

## Hewes-Harness

Mr. and Mrs. Thomas F. Hewes of Farmington Hills announce the engagement of their daughter, Katherine, to William Harness, son of Mr. and Mrs. Hugh G. Harness of Grosse Pointe Farms.

The bride-to-be is a graduate of Albion College, employed with Securities Hanover Securities Corporation, as an account representative. Her fiancé is a graduate of Albion College, employed with Federal Screw Works as a sales representative.

A June, 1988, wedding is planned in First Presbyterian Church of Farmington.



Psychiatrist Lorraine Stefano, A.C.S.W., founder and director of Think Trim knows, generally, being trim starts with thinking trim. Stefano has developed the following tips for making the holidays fun without adding unwanted pounds.

Her rules to fool the Sugar Plum Fairy:

1. Look forward to the fun of holidays rather than the food. Discover other fun activities for the holiday season besides eating.

2. Start your New Year's resolution to be healthy today. Think how much further along you'll be by Jan. 1.

3. The joy of the holiday season is family, friends and festivities... not food.

4. Leave the table satisfied, not stuffed. Stuffing is for turkeys.

5. Caution: Don't let the cookie cutter fool you. The cookies shaped like a candy cane taste just like the Christmas tree shaped cookie.

6. Don't finish everything at one sitting. You can always eat again when you're hungry.

7. Quit saying, "I always gain weight over the holidays." If you keep telling yourself you'll gain weight — you will.

8. Warning: The foil wrapped chocolate Santa was the Thanksgiving turkey that used to be the Halloween pumpkin that will soon be the Valentine heart.

9. Challenge yourself to give non-

food gifts. There are other ways to wish someone "Happy Holidays!"

10. Holiday food? Don't get your fill for the year right now. Prepare your favorite holiday foods when you want them. Yes — even in July.

Stefano says "Give yourself the best gift you can — a healthy and happy New Year. Let visions of a trim you dance in your head, even through the holiday season."

For information on the Think Trim program, call 589-3283

## Pro/am tennis teams to go up for auction

The Metropolitan Detroit Chapter of the Cystic Fibrosis Foundation is hosting a Tennis Auction Ball to benefit the foundation in its research into the number one genetic killer of children and young adults in the country.

The Tennis Auction Ball includes a

black-tie dinner-dance where 16 pro/am teams are auctioned off to the top bidders. Winning bidders become owners of the teams that play in a round-robin tennis tournament the next day.

The dinner/dance starts at 7 p.m. Saturday, Nov. 21, at the Southfield

Hilton. Preparing the dinner are the following chefs: Richard Benson and Jeffrey Gabriel of Schoolcraft Community College, Keith Farnie of Chez Raphael, Ed Jones of the Money Tree, and Tom MacKinnon of MacKinnon's.

There will be an afterglow featur-

ing White Castle hamburgers.

The tennis tournament is 1-5 p.m. Sunday, Nov. 22, at the Franklin Racquet Club in Southfield.

Cost of the event is \$175 per couple. Contact Patricia Cavitt for more information at 552-9816.

## Horvath-Ferreira

Mr. and Mrs. William Horvath of Ann Arbor announce the engagement of their daughter, Susan Grace, to Mark David Ferreira, son of Mr. and Mrs. Arthur Ferreira of Farmington Hills.

The bride-to-be is a graduate of Huron High School and University of Michigan. She holds a degree in industrial and operational engineering and is now doing graduate work in University of Michigan. Her fiancé is a graduate of North Farmington High School and is now completing his degree in aerospace engineering at University of Michigan.

A May, 1988, wedding is planned.

## Order of Eastern Star installs new officers

Linda Koschowsky was installed Worthy Matron and Richard Koschowsky was installed Worthy Patron of the Order of the Eastern Star, Farmington Chapter 239. The new Worthy Matron was installed by her mother, Margaret Williamson, the installing officer and her father,

James Williamson, was the installing marshal.

Other installing officers in the rites, which took place in Farmington Masonic Temple, were Janet Talboys, Marjorie Dunbar and Marilyn Miller. Mary Lockridge installed the auxiliary officers and the Bible was presented by Jobs Daughters,

Bethel 55. Dorely of Farmington presented the flag.

The new Associate Matron and Associate Patron for the chapter are Patricia Patton and Richard Miller. Other newly installed officers are Lucille Hargrave, Shirley Terrill, Jean Miller, Mary Hunter, Charles

Terrill, Gary Lockridge, Jane Knight, Amy Pankas, Sandy Rossin, Carol Pankas, Mary Lockridge, Pam Fellows, Jane Webb and Gerald Mills.

Reception for the new officers was hosted by Farmington Masonic Lodge 151.

## Moms and tots are called

Mothers and their toddlers are invited to join the Moms-Tots sessions that take place on Tuesday or Thurs-

day mornings in Fairview Early Childhood Center. Inquiries are taken by calling the center, 626-8366.

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