

How Area Boys And Coaches Prepare For Prep Grid Wars

By GEORGE MASKIN
So you're a football coach at Southfield or Plymouth High? Or maybe it's Brother Rice or Livonia Stevenson? Or Redford Union or Clarenceville?

You could be the cross-country or the basketball or the swimming or any other coach, for that matter.

As you swing into the new school year, chances are that on your desk you find a memorandum such as Jack Cotton, the Farmington school system athletic director, has distributed among all his coaches.

Topic by topic, Cotton's memorandum includes some of the following:

- INSURANCE**
Big news for prep athletes.
- boys and girls, from seventh through the 12th grades. The State High School Assn. has negotiated a catastrophic insurance plan. Briefly the plan calls for:
- 1-\$25,000 for medical and rehabilitation expenses after the first \$3,000 of expense.
 - 2-Coverage for four years from date of injury.
 - 3-Coverage for travel under school supervision.
- PHYSICAL EXAMINATIONS**
- 1-Be sure everybody has a form.
 - 2-Be sure each form is signed by the parent and doctor. No signatures mean no practice!
 - 3-Check forms to see if a boy has a defect which the coach should know about.

- ELIGIBILITY LISTS**
- 1-Make sure an alphabetized list is submitted to the principal's office. No nicknames!
- HEAT PROBLEMS**
- During the hot days of August and September extra caution should be taken.
- Coaches should observe players for signs of lethargy, inattention, stupor, awkwardness or unusual fatigue.
- Remember that every second counts when treatment is necessary for heat exhaustion — heat stroke is almost always fatal.
- EQUIPMENT**
- 1-The helmet should fit snug.
 - 2-Shoulder pads should protect the shoulder and the neck (be aware of pads that do not lean too low on the shoulder and give no protection to the neck against lateral flexion).
 - 3-All boys should be taught to wrap their own ankles.
- In the case of a serious injury, a coach must notify parents, call the doctor, ambulance and police, treat him for shock.

- DIET AND PRE-GAME MEALS**
- 1-More games are won by the heart than the stomach.
 - 2-Extra meat in the diet has never been proved a great asset to a conditioned athlete.
 - 3-There is much to be said for five small meals a day for the young athlete.
 - 4-Telling a parent to give her son a steak at 9 a.m. on the day of a game when he has never had it before doesn't make much sense.
 - 5-There are no magic foods or diets.
- CARE OF FEET**
- An athlete is no better than his feet. Two basic problems with feet are:
- 1-Improper fit of shoes or socks.
 - 2-Improper foot hygiene.
- CALISTHENICS**
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Calisthenics are not a military drill to be executed by the numbers. They are meant to be a loosening and stretching process for the muscles. It is not how fast you do them, but what you accomplish by controlled or isotonic movement.

One wonders what Racing Commissioner Leo Shirley hoped to accomplish with his parting remarks at the recent meeting with City of Livonia officials and representatives of the various race tracks.

Obviously the confab was called to get the sentiments of the group on Livonia Mayor Edward McNamara's objection to additional racing dates unless the State Legislature raises the ante on the cash allowed the city in which racing is staged.

McNamara has taken a stand that the current \$600,000 from the state's share of the moneys is far short of the amount Livonia should receive.

Thus he is objecting to additional racing dates at the Detroit Race Course for the harness and harness horses until an adjustment is made by the legislators.

It should be pointed out that Livonia received \$500,000 from the state from 1950 until this year when the amount was boosted to \$600,000 thanks to some maneuvering from State Rep. Marv Stempson. He induced his fellow legislators to approve the hike.

As it turned out the meeting with the commissioner accomplished little if anything.

But shortly before adjournment, the commissioner shocked the group by saying it might be a wise step for the state to take over racing and conduct state supervised programs at the State Fairgrounds oval.

The commissioner, who has his offices at that site, should walk over to the mile track and study the situation before making any such statements.

Perhaps he isn't aware that the state banned horse racing at the State Fairgrounds years ago.

