

# Deer hunters receive bonus

**T**HERE ONCE was a time when a Michigan deer hunter could shoot one deer per year, either with a bow and arrow or with a gun. One deer. That's all.



**Bill Parker**  
outdoors

How times have changed. Today, thanks to a new job of deer management by the Michigan Department of Natural Resources and a couple back-to-back mild winters, the deer herd in Michigan is larger than it was when of Chris Columbus discovered America. There are currently more than 1.5 million white-tails roaming the woodlands (and farmlands) of this state. But that's too many deer, according to the DNR, which is good news for hunters.

To reduce the size of the herd by about 200,000 deer by next October, the DNR has increased the number of antlerless deer permits for the upcoming firearm season.

**AND THERE'S** more good news. The DNR is also offering bonus antlerless-only permits in many deer management units. These bonus permits allow hunters to take an additional antlerless-only deer during the firearm or muzzleloading season. Two for the price of one.

Plus, if time and luck allows, the same hunter can buy a second firearm license that entitles him/her to take an additional deer with antlers of 3-inches or more. It's possible to shoot three deer this year during the firearm and/or muzzleloading deer season. You can fill the freezer with venison and still have an opportunity to hunt for that trophy buck.

In addition, there are five units in the extreme southern portion of the state — where severe crop damage is an annual event — which offer double-bonus permits. Hunters who receive an antlerless deer permit in one of these units can take three does on their first license, plus a buck on their second license.

"WE'RE TRYING to reach a herd of 1.3 million deer by October of next year," said Ed Langenu, Big Game Specialist with the DNR. "And that's still a pile of deer. We tried to reduce the herd last year with 15 bonus areas but we didn't get the harvest we needed."

"We're actually trying to accomplish three things. We want to control the size of the herd, influence the sex ratio of the deer and offer relief to some people with severe crop damage," explained Langenu. "We're very concerned with the buck/doe ratio in the herd. There are a very large number of does and

laws. By thinning the does and laws a larger percentage of the herd will be bucks. Farmers are also having quite a problem with crop damage (from too many deer in a specific area) so we're trying to give these people some relief too."

Hunter's Choice applications must be postmarked by Sept. 24 (Saturday). Applications are available at all hunting license dealers.

**THE FIVE** management units which offer double-bonus licenses include unit 140 (in Eaton County), 147 (in Jackson and Washtenaw counties), 149 (in Branch County), 150 (in Calhoun, Jackson, Branch and Hillsdale counties) and 151 (in Calhoun and Jackson counties). In Unit 140 there are 2,500 double-bonus permits available on private lands and another 5,500 available on public lands. In unit 147 there are 2,400 double-bonus permits available on private lands. In unit 149 there are 2,500 double-bonus permits available on private lands and another 5,500 on public lands. In unit 150 there are 4,000 double-bonus permits available on private lands and 22,000 on public lands. In unit 151 there are 2,600 double-bonus permits available on private lands and 15,000 on public lands.

To qualify for a permit on private land a hunter must own 40 or more acres, rent or lease the land for the purpose of hunting or have written permission from the landowner to hunt that land.

The following is a list of units which offer bonus permits and the number of bonus permits available in that unit on both private and public lands.

| PUBLIC LANDS |               | ZONE I |               |
|--------------|---------------|--------|---------------|
| Unit         | Bonus Permits | Unit   | Bonus Permits |
| 215          | 3,000         | 37     | 770           |
| 216          | 1,200         | 48     | 370           |
| 317          | 1,200         | 49     | 440           |
| 414          | 850           | 51     | 374           |
|              |               | 52     | 2,040         |
|              |               | 53     | 55            |
|              |               | 91     | 990           |
|              |               | 92     | 154           |
|              |               | 93     | 730           |
|              |               | 104    | 85            |

| PRIVATE LANDS |         | ZONE I |               |
|---------------|---------|--------|---------------|
| Unit          | Permits | Unit   | Bonus Permits |
| 139           | 4,500   | 205    | 205           |
| 139           | 80      | 207    | 3,700         |
| 139           | 117     | 208    | 500           |
| 139           | 117     | 209    | 750           |
| 139           | 117     | 210    | 297           |
| 139           | 117     | 211    | 591           |
| 139           | 117     | 212    | 342           |
| 139           | 117     | 213    | 442           |

