

# Volumns of cheer for holiday gifts

COOKBOOKS can be delicious and delightful holiday gifts, with value far beyond their usually moderate price tags. Your neighbors, family, colleagues and friends may like having copies of the following this year:

"New York's Master Chefs," by Richard Sax. Knapp Press, Los Angeles, \$9.95.

Public television recently featured a popular series about 13 New York master chefs selected by Bon Appetit magazine as representative practitioners of six different cuisines.

For this book, the editors chose dishes from menus created by each chef — Andre Soltner of Lutece, Simon Teng of Auntie Yuan, Seppi Renggli of The Four Seasons and Lydia Bastianich of Faldin, to name a few.

Each tasting menu, consisting of an appetizer or soup, main course and dessert, is a capsule course in a particular cuisine. Each of these exclusive restaurant recipes has been retested and adapted for the home

kitchen by author Sax and his assistant, Sandra Gluck. Sax, food authority, journalist and teacher, displays his talents in the interesting text and written recipes of this book.

"Muffins," by Elizabeth Alston, Crown Publishers, New York, \$8.95.

Alston, food editor of Woman's Day magazine, has written a long-awaited treatise on muffins. A previous book on bread baking was one of the best on that subject, simply because she is such a creative and thorough professional.

"Muffins" has 60 recipes listed under five chapter headings: breakfast muffins, tea muffins, savory muffins, diet muffins and spreads and preserves.

The chapter on special diet muffins is invaluable to those concerned about calories, cholesterol and various allergies.

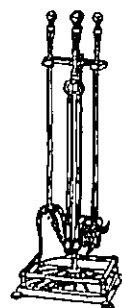
"Nutritious Brown-Bag Lunches," by Margaret Happel, Bantam Books, New York, \$2.95.

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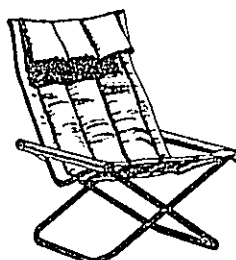
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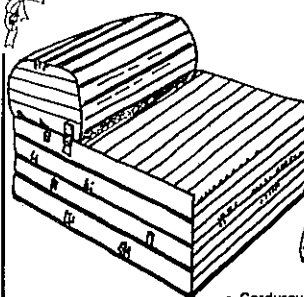
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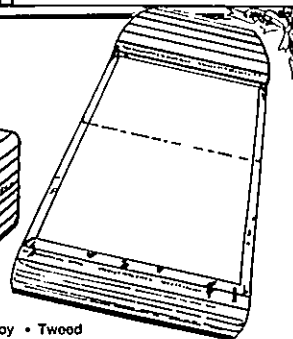
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