Since, the track has not been kept up, the grandstand has been allowed to deteriorate to the point where it could be dangerous to allow a capacity crowd.

There are no barn facilities. It would take a miracle to arrange betting lines and any comparison to the State Fairgrounds track today with the operation under the old Detroit Racing Ass'n. would be a laughable manner.

The commissioner would be acting more like a commissioner and not a court jester if he came up with some concrete suggestions other than those he has made recently.

He did make one comment at the meeting which is the key to the entire situation.

He told the group, and especially the delegation from the Livonia City Council, that the state law places the full responsibility on the racing commissioner to shut down — and none other.

FROM Hazel Park comes a rumor that the Friendly Track, which is encountering considerable difficulty maintaining its million dollar average handle of last fall, may decide to drop its quinnella and perfecta pools and use the Big Perfecta.

The Big P was rejected at the start of the meeting as not necessary to build interest in the mutual machines and the turnstile count.

Apparently there has been a change of heart and the Hazel Park management may announce the change in the not-too-distant future.

However, there is one rub, from the stories we hear. The racing commissioner is against allowing a race for exchanges. That could complicate matters. It is almost impossible for any track to handle the Big P on a race to race basis with

FRANK CRAWFORD, Wolverine football coach in 1891, has the ignominious distinction of being the only Michigan coach with a losing record. In his only season his team went 4-5-0.

Experience has shown that it would require almost 45 to 50 minutes for the exchange and that means the Hazel Park programs would be extended far beyond the current time schedule. Patrons has been getting out of the plan before 7 p.m. they would find the Big P goes on a race to race basis.

It will be interesting to see if Hazel Park asks permission for the popular wagering device and what the commissioner rules.

RECORDS ARE MEANT TO BE BROKEN and that's exactly what's taking place at Wolverine Raceway.

In the first place, Wolverine shifted from the half-mile racing strip to the big mile oval and the results have been nothing short of sensational.

After 18 nights of the 60-night meeting, pacers and trotters have set one mark after another. The one that stands out over all others is the 1:58 mile recorded by Knox Patch, a Michigan bred five-year-old, on Aug. 15.

That was the second fastest mile in Michigan harness racing history and the fastest ever at Wolverine.

Then within 10 more nights, Justly Ann, a four-year-old mare owned by Mrs. Beatrice Tomicic of Grosse Pointe, shattered the existing standard for trotters with a 2:01.4 clocking in the championship finale of the historic Merchants and Manufacturers trot.

The speedy mare established a mark for the track and for the state.

But that's only a sample of the betting and attendance records that have been shattered thus far with the expectation all will fall before the meet ends on Oct. 12.

Attendance is up 44 per cent over 1969 with wagering showing an increase of 34.3 per cent.

These new records have been established: \$16,972 — most wagered in one evening; \$85,730 — most on a single race; \$96,774 — most on the Big Perfecta; \$56,689.83 — largest Big P payoff; \$59,364 — most wagered on a Perfecta; \$68,834 — largest daily double pool; \$70,470 — most on a Friday; \$529,550 — most on a Thursday; \$324,058 — most on a Wednesday; \$315,320 — most on a Tuesday; \$549,700 — most on a Monday.

The turnstile count has produced some amazing figures, which definitely prove folks like the racing over the big mile track. A crowd of 12,621 went through the gates on Aug. 15 for the second largest attendance ever.

The following nightly crowd marks have been set: Monday, 7,248; Tuesday, 8,314; Wednesday, 9,342; Thursday, 7,033; and Friday, 10,971.

That all adds up to business is booming at Wolverine — both in wagering and attendance with even better things predicted for the remainder of the meeting.

Wolverine Entries

SATURDAY

FIRST RACE: PACE 1 Mile, Victor Jones, Reddy Adas Bill, Terry Wilson, Racio, Guess Time, Valerie Gay, Flaky Knox, Timmy North, Marks Boy.

SECOND RACE: TROT 1 Mile, Bomb Blast, Macho Pinks, Chris Dares, D.J. Anale, Diamante Tod, Brazil Haover, Fairfax Haover, Reids Pick, Side Step.