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## NURSERY DAY

# SUNDAY

Sept. 25th, 1988

## EASTERN MARKET

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# SALE

Come to Eastern Market at 1-75 and Gratiot between 8 a.m. and 5 p.m. Many of Michigan's finest Nurseries and Professional Landscapers will be represented.

Men, if you're about to turn 18, it's time to register with Selective Service at any U.S. Post Office.

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## exercising options

**Myrna Partrich**

## Judgment of classes vital for safe exercise

Dear Myrna: I've been to several exercise classes in the area. How do I critique an exercise class?

Marc Weinbaum

This is an important issue. Most exercisers (unless they have experienced good-to-great, safe classes) do not know when they have been taught in a low-to-mediocre, unsafe class. Today's exerciser should know how to judge a class before putting his or her body on the line. I've seen many uneducated movements myself.

Let's start with the workout room itself. Most importantly the floor.

If you are working out on a carpet surface, nine times out of 10 you are working out on cement. The cement surface is very dangerous in its relationship to your skeletal system. Every time you jump even low and lightly, you place a great amount of stress on all your body's joints. Let's not forget to mention the twisting and turning of ankles created by carpet friction. Shoes can catch and drag on carpet, causing injuries.

If you are working out on a wood floor, check out what kind of a wood floor. A wood floor not elevated at least three inches with permanent cushion risers below is not good enough.

Mirrors are important on the front and side walls. You need to check yourself constantly. A side mirror is especially good for the body alignment.

A GOOD sound system is important for motivation. Good, uplifting, pleasant music helps greatly. The exercise facility should always provide new, motivating music. You should never get bored with the teacher's choice of music.

Let's talk teacher. Don't be fooled by an instructor who looks remarkably fit, so therefore he/she must know what he/she is doing. Don't be fooled by a health facility with state-of-the-art equipment, assuming the instructor must be on the cutting edge of all exercise knowledge.

Do you know anything about your instructor? Partially, you have to rely on the confidence you have in the owners and managers of the facility and their ability to select and train instructors properly.

Look for educational background, certification, athletic background and continued education. This is the responsibility of the instructor and the facility he/she works for. Most of all the instructors truly should care about their students. An instructor should assist in body positioning and suggest ways to modify exercises for the less advanced participants or those with back or knee problems.

Our duty is to teach. Caring about people is where it's at, not just performing in front of a class. Does the instructor ask you questions either through eye contact or hands-on technique? Do you develop body awareness and knowledge in this class?

I believe a great teacher has greatness to give within — love.

Myrna Partrich, co-owner of The Workout Company of Bloomfield Township, is happy to answer any exercise questions readers may have. Please send your letters to: Sports Department, Myrna Partrich, 1225 Bowers, Birmingham 48012.

## Schoolcraft dumps Oakland

By C.J. Risk Staff writer

In a volleyball match that essentially meant nothing, one coach vowed not to let his team forget and the other seemed bent on getting his team to forget.

Guess which team won? Here's a hint: "No, no, no. I'm not going to let (my players) forget it. No way."

The remark belonged to Bob Hurdle, coach of Oakland University's team. The Lady Pioneers are expected to challenge for the Great Lakes Conference championship. They compete in the NCAA's Division II.

**BUT ON TUESDAY** at Schoolcraft College, they couldn't compete with the Ocolots, a fine team but — hey, they're a junior college team. Yet they owned OU, whipping the Lady Pioneers in three-straight games, 15-10, 15-8, 15-12.

"I'll take losses," Hurdle said afterward. "But if we want to achieve our goals, we can't let things like this happen."

