned me to that country.

This is an excellent calendar cycle

for our followers in gardening to read the local library for gardening publications to help plan for spring. If you have overexpanded your garden, cut a new pattern to express new ideas you have gleaned from observing other gardens and gardeners.

Plan to block views by planting evergreens to give you privacy where needed. Try new ideas and grow in your knowledge to have a more beautiful garden for 1985. These winter months are the time to get your ducks together for a good garden investment.

## Fly the flag

Quakertown Chapter of the Daughters of the American Revolution urge all Americans to display loyalty, dedication and patriotism in their daily lives. All are asked to observe February as American History Month by flying the flag of the United States of America and by renewing their pledge to Old Glory.

## Health series begins

A series of programs for smokers who want to quit the habit, followed by health and exercise sessions, is sponsored by Better Living Seminars this month in Orchard Lake Middle School, 6000 Orchard Lake Road, West Bloomfield.

Two sessions called "Preparing to Quit" begin at 7:30 p.m. Thursday and Friday, Feb. 14-15, are followed by five Stop-Smoking sessions Feb. 18-22.

Four health and exercise sessions, where participants receive an individualized Health Hazard Appraisal are

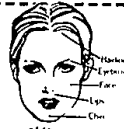
scheduled for Feb. 25, March 4, 11 and 18.

Fee for all 11 classes is \$25. Registrations are taken by calling Sylvia Donahue, 882-7348.

The classes are led by Dr. Arthur Weaver, professor of surgery at Wayne State University, and John Swanson, a health education specialist. Weaver's stop-smoking techniques have been popularized through television, radio and the press, which combines an attack on both the physiological and psychological aspects of tobacco addiction.

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## Livonia Mall's

# All Star Sidewalk Sale

February 7-10

## Come See Us at Our Sidewalk Sale!

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ARTISTE HAIR STYLISTS  
ATHENE CAFE  
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CHARBEL SHOES  
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CINEMA  
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COREY'S JEWEL BOX  
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FANNY FARMER  
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FASHION SHOES  
FLORENCE TANNER  
FOOTLOCKER  
GENERAL NUTRITION CENTER  
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JEAN NICOLE  
JO ANN FABRICS/SINGER  
JONATHAN B PUB  
KAY BEE TOY & HOBBY  
KONEY ISLAND INN  
KRESGE'S  
LIVONIA CHESS KING  
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LIVONIA MALL CARD SHOP  
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VALENTE'S MENS FORMAL WEAR  
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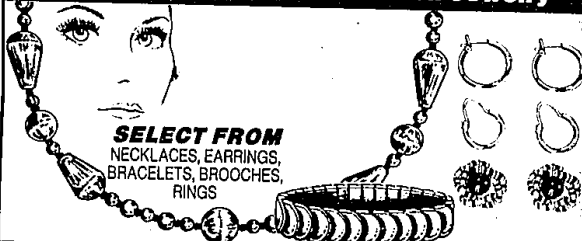
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Livonia Mall's

## All-Star Sidewalk Sale February 7-10 (Early Bird Specials, Feb. 6th) with Fantastic Savings throughout the mall!

### Featuring Pro Football Hall of Fame Exhibit

Thursday, February 7th  
(Former Detroit Lion)  
Dick ("Night Train") Lane

who was inducted into the Pro  
Football Hall of Fame in 1974, will  
be at Livonia Mall in a special  
ceremony from Noon to 1:00 pm  
to be interviewed & sign  
autographs.



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