THIRD RACE: PACE 1 Mile, Kenny Creed, Walter Dean, Frances Hideo, Bud Reed, Colonial Dame, Deb Adas, Amber Queens, Dick Deborah, Timely Vision.

FOURTH RACE: PACE 1 Mile, Royal Kim, Compass Pilot, Sharon Mamie, Preferred Time, Tarpot Birdie, Popsy Belle.

FIFTH RACE: PACE 1 Mile, Betty T. Adas, Perry Nider, Shaway Adas.

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CARE OF FEET
An athlete is no better than his feet. Two basic problems with feet are:

- 1-Improper fit of shoes or socks.
- 2-Improper foot hygiene.

CALISTHENICS

50-Lapper Stated In Stock Race

The stock car season at the Mt. Clemens Race Track will end on a high note Saturday, Sept. 5, with a card that will feature the 50-lapper superstock season championship encounter.

The program will also include other superstock and sportsman events, including the Figure Eight. Time trials will begin at 7 p.m., with the first race at 8:30 p.m.

If rain washes out the program on Sept. 5, the card will be rescheduled for Saturday, Sept. 12. There will be no racing at the track on Labor Day.

THE WAY things are going, the final 50-lapper of the year could settle the battle for the season superstock points title. The honor is still up for grabs.

Marve Parenteau is still in front but with his advantage, which looked formidable in July, has shrunk steadily in August.

Area Bowlers To Shoot For Lofty Records

When Metropolitan Detroit's army of bowlers steps to the firing line next week to open another season they'll be shooting at some lofty records.

Here are the marks that will be the target from the time the first ball is rolled.

TEAM SERIES	Date	Score
Stroh's Beer	Jan. 12, 1967	3586
E&B Beer	April 13, 1949	3583
Cadon Plating	Feb. 9, 1961	3570
Pfeiffer's Beer	March 11, 1954	3564
Stroh's Beer	March 11, 1954	3562

TEAM GAME	Date	Score
Stroh's Beer	Jan. 12, 1967	1291
Stroh's Beer	April 24, 1969	1286
E&B Beer	Jan. 4, 1950	1284

3 Golfers Notch Aces

Three Observerland golfers notched holes-in-one at area golf courses.

Jim Guidas, of 18665 Pointeclair, Redford Township, unleashed a mighty blast with a four-wood last Saturday at Hickory Hills Golf club in Wixom and aced the 23rd yard seventh hole.

The hole-in-one helped him to a 3 for his nine-hole round.

Playing with Guidas were Irish O'Meara, Mike Susewitz and Tim Geran.

Wednesday at Brooklane Golf Course in Northville, Mrs. M.H. red Livingston, of 529 Jener, Plymouth, aced the 166-yard 10th hole with her driver. Her son Larry, witnessed the shot.

Phillip K. Bender Jr., of 45715 W. Ann Arbor Trail, Plymouth, got his hole-in-one Wednesday at the Hilltop Golf Club in Plymouth.

He used a iron iron to ace the 140-yard sixth hole. His score for nine holes was 78.

WOMEN'S RECORDS

TEAM SERIES

- *Jac-Ro (Anita Cantaline, Capt.) 3230
- *Thunderbird Inn (Helen Baker, Capt.) 3101

TEAM GAMES

- *Jac Ro (Anita Cantaline, Capt.) 1160
- *Gniwek's (Helen Baker, Capt.) 1124

INDIVIDUAL SERIES

- Ann Setlock (Garden Lanes) 776
- Leslie Richardson (Pine Tree) 748

INDIVIDUAL GAMES

- Ann Setlock 300
- Doris Knechtgas 300
- Edna Pikhilinski 300
- Hattie Wooster 300
- Kathy Hammon 300

*All women's records in the team event were broken last season in the Ladies Major League at Pine Tree Bowl.

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First Meeting

During the 1970 football season, Wayne State University will meet Parsons (La.) College and Central (O.) State for the first time in the sport.

Annual Award

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