

At the Farmington Area YMCA we strengthen more than just muscles.



The Farmington Area YMCA is committed to the well-being of the whole family. This is why our newest Wellness Center is designed to offset today's fast paced lifestyle by harmonizing your body, mind and spirit under the direction of our wellness trainers. The whole family will enjoy this unique fitness opportunity. YMCA membership includes: 2300 sq. ft. Wellness Center • Olympic size swimming pool • Running track • Gymnasium • Free fitness classes • Racquetball courts • Physical training center • Affordable interest free membership rates available for individuals and families from \$15.00* per month.

* Plus applicable one-time joiners fee.

Open House Saturday, April 16th

(10 a.m. - 1 p.m.)

FREE GYM BAG

When you bring in the attached coupon to our OPEN HOUSE.
A \$15.00 value. One per family
to the first 200 visitors.



Farmington Area YMCA
28100 Farmington Road
N. of 12 Mile, behind Crowleys
553-4020

COUPON

NAME _____

ADDRESS _____

PHONE _____