Smoke-free movement gains steam in state

ANT TO quit smoking?

Silver acetate and nicotine chewing gum
have been shown to be
helpful to a small number of people
in stemples granding.

helpful to a small number of people in stopping smoking. Moreover, physician counseling alone can motivate as many as 5 percent of patients to stop moking for at least one year. Quality smoking cessation courses are even more effective for many persons. In most programs, 20-40 percent of former smokers are free from eigareties after one year. However, despite the vast array of smoking cessation methods that are available, most people (64 percent) who have quit haveldone so largely on their own.

mive dun invelopes to largely on PASSIVE SMOKING refers to the involuntary exposure of son-smoker to tobacco combination products. The pollution comes from two following the pollution comes from two pollutions of the company of the smoker, and "indestream" sinche ariding from the burning end of the cigarette. Although both constituents are harmful, sidestream smoke primari-ye contaminates the air and contains a higher concentration of potentially dangerous constituents. Consider these alarming research findings:

to have breathing problems and re-quire medical attention if they are raised by smoking than non-smoking

fitness

Barry Franklin

raised by smoking than non-smoking parents.

• Adults who have never smoked are 35 percent more likely to get lung cancer if they are married to smokers than non-smokers.

• Women who have never smoked are two to three times more likely to have heart attacks if they are married to smokers as opposed to non-smokers.

How ricarette smoking afforts in.

to non-smokers.

How cigarette smoking affects innocent bystanders has raised the issue of smoking in public to prominence. Non-smokers have the right
to breathe air that is free from
harmful and irritating combustion
products. Moreover, recent court
rulings have favored this right over
the right to smoke when the two conflict.

IN THE WORKPLACE, according to a recent Gallup Poll, 79 percent of Americans (including 76 percent of smokers) believe that smoking should be restricted to designated

part from the 1988 U.S. Surgeon General's Report, which branded workers who smoke as a "health risk" to their colleagues.

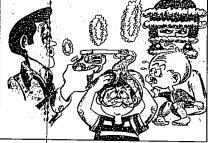
In light of these considerations and the adverse effects of passive smoking, an increasing number of companies nationwide have dopted more vilgorous policies against Companies authomide have depended have banned moking entirely within their organizations. These organizations have shown that business and industry can successfully implement strong smoking policies in the workplace. Although such policies are likely to bring upsensitive issues such as fairness, and non-smokers. Rather, the issue should not be of carbon and legal rights, the focus should not be divisive in drawing lines between smokers and homomokers. Rather, the issue should not be of carbon and health workplace for everyone.

PROPONENTS OF antismoking

workplace for everyone.

PROPONENTS OF anti-smoking campaigns in the workplace also point out to employers that there is another added bonus — saving the company money, and lots of it.

The low estimate is that, every year, a smoker costs his or her employer at least \$824 from loss of work, extra medical care and maintenance. But most estimates are much higher — as much as \$4,600



Young childres are more likely to have breathing problems if they are raised by amoking parents. Adults who have never emoked are 35 percent more likely to get lung cancer. If they are married to mokers than non-amokers.

per worker a yer.

Many Michipis companies — including the Annahrbor News and Michipis — have already adopted policies to restrict amoking and prieter the non-moter at work. Other companies and health care providing are reviewing or companies and health of the companies of the companies and health care provided are reviewing or some provided and the companies of the companies o

tary exposure to tobacco smoke in public places.
It states that an individual shall

It states that an individual shall not smoke in a public place or at a meeting of a public body, except in a designated smoking area.

Smoking was heavily restricted in all University of Michigan buildings under the new state law.

in public places should be eliminated. Consenting adults, he acknowledges, should certainly be allowed to smoke within the confines of their

smoke within the confines of their own home.

To accomplish the goal of a "smoke-free society," a subcommittee of the American Heart Association recently recommended four public policies. If adopted, they would:

Increase the federal eigarette

Eliminate or severely restrict tobacca advertising.
 Assure the rights of non-many control of the rights of the righ

Smoking endangers not just the health of those who were willing to accept the rists, but of children and non-smoking adults as well. The campaign against eigarette smoking has suddenly gained momentum and attracted a host of new allies. Like it or not, we are headed for a "smoke-free society," and the vest majority of Americans now support this radical change in public policy.

under the new state law.
U.S. SURGEON General C.
Everett Koop repeatedly has vowed
that his goal is to "make America a
smoke-free society by the year
and exercise laboratories. Wal2000."
However, this does not mean that
hopes to outlaw cigarcits smokbe hopes to outlaw cigarcits smokling entirely — rather, that smoking

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Industry paying for uninsured'

America's growing health-care grisis threatening the nation's ablicypisis threatening the nation's ablipay for it, somebody pays.

But although they may not be able to
pay for it, somebody pays.

"MOST OFTEN it is these bush
"MOST OFTEN it is these bush."

Caryater Motors Chairman

Greatal Greenwald said.

Speaking at the annual meeting of

the American College of Healthcare

Executives in Chicago, Greenwald

said 37 million Americans are not

covered by health Insurance

"more people than ever before aince

the advent of Medicare and Medi-

"MOST OFTEN It is those businesses that already provide 84 per-cent of this country's private health-care coverage, protecting 132 mil-lion people under the age of 65.
"Under the present system, the un-paid bills just get tacked onto the al-ready bloated bills those companies are obligated to pay, which means almost the entire burden of Ameri-ca's uninsured is being borne by in-dustrial America."



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