

Football Picnics Go Elegant

By ELLY

Welcome the football season by inviting all your favorite fans to join you in a picnic party.

Instead of the usual hot dogs and potato salad served on paper plates, pack a picnic hamper with one of your prettiest tablecloths and napkins, sterling, china and wine glasses. These elegant appointments can be set up in minutes for your party.

NOW FOR THE FOOTBALL fare. The day before, prepare a rolled roast. When it cools, slice it very thin and store in foil. Dainty rolls from the bakery, spread with unsalted butter, will keep well in a plastic bag in the refrigerator. Buy some nice red wine and chili.

Prepare a gelatin mold that can be carried to the picnic right in the mold. If wrapped in foil, it will keep in your cooler along with the wine and other foods.

An unusual madrilene, such as this one made with American blue cheese, will enhance the flavor of the lean beef and add lots of glamour to your picnic. No dressing is needed because of the tangy cheese balls in the madrilene.

A mayonnaise sauce, spiced with lemon juice, chopped chives and snips of dried tarragon, will be a nice garnish for the meat. Fresh fruit, sesame crackers and wedges of American blue will complete your elegant picnic.

PUSH PICNIC MADRILENE

- 3 beef bouillon cubes
- 3 c. water
- 1 c. tomato juice
- 2 pkg. unflavored gelatin
- 2 T. lemon juice
- 3/4 c. American blue cheese (about 4 oz., crumbled)
- 1 small pkg. cream cheese
- 1/2 c. chopped pecans

Dissolve bouillon cubes in two cups boiling water. Soften gelatin in one half cup cold water. Combine. Add rest of water and tomato juice. Flavor with lemon juice. Chill and partly set. Meanwhile, cream American blue cheese and cream cheese together. Form in various size balls ranging in size from one half to three quarter inches in diameter. Coat the balls with chopped nuts. Whip the gelatin until fluffy. Gently fold in the cheese balls. Pour into lightly oiled one-quart mold or into individual molds. Chill until set. Unmold on plate. Serves eight to 10.

The above suggestion came from the American Blue Cheese Assn. There should be some good football picnic weather in Michigan this early autumn. Anyway, the whole thing sounded like a fun idea and well worth passing on.

THE APPLE harvest is in full swing and this area is blessed with many fine orchards. The apples are now at their best and there is no better variety for apple sauce making; or for making Irma Gohard's apple cake, the best apple cake there is.

IRMA'S APPLE CAKE

- 1/2 c. butter
 - 3/4 c. brown sugar
 - 2 eggs
 - 1 c. milk
 - 2 1/2 c. flour
 - 1 t. baking powder
 - 1 t. salt
 - 1 t. soda
 - 1 t. grated lemon rind
 - 1/2 t. cinnamon
 - 2 c. diced apples
- Cream butter and sugar. Add eggs and beat well. Stir dry ingredients together and add to batter alternately with the milk. Fold in the diced apples. Sprinkle with one half cup brown sugar mixed with one half cup chopped nuts. Bake for one hour in a 325-degree oven. It is best served warm with ice cream or whipped cream. If it is to be served cold, pour a thin icing over it made of butter, confectioners sugar and hot milk.

Spice CABINET

- DEVILISH HAM DIP**
1 package (3 ounces) cream cheese
1 can (2 1/2 ounces) deviled ham
2 tablespoons finely chopped chutney
- Combine ingredients and chill. Garnish with parsley.



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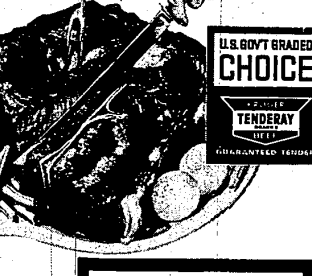
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