

# Suburban Life

Lorraine McClish editor/477-5450



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P&B

## Aesthetic surgery

### Contemplating a facelift should be done with realistic expectations

By Lorraine McClish  
staff writer

Osteopathic medicine has been practiced in the U.S. since as early as the Civil War, but it wasn't until 1975 that two students of the practice, both winding up their residency in different parts of the country, opted to become plastic surgeons.

"It wasn't that training was hard to come by, there just wasn't anything available for us here," said Marshall Shapiro. "I had known since I was 16 that this is what I wanted to do, and as it turned out I had to go to Europe to do it."

Shapiro, who works out of offices at 7001 Orchard Lake Road, in West Bloomfield, is now one of three osteopathic plastic surgeons in the U.S. and with a recent appointment to the American Osteopathic Board of Surgery, will be instrumental in the certification of newcomers in the field.

With his wife and two children, Mark and Stacy, who are both students at Harrison High School, the family lived in Switzerland, Denmark and Belgium while Shapiro studied. He worked with general plastic surgeons as well as spe-

cialists in hand or breast reconstruction, burns and scars.

"I was on my own for my own plan of study," he said.

THOUGH SHAPIRO is on call for emergencies at Bozeman Hospital, mostly for automobile accident or burn victims, he says his favorite type of surgery is aesthetic.

He shies away from using the phrase "cosmetic surgery" saying, "Cosmetic implies superficial repair. How can it be superficial when you are operating on someone's personality? Things change for my patients, like a new coat of paint changes the looks of things, on the outside, and sometimes on the inside. A very shy self-conscious woman with a flat chest will change to a self-confident woman after a breast implant—maybe."

Shapiro explains the "maybe" by saying that many times clients come to him with unrealistic expectations. These have to be gotten out of the way and replaced with the knowledge that their whole life is not going to change because a face is lifted or a scar removed.

"A common example is the woman

who tells me her husband is running around and she thinks an eyelift is going to keep him at home. That is simply not so. That is simply not realistic, yet it's common. Some clients are quite blatant about saying they are willing to undergo surgery to please a boy friend or a wife. Others have motives that are not quite so obvious or they are not truthful about, either to me or themselves.

"But if I am going to have a happy patient I had better find their real motives for coming here and they have to be healthy, both in mind and body, before any surgery is going to take place," he said.

As for the healthy, Shapiro adds that an old myth about diabetics not being able to have plastic surgery is just that, a myth.

AESTHETIC SURGERY, commonly known as cosmetic surgery in its early days of popularity from 1915 to 1930, has come full circle.

"In those years it was done in secret in the doctor's office. The doctor was sworn to secrecy, and the facelifts were generally regarded as the province of the very rich and the very fa-

mous," Shapiro said.

"Now it's performed in offices because of the economy crunch in the whole medical profession and particularly in the hospitals. It is a lot less expensive to have the surgery performed in an office which destroys another myth that you have to be very rich. You don't have to be very vain to come here either. Having cancerous lumps or bumps removed, or having plastic surgery on your nose because you can't breathe, hardly qualifies as vain," he said.

Reoperation from plastic surgery, whether performed in an office or a hospital, is generally considered to be the same amount of time, though Shapiro believes it would come about faster after surgery in an office, "for no other reason than that you are recuperating in your own home."

The most recent something-new in the area of aesthetic surgery is permanent eye liner, tattooed on the upper and lower eye lids.

"Now that is strictly cosmetic," Shapiro said. "We're not making anybody look like Cleopatra. It's a simple cosmetic touch, very new, very easy to perform."

*'A common example is the woman who tells me her husband is running around and she thinks an eyelift is going to keep him at home. That is simply not so. That is simply not realistic, yet it's common.'*  
— Dr. Marshall Shapiro



## Sexual harassment on the job

### Protections available which are enforceable by statute

By Oail Walsh  
special writer

Each year as more women enter the work force, they will have to face the reality of sexual harassment at one point or another during their career.

This was the focus of the talk by Pat Curran, director of the Office of Women from the Michigan Department of Labor on Orchard Ridge Campus, Oakland Community College, at the all-day seminar which was sponsored by the campus Womencenter.

"Sexual harassment is caused by stupid, bad judgement and bad manners by the offender," Curran said. She explained if a person feels disturbed or uncomfortable after hearing a dirty joke or a pat on the behind, then it represents sexual harassment and they have the right to do something about it. "However, if someone doesn't choose to see this as sexual harassment, then they need not feel they should take any action."

The villains are usually very nice people she said. "The hard part is for the victim to understand that it isn't what he intended that counts, but the victim's perception of what occurred. The problems generally continue because on one has asked to have it stopped. Once you state to the offender that his behavior is disturbing, the relationship changes."

tionship changes."

THE CLOTHING worn by women should not give someone an invitation to harass her, Curran said.

"Provocative, revealing clothing isn't appropriate for business. One must remember to look businesslike. The workplace is not a social situation and social behavior isn't appropriate," she said.

The theory which expounds provocative clothing invites harassment is actually stating men are out of control and the controls are on the women to dress correctly, Curran explained.

When the victim takes action, the villain must first be told his behavior is upsetting and that he must stop, Curran said.

"I admit this is hard to do because we're taught not to do it. However, if you don't help yourself, no one else is going to do it. One can't be meek. As you tell people and talk about the problem, it forces the employer to do something about it."

IF ACTION is taken, the help of management is also needed. Even if a witness is not available, the personnel director or employer may be notified. Curran suggests writing a note to the "villain" because documentation will be needed later anyway. Another sug-

gestion recommends telling the supervisor what happened, how the situation was handled, and then document the incident. In this way notification to the offender and the management will be recorded.

To obtain a witness, Curran suggested asking someone to observe what you feel is happening, to make certain it is actually happening. "It is usually already known who these people are with a reputation for such behavior," Curran said.

SHE CITED the example of her first day working for the state, when the secretary advised her with whom not to share the elevator and who to avoid if alone.

The manager, by law, has no obligation to inform the victim what action was taken, Curran said. "This is the hardest thing for the victim to accept. However, the victim should be able to know recourse was taken by the incidents not reoccurring."

Leaving work because of sexual harassment qualifies receipt of unemployment benefits, unlike a voluntary quit which is not eligible for benefits. When a woman quits due to sexual harassment, the cause must be clearly stated, Curran said. If the true reasons are not cited, most likely the benefits will not be allowed. She gave the exam-

ple of a woman who left her job because of sexual harassment, but claimed the reason was a dying

mother. She received no benefits.

OTHER PROTECTIONS available

to employees which are enforceable by statute include provisions for a safe, Please turn to Page 6

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### \$5,000 in pledges

Juvenile Diabetes Foundation members Janie Kidden (behind table at left), Tina Ristich and Dr. Frank Reisman counted more than \$5,000 in pledges during the telethon party in Tally Hall that ran in conjunction with the national foundation's 20-hour telethon on Channel 20. Local ce-

entertainment and music by the Simpza Jazz Group (above) filled the local mall, while a similar party was taking place in Westland Mall. Nationally the telethon raised more than \$2.5 million earmarked for research.