"I'm not embarrassed that we lost to Schoolcraft. I'm embarrassed by the way we played."

If SC coach Tom Teeters was in a mood to gloat, he didn't show it. And he didn't allow his team to enjoy the victory long, either. Minutes after their surprising upset, he had them in the weight room working out. And he wasn't ready to praise them.

"OUR SERVING should have been better, and I thought we hit better over the weekend (SC won the Lake Michigan Tournament)," said Teeters. "Our kitchen's middle attack set up a lot of things for us." Most of that quicker attack went to Nikki Stubbs (nine kills, 17 at-

tacks, three errors), Marla Evans (nine kills, 22 attacks, three errors) and Sarah Heddle (seven kills, 18 attacks, four errors). And Allisha Love's serving (22 serves, five aces, five errors) kept OU off-balance throughout.

"That just shows what can happen when you come in unprepared," said

Hurdle. "We came in expecting to walk over them, and we got our butts kicked. I'm really disappointed. (SC) outworked us. They believed they could beat us."

Ten missed serves cost OU. But, in the end, SC — a team simply outthrust and outplayed the Lady Pioneers.

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## Pioneer kickers earn 1-0 victory

It wasn't pretty, but it was a game-winner. Oakland University sophomore forward Paul Phillips lost possession of the ball deep in Southern Indiana's end midway through the second half of a scoreless goal Saturday. St. John Howardlink tried to clear it but, instead, hit Phillips in the back. The ball rebounded to OU midfielder Alan Stewart, who dodged two IU defenders and put in a shot from eight yards out to give the Pioneers a 1-0 triumph. It was their fourth straight shutout victory and their record to 3-1.

## NATIONAL INVITATIONAL SOCCER TOURNAMENT

SATURDAY • SUNDAY  
SEPTEMBER 24 and 25  
Oakland University, Rochester, Michigan

### THE COMPETITORS

- OAKLAND UNIVERSITY (14-5-1), ranked #9 nationally, reached the NCAA tournament first round.
- LOCK HAVEN UNIVERSITY (PA) (10-6-5), ranked #12 nationally, was a NCAA quarter-finalist.
- C.W. POST COLLEGE (New York) (13-7-1), ranked 11th nationally was another NCAA quarter-finalist.
- METROPOLITAN STATE UNIVERSITY (Colorado) (7-5-2), ranked 9th in the Far West region.

PLUS — Tournament events will also include two high school games and a Michigan Youth soccer select tournament involving 1,300 young soccerists!

### THE SCHEDULE

| SATURDAY, SEPTEMBER 24   | SUNDAY, SEPTEMBER 25   |
|--|--|
| 8:00a.m.-7:00p.m. Youth Select Tournament  | 8:00a.m.-7:00p.m. Youth Select Tournament  |
| M.H.S.A.A. League Match<br>Rochester Adams High School vs. Detroit Satic High School | 11:00 a.m. M.H.S.A.A. League Match<br>Ann Arbor Huron High School vs. Detroit Country Day School                   |
| 1:00 p.m. Lock Haven University vs. C.W. Post College                                | 1:00 p.m. Lock Haven University vs. Metropolitan State University (Colorado)                                       |
| 3:00 p.m. Oakland University vs. Metropolitan State University                       | 3:00 p.m. Oakland University vs. C.W. Post College (New York)  |
| 7:00 p.m. Tournament Banquet at Meadow Brook Hall                                    | 5:00 p.m. Presentation of trophies and autograph session<br>4:45 and 6:00 p.m. Youth Tournament Championship games |

### THE ADMISSION

|                      |           |
|----------------------|-----------|
| Children             | 50¢       |
| Youth Soccer Players | no charge |
| High School Age      | \$1.00    |
| Adults               | \$2.00    |

Tickets and Information — OAKLAND UNIVERSITY Athletic Department 370-3190 Tickets will be available at the gate