

Montessori Class Set

A ten-week adult educational course for parents, called Introduction to Montessori, will be held Oct. 8 to Dec. 10 at Mercy College of Detroit. Classes will be under the direction of Sister Mary Innocence, R.S.M., on Tuesdays from 7:30 to 9 p.m. in the Montessori campus school of the college.

Fordson High Reunion Coming

Fordson High School 1942 alumni will hold a reunion Friday, Sept. 27, in the Sokol Cultural and Recreation Center, Telegraph and Warren. Those interested in attending may write to Mae Shull Wagner, 9848 Harrel, Livonia, or call Ken Kiner, 427-5079.

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Appointments Not Always Necessary — Open Evenings



'Women On The Go'

By MARGARET MILLER

They Venture Deliciously Into Publishing Business

Some good cooks from the First Baptist Church of Garden City will see this week the results of a project nearly six years in preparation.

It's a venture into the publishing business, specifically the first edition of a church cookbook.

Mrs. Cecil Glover, a recipe collector from way back, headed work on the book that will be ready for distribution in a few days.

Three thousand copies were printed, Milly Glover said, and half of them already have been sold.

The others are still available to cooks who would like 192 assorted and well-tested recipes.

CONTRIBUTIONS from 75 women are included and about 15 women from the Garden City Baptist Church worked as a team to get the book out.

This group, headed by Mrs. Glover, included co-chairmen Mrs. Thomas Haw, Mrs. Norman Hill, Mrs. Irving Rose and Mrs. Donald Pickett. Mrs. Wallace Stewart did the art work, and the typist was Mrs. Gary Cooper.

INTERNATIONAL DINNERS given as part of the church's monthly missionary, as well as the women's association potluck lunches sparked the cookbook idea.

"At that time a new church was in the planning stage," Mrs. Glover related, "and funds were going to be needed for furnishings. Someone suggested that we do so well at our church meals that we really ought to collect the recipes and publish them."

"And the word recipe always makes my ears perk up, so I



PUBLISHERS' CONFERENCE — Cookbook compilers from the First Baptist Church of Garden City are, from left, Margaret Cooper, Milly Glover and Alice Youngquist.

wound up as chairman."

Mrs. Glover explained that she has three shelves in her home full of cookbooks and files of clipped recipes.

"No, I haven't tried them all," she said. "But quite a few have been served in my home."

PLANS FOR THE BOOK were announced to the women of the church. Recipes started coming in, slowly at first, then in greater volume.

It was decided that only recipes actually prepared by a woman of the church group would be included.

"If a member contributed a recipe that she had received from someone else, she submitted that person's name and we added the word 'guest,'" Mrs. Glover said. "But it had to be a recipe that the member of our church used."

Birthday Film

The Childbirth Preparation Association will sponsor an educational film, "Birthday" at 8 p.m. Friday, Sept. 27, in the Administration Building Lounge of the Wyandotte General Hospital.

The film shows the use of relaxation and breathing techniques as they are used during labor and delivery.

Later classes in this Lamaze method will be offered by the association in three locations, the First United Methodist Church of Wayne, the Southminster United Presbyterian Church of Taylor and Wyandotte General Hospital.

Milly Glover dipped into her own recipe file only when a recipe of a certain size was needed to fill up a page. And, of course, each of those was tested before being included.

EIGHTEEN DIFFERENT divisions are included in the 226-page book.

"To make the pages come out even, we had to take out two divisions, candy and canning," Mrs. Glover said. "It really broke my heart to do it."

Some favorites from First Baptist Church suppers are in the book.

For instance, there's a simple and delicious strawberry trifle dessert contributed by Kitty Haw. It contains strawberry gelatin, frozen strawberries, pieces of sponge cake or pound cake and vanilla pudding, and it's been served many times in a large bowl at church socials.

"The parts of the book that we did right are because of Mrs. Sansone. The goods are ours."

The spiral-bound book is being ordered through the church. If the sales proceed as fast as they've started, it may soon be a sell-out.

Then the ladies of First Baptist of Garden City will have to get going on another.

Parents interested may telephone the nursery president, Dorothy Jones, 453-2713, or membership chairman Rita Smith, 453-1131.

The Plymouth Children Nursery School has its fall season underway in the little red schoolhouse on Haggerty Road. Classes started Monday, Sept. 30.

The cooperative nursery has a few more openings for four-year-old girls in the Tuesday and Thursday afternoon session.

Party chairmen are Jack and Eleanor Mantel, who said there would be new members nominated for positions of friendship and pledged a platform of fun.

A cocktail hour will open the party and dancing will follow. Hors d'oeuvres will be provided by the Women's Club.

MRS. GLOVER said the cookbook publishers had a mighty assist from Mrs. Jean Sansone, of Redford Township, who had been through the experience when the Redford Suburban League published a recipe collection a few years ago.

"We called her and called her with all sorts of questions and she was always helpful," the chairman said.

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Weight Watchers Begin Several New Classes

Several new classes are beginning this month under auspices of Weight Watchers, Inc. They are located in various parts of the Observer area for women who are overweight. Wilma Naville, of Farmington, is conducting a course that began Sept. 10 in the Sarah Fisher Home, 27400 W. 12 Mile, Farmington. Mrs. Naville is a former Weight Watcher who lost 28 1/2 pounds in a six-month period.

FOR LIVONIA RESIDENTS classes are now meeting in the Federal's store at Wonderland, 10:30 a.m. Mondays, and 6:30 p.m. Wednesdays, and in the Civic Room at 7:30 p.m. Mondays. Others are in the Livonia Mall Community Room at 12:30 p.m. Tuesdays and at the Livonia Jewish Congregation, 29475 W. Six Mile, Mondays at 10 a.m.

At Westland Shopping Center, there are classes each Monday at 1 p.m. and 7:30 p.m. in the lower Concourse, Room A.

In the Northville area, classes meet every Tuesday at 10 a.m., at Northville Public School, 405 W. Main St.

Those wishing to register

may call Weight Watchers, mail office phone 342-2844.

AFTER PAYING a registration fee, members can attend as many classes as they wish. Each member sets the amount of weight she wants to lose, and it is 16 weeks her goal has been reached, she is graduated and made a life member — giving her the right to attend future lectures free of charge.

Through the re-education of eating habits, thousands of women, men and teenagers across the country are discovering the joys of a slimmer figure and are gaining a new, slim outlook on life.

Members must weigh-in once a month, privately and behind a screen. No weights are announced.

This is part of the organization's basic philosophy of imparting "dignity" into their members' thinking, said Mrs. Florine Mark, executive director of the Weight Watchers of Eastern Michigan, who a year ago dropped over 30 pounds in four months to reach her present 154 pounds.

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