It's true: Fewer calories, longer lifespan

Dear Jo:

Is there any truth in the theory that eating less extends the lifespan? Mike P. (one of your younger read-ers)

Dear Mr. P.: I'm glid to see that younger peo-ple read this column — you're groy-ing older tool Your question is an excellent one. It is one we would all like an answer to particularly if extending the li-fespan simply means reducing one's daily calorie intake.

gerontology A. Jolayne

There is a theory of aging (Pro-gram Aging or Genetic Clock Theo-ry) that proposes that the human body is capable of only a certain number of cell divisions; and once the body has reached its specific

number of cell divisions, it dies.
Theorists speculate that cell divisions, it dies.
Theorists speculate that cell divisions can be slowed down by several to be the cellical factors.
The amount of energy intake the cellical factor cellical factor is the source of the sour

TWO FOR THE

MONEY

Mr. P., I think that this is a signifi-cant and worthwhile study. It would not hurt most of us to decrease our calorie-htake for a very good cause – an extendel life-span. I will keep an eye on the medical literature for more studies looking at this subject and report on them here in this column.

here in this column.

Readers can write to Jolayne Farrell at P.O. Box 66, Postal Sta-tion G., 1075 Queen Street East, Toronto Ontario M4M 3E8, Canu-da

APRESIDENCE IN ADMARKETE PATTOL AND Net United Dept. (314) AND

STORE HOURS: MONDAY TRIDAY TO an 16/9 ptu - SATERDAY TO an 16/6 pm - SUNDAY SOON 16/5 ptu

'Factories of '90s' in UM-D degree computer-aided design/computer-aided manufacturing (CAD/CAM) Information on the new manufac-laboratory. Additionally, UM-D will offer N.S.E. courses at a second location, School of Engineering at 593-5119.

Farrell

The School of Engineering at the University of Michigan-Dearborn has created a new master's degree program in manufacturing systems engineering.

The program will educate the pro-fessionals who will be designing, building, operating and managing competitive production systems, ad-

Spurgeon, engineering and mechani-cal engineering. Structured plant tours, guest lec-tures by ladustry experts, and the wealth of experience in the student body constitute a major asset, Spur-geon said.

KIDS HAVE PROBLEMS TOD!

