# obituaries

MINNIE THOMAS

Mrs. Thomas, 87, of Northville, formerly of Farmington, died Feb. 16 in Garden City Osteopathic Hospital.

Born in St. Just, England, Mrs. Thomas was a homemaker.

Survivors include her sons, Wilfred and Douglas Trembath; five grandchildren and eight great-grandchildren.

Services were Feb. 18 at the Harry J. Will Funeral Home, Inc., Livonia, with the Rev. Douglas K. Mercer officiating. Burial was in Woodlawn Cemetery, Detroit.

LUCILLE V. CORY

Mrs. Cory, 82, of Canton Township died Feb. 17.

Born in Detroit, Mrs. Cory was a homemaker. She sewed cancer pads for the Michigan Cancer Foundation for over five years.

Survivors include her husband, Wallace; daughters Yvonne Falkner, Rosemary Jablonski and Cynthia Waltz; 13 grandchildren and 18 great-grandchildren.

Services were Feb. 20 at the Schrader Funeral Home with the Rev. Kenneth G. Davis officiating. Burial was in White Chapel Cemetery, Troy.

Memorials may be made to St. Andrew's Episcopal Church, Livonia.

HELEN M. ELLISON

Mrs. Ellison, 82, of Farmington Hills died Feb. 20.

Mrs. Ellison was a retired teacher. She was a member of the Order of Eastern Star for 62 years.

Survivors include her son, Robert Kimble; daughters, Patricia Moore and Harriet Dart; sister, Mary Finney; 11 grandchildren and five great-grandchildren.

Services were Feb. 23 in Duluth, Minn. Arrangements were made by the Ross B. Northrop & Son Funeral Home, Old Reford.

LAWRENCE M. GOODSPEED

Mr. Goodspeed, 76, of Farmington Hills died Feb. 23 in the Arnold Home, Detroit.

Born in Chicago, Ill., Mr. Goodspeed was a financial analyst with MacCabees Mutual Life Insurance Co. He retired in 1975 as senior vice president. Formerly with Reliance Insurance and before that with Standard Accident Insurance.

Mr. Goodspeed attended Highland Park Grade and High School. He graduated from the University of Michigan School of Business with an master of business administration degree. Masonic affiliations: Sjourners Lodge 483, King Cyrus Chapter 133, Monroe Council No. 1, Scottish Rite-Valley of Detroit, Moslem Temple Shrine, Detroit Commandry No. 1 Knights Templar, served as commander in 1950, past captain general, past president Detroit Commandery Old Guard, past president Past Commanders Association, past president Detroit Commandery Birthday Club and a member of Detroit Club, 100 Club, Circumnavigators.

Mr. Goodspeed was on the board of both the Arnold Home and YMCA for 18 years. He was a member of the Presidents Club of the University of Michigan.

Survivors include his son, Robert; four grandchildren.

Services were in the Bell Chapel of the Wm. R. Hamilton Co. Funeral Home under the auspices of Detroit Commandery N. 1 K.T.

Memorials may be made to the Detroit Commandery Christian Youth Fund, 500 Temple, Detroit 48201.

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# recreation news

*Each week, the Recreation Division of the Farmington Hills Department of Special Services presents a synopsis of upcoming activities. For more information about programs, call the Recreation Office, 474-6115. For information about city council agenda items, call the city newsline, 478-8838.*

CPR — This American Red Cross course is a nine-hour comprehensive class and refresher course. The session will run Tuesday, Feb. 10, 17 and 24. Classes will be 7-10 p.m. at the Fire Department Headquarters, 28711 Drake. Fee is $5 and pre-registration is required.

YOUTH BOWLING — In cooperation with Bel-Aire, Country, and Norwest Lanes, a learn-to-bowl program for children in grades three to five will be offered. Individuals are taught the correct lane approach, ball delivery, timing and scoring. Classes begin the week of March 2, 4-5:30 p.m. Fee is $15 and is required by the Feb. 27 registration deadline.

