

School Lunches To Enjoy

By ELLY

If you include: something sweet, something to drink, something hearty, something to surprise and something crisp or juicy, a lunch box should always be opened with happy anticipation.

To make lunch packing easier have a "lunch-packing" center where all materials are within easy reach. Keep the following items on hand:

- Lunch box or suitable size sacks.
- Vacuum bottle, wide mouth, for hot or cold beverages, soups.
- Vacuum jar, wide mouth, for salads, main dishes.
- Sandwich bags, plastic wrap.
- Napkins (seasonal) ones are fun.
- Plastic forks, spoons.
- Small plastic-coated paper plates.

HAM-STUFFED CELERY
1 can (4 1/2 oz.) deviled ham
1 package (3 oz.) cream cheese, softened
3 T. sweet pickle relish
1/4 t. onion powder
8 large stalks celery

Combine first four ingredients. Spoon mixture into center of celery; spread to ends. Cut each stalk into two-inch pieces. Chill before packing in lunch boxes. (This filling also makes a good sandwich spread.) Yield: filling for about 32 two-inch pieces of celery.

PEANUT BUTTER LOAF
2 c. all-purpose flour
2/3 c. granulated sugar
3 t. baking powder
1 t. salt
3/4 c. chunk-style peanut butter
1 egg
1 c. milk
1/4 c. butter or margarine, melted

Sift together dry ingredients. In bowl of electric mixer, combine dry ingredients with peanut butter; beat until mixture resembles coarse corn meal, add remaining ingredients to flour-peanut butter mixture and blend thoroughly about one minute. Pour batter into a greased and floured 8"x4"x2 1/2"-inch loaf pan. Let stand 15 minutes before baking. Bake 35-40 minutes at 350 degrees. Cool in pan 10 minutes; remove to wire rack. Cool completely. (May be made into thin buttered sandwiches.)

LUNCH BOX SNACKS
1/4 c. butter or margarine (1 stick)
2 c. salted jumbo peanuts
2 c. bite-size shredded wheat cereal
2 c. bite-size shredded rice cereal
2 c. bite-size oat cereal circles
1/4 t. garlic salt
Melt butter in 10 1/2"-inch skillet. Add peanuts, cereals and garlic salt. Mix to coat all with butter and salt; cover. Heat for 15 minutes. Makes about two quarts mix. Pack in plastic bags or plastic drinking cups covered with wax paper or plastic.

LUNCH BOX COOKIES
2 c. flour
1 t. soda
1/2 t. baking powder
1/4 t. salt
1 c. shortening
1 c. granulated sugar
1 c. brown sugar, packed
2 eggs
1 t. vanilla
1 c. quick oats
1 c. crisp rice cereal

Preheat oven to 350 degrees. Sift together flour, baking powder and salt. Cream shortening and sugars on medium speed of electric mixer; add eggs and vanilla. Gradually blend in flour mixture. Fold in rice and oats cereals. Drop on ungreased cookie sheet. Bake 10 to 12 minutes. Yield: about eight dozen.

MARSHMALLOW SQUARES
2 eggs, beaten
1 c. butter or margarine (or half and half)
1/4 c. Graham cracker crumbs
1 t. vanilla
2 1/2 c. midge marshmallows
1 c. coconut

Mix eggs and butter well and cook in double boiler for 10 minutes. Cool and add the cracker crumbs, vanilla, marshmallows and coconut. Mix well and press into greased nine-inch pan.

Frost with: 1/4 cups icing sugar, two tablespoons soft butter, one tablespoon lemon juice. Refrigerate until set, then cut in squares.

