

Skupin-McBee

Terri Lee McBee and Gerald Ronald Skupin were married in Our Lady of Sorrows Catholic Church by the Rev. John Esper. She is the daughter of Mrs. Carolyn McBee of Ypsilanti and he is the son of Mr. and Mrs. Clarence Landry of Farmington Hills.



They will make their home in Ann Arbor. The couple received guests in St. John Armenian Hall in Southfield before leaving on a wedding trip in Gatlinburg, Tenn.

Horvath-Moore

Mr. and Mrs. John Horvath of Farmington Hills announce the engagement of their daughter Anne Marie to Tom Lewis Moore, son of Tom and Leona Moore of Farmington Hills.



The bride-to-be is a graduate of North Farmington High School and Wayne State University, employed as a product development engineer with Lansing Automotive Division of General Motors. Her fiancé is a graduate of North Farmington High School and Michigan Technological University, employed as a manufacturing process engineer with General Motors Hydra-Matic Division.

Huard-Elliott

Mr. and Mrs. Neil Huard of Farmington Hills announce the engagement of their daughter Etta Anne to Thomas William Elliott, son of Mr. and Mrs. James B. Elliott of Clio.



The bride-to-be is a graduate of Temple Baptist High School employed with an accounting firm in Southfield. Her fiancé is a graduate of Eastern Michigan University employed as a teacher and track coach for Clio Public Schools.

A July wedding is planned in Ward Presbyterian Church, Livonia.

Troop 179 gives progress awards

Boy Scout Troop 179, sponsored by the First Presbyterian Church of Farmington Hills recognized the advancement of its members at the Spring Court of Honor.

The Court of Honor was organized and run by the members of Varsity Scout Team 179, affiliated with Troop 179. Progress awards were given to Zachary Blumberg, Matt Connolly, Tripp Adams, Jason Founler, Joey Lenze, Tony Saur, Tate Tungle, Ed Kennedy, Sean McGuire, Bob Satterley, Sean Green, Sam Gere, Darren Brucksteiner, Mike Strasko, Dave Khanuja, Andy Wayne, Mike Enberg, Scott Turbow,

Pete Johnston, Nick Hallay, Ryan Hood, and Rob Stauffer.

Eagle Scout Devon Bodoh was honored as "Leader of the Year" and also took top honors in the troop's knot tying championship.

Troop 179's new Assistant Scoutmaster, Danny R. Valdez, was also honored with a plaque. Valdez has been a scout in the troop for seven years and, since turning 18, has volunteered to serve as an adult leader.

Troop 179, with 58 Scouts, is the largest scout troop in the Clinton Valley Council, which encompasses Oakland and Macomb Counties. The

troop plans to enjoy a week of camping at Lost Lake Scout Reservation this summer under the leadership of Scoutmaster Chuck Williams and scout patrol leader Kevin Waller. Troop 179 meets every Tuesday

from September through June in the Fellowship Hall of the First Presbyterian Church on Farmington Road and 11 Mile. Boys who are interested in becoming scouts may attend the meetings.

Camp Fire gives tips for next family trip

A little bit of time spent planning a camping trip can help assure that the adventure is a pleasure, not a trauma, and it is an excellent learning exercise for children according to Robin Brandie, director of camping services for the Detroit Area Council of Camp Fire.

The Detroit Area Council is a part of National Camp Fire Inc. and has been teaching camping skills to young people since 1922.

• Be sure that everyone in the family is involved in the planning from the very beginning, so every person in the family will feel some commitment to the success of the plans.

• Determine what special interests others in the family may have, such as horseback riding or backpacking, which could lead you to choose a certain location for the camping expedition. For example, if you want to hike, a wooded site with lots of hiking trails might be what you need.

• Consider your equipment needs, and make up both group and individual equipment lists. Make sure everyone is responsible for bringing one or more items.

Plan some easy menus for meals so you won't spend all your time cooking, but you also might consider one unusual meal. Packaged dry foods can be quick and tasty.

• Be sure you have a well equipped first-aid kit and that everyone knows how to use it. Before leaving, review some standard emergency procedures such as putting pressure on a bleeding wound to stop the bleeding.