SOFTBALL SIGNUP — The Recreation Division is accepting registration for adult softball teams for the 1987 softball season. A non-refundable $50 deposit for registration of team is required. Teams will be taken on a first-come, first-served basis. Leagues for the 1987 season include men's, women's and co-ed. For further information, contact 473-9579.

VIDEO PRODUCTION — Learn the basics of television production with "hands-on" experience as you make an actual production of your ideas for a program. This activity is geared to the learning disabled individual 15 to 18 years of age. The program will run on four consecutive Wednesdays, beginning March 4, 6:30-8 p.m. A limited number of registrations will be accepted to ensure quality time. Registration fee is $5.

SWIM LESSONS — Swimming instructions for beginner to advanced skill levels will be offered at North Farmington High School. This six-week session will be held on Saturdays, beginning March 28. Children must be at least 38 inches at their chin height in order to participate. A pre-registration fee of $20 is required.

SWIM PROGRAM — Designed for children ages 3, 4 and 5 who do not meet the 38 inches chin height requirement, with assistance from the parent, to become familiar with water safety, how to float, place their faces in the water and become familiar with the water. Classes are held on Saturdays for six weeks beginning March 28 in North Farmington High School. A pre-registration fee of $20 is required.

ADAPTIVE RECREATION — An informal atmosphere designed to provide the special social and recreational needs of individuals 14 years and older. The Coffee House meets the first and third Firday of the month from 7-8:30 p.m. in the Multi-Purpose Room, Building H, at Oakland Community College, Orchard Ridge Campus. Fee is $1 at the door.

# Red Cross offers cold weather hints

Cold weather can be an inconvenience for some or a source of pleasure for the outdoor sports enthusiast. It can be a matter of life or death for everyone if they are not prepared, warns the American Red Cross, Southeastern Michigan Chapter.

Frostbite is a common winter hazard that can happen to people when they are exposed to cold weather. A victim may not be aware that frostbite has occurred until someone notices that the victim's skin appears white or grayish yellow.

Frostbite generally appears on small areas like the cheeks, nose, fingers, ears or toes. The affected area is usually cold and numb. Standard first aid for the victim is to cover the frozen part, bring the victim into a warm place, give the victim a warm non-alcoholic beverage to drink, then rewarm the frozen part with warm, not hot, water.

Never warm the frostbitten part with a heat lamp or hot water bottle. If blistering occurs, don't break the blisters. Don't apply dressings to the frostbitten part unless the victim is to be transported. Have the victim exercise the frostbitten part if possible. Keep the part elevated and obtain medical assistance, as soon as possible for severe frostbite.

ANOTHER DANGER of overexposure to extreme cold is hypothermia. Hypothermia is a condition in which the body suffers a drop in body temperature. The core of the body gets too cold for the vital organs to function properly.

Hypothermia may include violent shivering, strange behavior, slurred speech or apparent clumsiness. As the condition worsens, the hypothermia victim has trouble seeing, moves with difficulty, becomes sleepy and numb, finally unconscious. If not treated properly, the hypothermia victim could die. A hypothermia victim needs immediate medical care.

Victims of mild hypothermia should be taken to shelter immediately; cold, wet clothing should be removed; and the victim covered with dry blankets. If the victim is conscious and able to swallow, warm sweet liquids should be given.

As with frostbite victims, never give a hypothermia victim alcoholic drinks. As soon as possible, get the victim to the hospital or a medical facility.

Victims of severe hypothermia should be rewarmed under the care of a physician in a medical facility. Before moving the victim, wrap him in dry clothing or blankets. Monitor the victim carefully. If necessary, give mouth-to-mouth resuscitation or CPR. Don't let the victim fall asleep.

Most hypothermia cases develop in air temperatures between 30 and 50 degrees Fahrenheit. Don't underestimate the danger of being wet in such temperatures. The cold that can injure or kill is not cold air but cold water.

For more information about first aid treatment for frostbite and hypothermia, call the American Red Cross at 833-4440. Take a Red Cross first aid or CPR class for more advice and practice in treating victims or yourself in emergency situations.

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