

YMCA highlights

These YMCA Highlights appear courtesy of the Farmington YMCA, 28100 Farmington Road, Farmington Hills. For information, call 553-4020.

FALL SEASON — Watch for the Farmington Area YMCA new fall season. This season, the Y begins an all new program. New names, new course content and new registration procedures will be featured. Swimming fitness, gymnastics and other

programs will have original and exciting ideas. The fall season begins the week of Sept. 15. Registration begins Sept. 8. Full details will be coming soon in the YMCA brochure.

STROKE TECHNIQUE — Get the edge on the competitive swim season at the YMCA. The YMCA will be offering a competitive stroke technique course this fall. Competitive skills will be stressed along with endurance. For the YMCA Devilray youth swim team, it is a great pre-

season practice. It will meet Wednesday and Friday from 6:15 to 7:45 p.m. beginning Sept. 17. The class runs for seven weeks. For more information, contact Jean Warren at 553-4020.

SLIM LIVING — Have you been thinking about losing weight before your clothes become too tight? The Farmington Area YMCA can assist you in your weight concerns. Weight control is a lifetime concern for many of us. Marilyn Fritz, nutrition

specialist, will teach participants how to turn poor eating habits into healthy habits, lose weight and keep it off. Watch for full details on times and locations coming soon.

PART-TIME JOB — The Farmington Area YMCA is now accepting applications in the following areas for full employment: lifeguards, aquatic instructors, gymnastic instructors, receptionist, control desk attendants and fitness instructors. Don't miss out, join our staff today.

military news

Tapping the military news pipeline:

Cadet Sean O'Connell of Farmington received practical work in military leadership at the Army ROTC advanced camp, Fort Bragg, N.C. The six-week camp, attended by cadets normally between their third and fourth year of college, includes instruction in communications, management and survival training.

Successful completion of the advanced camp and graduation from college results in a commission as a second lieutenant in either the U.S. Army, Army Reserve or National Guard for the cadet.

John Wurster of Farmington was promoted in the Army to the rank of private first class. He is a counterintelligence agent assistant in West Germany, with the 207th Military Intelligence Brigade.

Cadet Song Kim of Farmington Hills received practical work in military leadership at the U.S. Army ROTC advanced camp, Fort Lewis, Wash.

The six-week camp, attended by cadets normally between their third and fourth year of college, includes instruction in communications, management and survival training.

Successful completion of the advanced camp and graduation from college results in a commission as a second lieutenant in either the U.S. Army, Army Reserve or National Guard for the cadet.

Airman 1st Class Kenneth Lynch of Farmington Hills has graduated

from the U.S. Air Force jet engine mechanic course at Chanute Air Force Base, Ill.

Airman Kent Sebastian of Farmington Hills has graduated from the U.S. Air Force aerospace ground equipment mechanic course at Chanute Air Force Base, Ill.

Mama Locricchio
Family Restaurant
All You Care To Eat. \$2.99
SUNDAY IS PASTA DAY
12 Mile Rd. at Orchard Lake • Farmington Hills
474-8367

KOWALSKI'S "OWN" KOWALITY DELI

New!
**Pepper
or Pizza
Loaf**
\$2.99
lb.

SAVE
75%
LB.

New!
**Smoked
Turkey
Breast**
\$3.99
LB.

SAVE
70%
LB.

Natural
**Casing
Franks**
\$2.69
lb.

SAVE
70%
LB.

**Manager's Special
Hard Salami**

\$2.79
LB.

SAVE
\$1.00
LB.

KOWALSKI
KOWALITY

22030 FARMINGTON RD. • CROSS ROADS CENTER
MON-THURS. 9-6; FRI & SAT. 9-6
SUNDAY 10-5
474-9650

HURON VALLEY HOSPITAL

Healing.

It requires the right medicine and the right attitude. Huron Valley Hospital supplies both — a skilled medical staff and an atmosphere of comfort and support. To speed the healing and get you home to your family.

From surgery to intensive care and through recuperation, Huron Valley Hospital is a full service community hospital, staffed by caring professionals, using the most modern equipment and techniques for healing. General surgery, cardiology, pediatrics, orthopedics, obstetrics and gynecology, and intensive care are available right here, close to home and family.

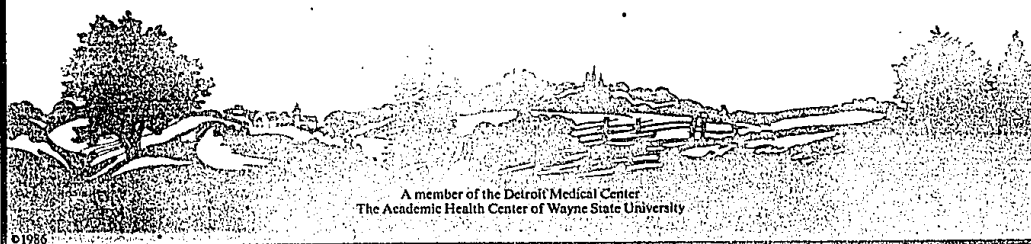
Huron Valley Hospital.



Commerce Township between
East Commerce and Sleeth Roads
Just west of Bogle Lake Road

Physician Referral Service/
Community Information Line:
360-3450

24-Hour Directions Information:
360-3300



A member of the Detroit Medical Center
The Academic Health Center of Wayne State University

© 1986

campus pipeline

• HONOR SOCIETY

John Grant of Farmington Hills received a certificate from the Golden Key National Honor Society-Michigan State University Chapter for maintaining a grade point average above 3.5 during his sophomore year. He is a pre-dental student at MSU and plans to attend University of Michigan Dental School.

• EARNS SCHOLARSHIP

Nikola Tomkow of Farmington Hills received the William E. Scanlon III Scholarship in chemistry for the 1986-87 academic year at Lawrence Institute of Technology, Southfield.

**Let it snow...
Let it snow...
Let it snow.**

APRILAIR
HUMIDIFIERS

INSTALLED FROM
\$899.95
75,000 BTU
#R00A07EAAH

Dollar for dollar, natural gas holds a three-to-one price advantage over electricity.

APRILAIR HUMIDIFIERS
\$98.95
Reg. \$129.95

BERGSTROM'S
TWO LOCATIONS
REDFORD FARMINGTON HILLS
8500 E. 12 Mile Rd. 28100 Farmington Rd.
360-1100 553-2255