

# Diverticulitis is real medical emergency

Dear Jo:

My mother (age 72) lives with me. My reason for writing is to find out more about her most recent health problem. She has diverticulitis that periodically leads to diverticulitis.

Would you please discuss these two conditions in your column?

T.J. Victoria



gerontology  
**A. Jolayne  
Farrell**

Diverticulitis occurs when tiny pouches or hernias form in the bowel. For the most part this condition (which is not a disease) does not have any symptoms.

Diverticulitis, on the other hand, is

the inflammation of these pouches. The symptoms of acute diverticulitis are similar to appendicitis, and emergency medical treatment is needed. Chronic diverticulitis, experienced more often by people your

mother's age, presents with symptoms of constipation and periodic gripping abdominal pain. Over time, for some, the wall of the bowel thickens, which can produce a bowel obstruction — also a medical emergency.

Diverticulitis is pretty well a

problem of older adults. It is rarely seen in people under age 30, while in every 10 persons over age 40 has the condition, and about one in two are affected over age 60. It is unfortunate, but since the condition is so common in the older age group, many diagnose themselves — a practice that is dangerous for any health problem.

To head off diverticulitis, it is important that your mother avoid getting constipated. The best way to do this is to eat a diet that is high in fiber. Her daily diet should include the recommended daily amount of dietary fiber (30 to 45 grams) — found in fresh fruit, raw vegetables

Dear Mr. C:

Low blood pressure, also known as hypotension, is not in itself a disease. Sometimes, but rarely, it can be a symptom of an underlying medical problem.

Having low blood pressure is something to be proud of. Many people like you, Mr. C., maintain a low blood pressure throughout life and have no ill effects. In fact such blood pressure readings seem to go along with good health and a long life.

Readers can write to **Jolayne Farrell** at 11 Cynthia Crescent, Richmond Hill, Ontario L4E 1J3.

## WINDOWS & DOORS

### QUALITY PRODUCTS & SERVICES!

- Leaded & Insulated Glass
- Wood, Fiberglass and Steel Doors
- Wood, Vinyl Replacement Windows
- FREE Planning and Estimate Service



TROCAL

THERMA TRU

BERNHARD CO.

SHOWROOM at 138 S. Rochester Rd.

1 1/2 Blocks South of 14 Mile

589-3154

The **Best** Things In Life Aren't Free...  
...but they ARE ON SALE.

**Best**

carpets &amp; rugs

N. Woodward Ave., Just S. of 12 Mile • Royal Oak • 543-5300

### JOB HUNTING?

Can't seem to get an interview? Changing Careers? Re-entering the workforce? Feel you are too old, inexperienced, not sure of what job you want or should be looking for? Not satisfied with current employment?

Phone ANYTIME for a no obligation informational session.  
**LOU ELLMAN ASSOCIATES**  
(313) 851-2560

(not an employment agency)

O&amp;E Sports—more than just the scores

## Stop The Wait In Probate.



Probate Judges all over Michigan are asking the same question: "Why isn't the Estate closed yet?" Let the Estate Probate Action Centers of Michigan expedite your Estate. For a flat fee and within a fixed time-table, we'll close the Estate and stop your wait!



ESTATE  
PROBATE  
ACTION  
CENTERS  
of Michigan, PC

Call our 24 hour  
toll-free number today.  
**1-800-992-6040**  
15534 Michigan Avenue  
Dearborn, MI 48126

You're cordially invited  
to attend the

## Grand Opening

of Michigan's first  
**Nicolelli** leather gallery

**Sunday, May 22**  
Noon until 5 pm

Join us for wine & cheese  
and browse through our  
magnificent gallery of fine  
imported leather furnishings.

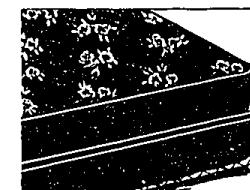
**sherwood studios**

Tel: 734-261-1200 • 12 Main & Telegraph • Southfield  
Daily 10:30 • Sunday 12:30 • 334-0500



Construction has started  
but our Giant Remodeling  
Sale continues. If  
you'll pardon the slight  
inconvenience of shop-  
ping our store during  
construction, you'll be  
rewarded with incredible  
values on some of the  
finest names in furniture.

**Save  
20 to 60%  
Off Everything**  
Special orders sale priced also!



**Save  
55 to 60%  
Simmons Beautyrest  
Exquisite**

TWIN SIZE, ea. pc., reg. \$399.95\*

Sale price, \$199.95\* NOW \$159

FULL SIZE, ea. pc., reg. \$499.95\*

Sale price, \$249.95\* NOW \$209

QUEEN SIZE, 2-piece set, reg. \$1199.95

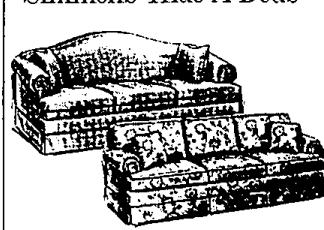
Sale price, \$599.95\* NOW \$499

KING SIZE, 3-piece set, reg. \$1599.95

Sale price, \$749.95\* NOW \$699

\*Sold in sets only.  
Quantities are limited. This offer cannot be repeated.

**Save 40%  
Simmons Hide-A-Beds**



Choose the Hide-A-Bed to suit your decor from an  
assortment of styles both in stock and special order.  
Each features the Simmons lifetime frame warranty  
and all wood construction in the traditional  
Simmons quality.

Each Simmons Hide-A-Bed\* features  
a comfortable Simmons  
Beautyrest mattress.

**Scott Shuptrine**  
Fine Furniture Since 1927

18850 MACK AVENUE, GROSSE POINTE FARMS, 886-5200  
Conveniently located just off I-94 at the Moross (7 Mile) exit, east to Mack Ave. and south on Mack

Use your Mastercard, Visa or Scott's Charge.  
Open Daily 9:30 to 5:30 • Mon., Thurs., Fri. 9:00pm • Closed Sunday

**FEATURING  
THE TOP  
NAMES IN  
FURNITURE**

Henredon  
Century  
Thomasville  
Sherrill  
Simmons  
Hickory  
Sligh  
Stiffel  
Marbro  
Chapman  
Hekman  
Mastercraft  
Bradenton-Young  
MGM  
Union National

