

Plan ahead for 1986 garden

Right now is the time to take a few steps to make your gardening experience more enjoyable for 1986.

If you are a normal gardener, when you look around your garden, you will discover pluses and minuses which you wish to remember for the next season. May I suggest you make a list of plants and perhaps a tree or two which you would add to your landscape plan.

For the last two years I have added interesting perennials to my garden. I know that they will benefit by division



down to earth
Alice Burlingame

so I must be aware of the light factor when planning to divide a perennial and replant parts of it.

FOR INSTANCE, we know that lilies can be divided as well as mums. Also, if you have ever had mint in your garden, you know you have to thin it to make space and keep it under control.

Some of your shrubs and trees which have become a part of your garden could benefit from pruning and this would allow more sunlight in the flower beds for better performance. At this time it is important to be aware of your sun and shade patterns in your garden.

No doubt you have seen many plants you wish you had in your garden. As an illustration, as I go for a walk, I pass a hedge of lavender.

My 1986 pattern must incorporate a planting of lavender.

Another item I must add to the garden is another clematis vine. My new vine of clematis this year was French blue, so I am intent on getting another

choice one to give this good vine competition.

You may be sure some judicious pruning will be in order to bring in more light for the annuals. At least one rose of Sharon should be in everybody's garden because of this shrub's delightful performance in August.

THIS IS a good time to go "wheeling" around town and gather up some new ideas to enhance your landscape program. Remember this is bulb season and a good time to try something new.

I have noticed that some of the best effects in the garden have come from placing flowers in groups, like a circle or a quarter moon rather than stringing them along the edge of a bed which is "old hat."

This year the annuals planted in circles were show stoppers.

Time to get out your pruners and saw. Look over the profile of your shrubs and trees. Remember that flowering shrubs are already forming their buds for their spring performance. Therefore, take it easy with pruning now with these.

This is the time to improve lawn quality, so stop in the garden store and get the right grass seed for your lawn and aim for a beautiful one in 1986.

Women will retreat for spiritual feast

The Women's Ministry of Northwest Church hosts "Feast Day," a one-day retreat from 9 a.m. to 3:30 p.m. Saturday, Sept. 21 in Farmington High School, on Shlawassee, east of Orchard Lake Road. "Feast Day" is a time for filling one's mind with a spiritual feast of truths and concepts from the Bible.

Theme for the day "Jesus, the Cornerstone" comes from guest speaker Mary Gay of Prayer Vigil Ministries in Philadelphia, Pa. She is a missionary, a Bible teacher, a speaker on "Walking in Truth," a radio program in Philadelphia, an author, and the founder of Prayer Vigil Ministries.

After graduation from Philadelphia College of the Bible, Gay taught in Manna Bible Institute. She is the author of "Suggs of Gold."

Deadline for advance reservations which includes lunch is Sept. 15. Reservations are \$5 each and are taken by calling the church office, 476-7873.



Mary Gay



Harrison High School horn players who started the school season in band camp are Mary Cardecia (at left) Abby Rennets and Valerio Allan.

Season begins early for Harrison musicians

Long before the school bell rang for the beginning of the school year, the musicians, flag corps, writers, and the drum major, from the Harrison High School Marching Band, were at work in Camp Emery.

The 99 Harrison High School students attending the late August camp session spent their days learning new routines, techniques, and all the things that go into making a first rate marching band.

Camp Emery, affiliated with Blue Lake Fine Arts Camp, is near Muskegon. While at camp, band members spent eight or nine hours each day working. An average day started out with drills, marching, and assembling on the parade grounds to practice in

groups, then coming together as an entire band for rehearsals.

Mid-day lunch was followed by some free time and then back to a repeat of the morning routine. Dinner was followed by some free time and then a repeat of the morning drills. All of this left little time for socializing and relaxation.

Prior to band camp, the 1985 Jazz Band, along with some recently graduated members, performed on the Sarah Fisher Center grounds. The Jazz Band also played for the Michigan State Fair.

The entire marching band participated in the State Fair parade and then gave a band shell concert.

Mark Phillips is director of the Harrison bands.

Dentists send message for Dental Hygiene Week

Dental health is more than just a pretty smile.

This is the message University of Detroit School of Dentistry wants heard loud and clear during National Dental Hygiene Week beginning Sept. 15-21.

The purpose of the week is to focus greater public attention on the importance of preventive dental health care as well as the role of the dental hygienist in providing that care.

Americans are concerned with total health these days, and total health depends on dental health.

THE FUNCTION of the teeth is mastication, or chewing. Teeth are complex organs which are vital to total health just like the heart or lungs. The body cannot properly digest food without

the teeth breaking it down first.

In addition, teeth are responsible for clear speech. The shape of the dental arch and the way teeth fit together affects speech.

Since dental health is essential to total health, teeth should be cared for properly. The University of Detroit School of Dentistry suggests these basic steps to dental health:

Brush and floss thoroughly at least once a day, or more often if your dental hygienist or dentist recommends it.

Eat well-balanced meals and limit snacks.

Use fluoride toothpaste and mouth rinse.

Visit your dental hygienist and dentist regularly.

Classes in Finnish begin

A 10-week course in the Finnish language will begin at 7:30 p.m. Monday, Sept. 16, in Finnish Center, 35200 Elight Mile.

Classes will be offered at three levels: beginners, intermediates and advanced.

For registration, call 476-9636.

Carlson takes award

Robert Carlson, chairman of Faith Covenant Church, will be given the Silver Hope Chest award from Michigan Chapter of the National Multiple Sclerosis Society. He will take the award for "outstanding philanthropic and community service" at the Dinner of Champions Thursday, Sept. 19, in the Westin Hotel.

The Michigan chapter hopes to raise \$100,000 for the first-time event to provide funds within the state for research, patient services, public education and professional education on multiple sclerosis.



Robert Carlson

Blessings of liberty secured

Constitution Week will be celebrated Sept. 17-23. In the Preamble of the Constitution of the United States, our Founding Fathers wrote their purpose, "to secure the blessings of liberty to themselves and their posterity." The

Quakertown Chapter of the Daughters of the American Revolution recommend teaching our youth the virtues of and a dedication to the preservation of our American heritage. Read your Constitution.

● Twice a week is better ● Twice a week is better

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