UP TO 450 Stamps



U.S. CHOICE TENDERAY
Round Steak
97¢ LB



U.S. GOVT GRADED CHOICE
KROGER TENDERAY TEST

FRESH WHOLE
Fryers
29¢ LB

MARHOEFER
Canned Ham
8¢ LB CAN

SHANK PORTION OR WHOLE
Leg O' Pork
49¢ LB

FULLY COOKED
Semi-Boneless Ham
58¢ LB

BOYLESS
E-Z Slice Pot Roast
99¢ LB

COUNTRY CLUB POINT CUT
Corned Beef
79¢ LB

U.S. CHOICE TENDERAY 4TH & 5TH RIBS
Rib Roast
88¢ LB

WHOLE PICNIC STYLE
Pork Roast
49¢ LB

GORDON'S
Pork Sausage
99¢ 2 LB ROLL

FROZEN MEAT VARIETIES WITH GRAY
Jiffy Entrees
99¢ 2 LB PKG

COUNTRY CLUB
Skinless Wieners
65¢ LB PKG

FROZEN PRES-SHORE
Fish N Chips
99¢ 2 LB PKG

CUT FREE
Whole Pork Loins
77¢ LB

LOIN SLICED INTO
Pork Chops
87¢ LB

SPECIAL LABEL
King Size Tide XK
99¢ 5-LB 4-OZ BOX

NEW FORMULA
Crisco Oil
68¢ 1-QUART 6-OZ BTL

FRESH ROASTED
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KROGER GRADE 'A'
Large Eggs
59¢ DOZ

WILDERNESS CHERRY
Pie Filling
29¢ 1-LB 5-OZ CAN

RICH TOMATO FLAVOR
Hunt's Catsup
39¢ QT BTL

SEMI-SWEET
Nestle's Morsels
39¢ 12-OZ WT PKG

56 SIZE CALIFORNIA
Sunkist Oranges
99¢ DOZ

SEEDLESS GRAPES
29¢ LB

MICHIGAN
Bartlett Pears
49¢ 3 LB BAG

DUTCH OVEN
Enriched Flour
39¢ 5 LB BAG

CARNATION
Instant Breakfast
49¢ 7.3-OZ WT PKG

ASSORTED BATHROOM
Northern Tissue
33¢ 4 ROLL PACK

SNOW FLOSS
Sauer Kraut
19¢ 1-LB 11-OZ CAN

KLEENEX ASSORTED
Facial Tissue
22¢ 200-CX BOX

FROZEN 6 VARIETIES
Morton Dinners
39¢ 11-OZ WT PKG

EARLY BIRD SALE!
Wild Bird Seed
59¢ 5-Lb Bag **99¢** 10-Lb Bag **1.99** 20-Lb Bag

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2 QUART COVERED SAUCEPAN \$5.99 (reg. \$7.99) \$1.00 OFF \$4.99

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VALUABLE COUPON

100 Extra TOP VALUE STAMPS
ON PURCHASES TOTALING \$5 TO \$59.99
Not Including Beer, Wine or Cigarettes at Kroger in Wayne, Macomb, Oakland and Livingston Counties. Coupon Valid Thru Saturday, Sept. 19, 1970.

COUPON A

Coupons A & C Are Worth 300 Stamps On A Purchase of \$20 Thru \$29.99

VALUABLE COUPON

150 Extra TOP VALUE STAMPS
ON PURCHASES TOTALING \$10 TO \$14.99
Not Including Beer, Wine or Cigarettes at Kroger in Wayne, Macomb, Oakland and Livingston Counties. Coupon Valid Thru Saturday, Sept. 19, 1970.

COUPON B

Coupons B & C Are Worth 350 Stamps On A Purchase of \$25 Thru \$29.99

VALUABLE COUPON

200 Extra TOP VALUE STAMPS
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Not Including Beer, Wine or Cigarettes at Kroger in Wayne, Macomb, Oakland and Livingston Counties. Coupon Valid Thru Saturday, Sept. 19, 1970.

COUPON C

Coupons A, B & C Are Worth 450 Stamps On A Purchase of \$30.00 Or More

VALUABLE COUPON

Save 10¢
WITH THIS COUPON AND \$5.00 PURCHASE OR MORE OF ORANGE FLAVOR
Hi-C Drink
19¢ 1-QUART 14-OZ CAN

Limit 2 Cans. Thru Sat., September 19, At Kroger in Wayne, Oakland, Macomb and Livingston Counties.

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2 25¢ 1-LB CTNS

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VALUABLE COUPON

Save 8¢
WITH THIS COUPON AND \$5.00 PURCHASE OR MORE ASSORTED COLORS
Northern Tissue
4 25¢ ROLL PACK

Limit One Package. Thru Sat., September 19, At Kroger in Wayne, Oakland, Macomb and Livingston Counties.

VALUABLE COUPON

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Tomato Soup
3 25¢ 11-OZ CANS

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