• Be prepared for minimum-impact camping that leaves no traces of your stay. Pack enough trash bags so you can keep the campsite clean for the next campers.

• CAMPING IS fun, relatively economical and is one of the best ways that families can spend some quality time together that is far different from the daily routine," Brandie said.

The Detroit Area Council's outdoor programs for young people center around Camp Wathana, on 370 acres of unspoiled woods, rolling hills, wetlands and two spring-fed lakes. At Camp Wathana, Camp Fire's commitment is to provide camping experience for all children.

Youth from a variety of social, racial and economic backgrounds come to camp each summer to have fun, learn and grow together. Low income and needy youth are provided the outdoor living experience through camping scholarships.

Summer camp sessions will begin July 6. For more information, call the Camp Fire Service Center, 559-5840. Camp Fire is a Torch Drive Agency, serving families in Wayne, Oakland, Macomb and Livingston counties.

Summer exercising to be done with some precautions

The balmy days of summer encourage starting an exercise program, or staying on a program already started. But when the weather turns hot and humid, even athletes at the peak of condition should take precautions.

"That's when heat stroke or heat exhaustion — medical condition called hyperthermia — can strike, regardless of age or physical condition," warns Dr. Larry J. Sell, senior vice president for Health Care Affairs at Blue Cross and Blue Shield of Michigan (BCBSM).

Here are tips Dr. Sell suggests when exercising during heat spells:

• Exercise during the morning or evening hours.

• Wear a hat because as much as 30 percent of body heat is absorbed through the head. Cotton clothing is best because it absorbs water and helps cool the body. Loose clothing lets air flow through.

• Before exercising, drink at least a pint of water even if not thirsty. Drink more as you exercise. Cold water is easier to drink and helps bring body temperature down.

DURING HOT water, sweat glands secrete moisture that evaporates from the skin and cools it. Most people can maintain normal temperature in the face of very hot external temperatures.

But sometimes the regulatory system of the body simply doesn't work, and body temperature rises to 105 degrees, a true medical emergency exists, and immediate professional

medical attention is required.

The warning symptoms of hyperthermia are hot, dry, flushed skin, but no sweating; agitation, confusion, slurred speech; dizziness, lethargy or coma; headache, nausea; rapid pulse and heartbeat; and slow deep breathing if the victim is still; rapid, shallow breathing if the victim is moving about.

If any of these symptoms appear, a doctor should be called immediately since not all victims will have all the symptoms.

THOSE WHO haven't been exercising regularly shouldn't start on hot, humid days. Even those with a good training base should proceed slowly during a heat wave or when the weather suddenly goes from warm to hot.

Seniors and those with chronic diseases, particularly heart ailments, or people on drugs that reduce the ability to sweat, such as diuretics, should not exercise when it's very hot.

Pay attention to body signs during hot, humid weather, suggests Dr. Sell.

"When you experience discomfort, stop. Otherwise, regular exercise in the summer, done moderately, can contribute to physical and emotional good health," he said.

Couple mark 40th year

Mr. and Mrs. Michael H. Corletto, residents of Farmington Hills for the past 10 years, will be celebrating their 40th anniversary Tuesday, July 19, at a dinner party in Roman Terrace.

He is retired from General Motors. They are members of St. Fabian Catholic Church. The party will be hosted by their two daughters, Freida Corletto and Judy Corletto.

ASPIRIN WARNING: Children and teenagers should not use this medicine for chicken pox or the symptoms without a doctor's consent about Reye Syndrome a rare but serious illness.

Think of it as a warranty card for the human body.

Health Alliance Plan logo and membership card for Stocker, Michael. Card includes ID number 746433, name, address, and expiration date.

When you're a member of Health Alliance Plan, you get comprehensive and hassle-free health care without ever getting a doctor's bill. That's because HAP helps keep your body running smoothly by covering everything from routine office visits to hospitalization to lab tests to maternity care.

Star Spangled Southfield Festival advertisement for July 1-10, 1988. Includes event schedule for Kids Day, Fireworks, Parade, Rosier Players, Franzen Bros. Circus, Country Fair, Sidewalk Sales, and Stage performances.