



TOM ARNETT/staff photographer

Leslie Light, a student of holistic martial arts and a Farmington Hills resident, listens to instructions while warming up for the class.

Holistic martial arts

Continued from Page 1

knows of only two people who teach the vital points of martial arts — himself and his teacher, Selyu Oyata. It was an important factor in Leslie Light's decision to study with Carbone. The Farmington Hills resident had seen Carbone's sign advertising his academy at a dance studio, and decided to check out his teaching methods. Light, who feels that a woman would be a prime target for crime, was impressed with Carbone, and his attitude toward what he does.

"IT'S MORE of a love for martial arts than a job for him," said Light, adding, "I'm not athletic at all, but (this) isn't based on strength. You don't have to be strong to do these techniques."

As a result Light has enrolled her 5-year-old son in Carbone's Academy.

And training of children is something Carbone stresses.

"My teacher told me it's the responsibility of every parent to make sure their children know self defense. Children basically need to know two things — how to escape, and how to inflict pain without injury," he said.

Carbone, who's been teaching since 1974 through the city of Detroit Parks and Recreation Department,

also teaches several community education and Oakland Community College classes in martial arts. He has a summer day camp at OCC's Orchard Ridge Campus, and also two camps during the year at Camp Franklin in Lake Orion Village. The first is for children, the two at Camp Franklin are for all ages.

Carl Zatsick of Farmington Hills, started in Carbone's classes through a community education program at Shawassaw Elementary School. For him it was convenient and timely. Now 25, Zatsick began studying with Carbone when he was 18.

"I'd always wanted to study karate, and it was right by the house, so I signed up." He said he learned responsibility and control in the classes.

"I always used to walk around picking fights. Now I don't because I know I don't have to."

Betty Johnston Dance Studio in Farmington is only one of Carbone's locations. For information about his other locations and class schedules, contact Carbone at 526-6827.

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club circuit

FARMINGTON DEMOCRATIC CLUB meets at 7:30 p.m. today in Botsford Inn, Grand River west of Eight Mile.

Speakers for the evening are the mayors of Farmington and Farmington Hills and members of Farmington Board of Education.

Nominations for officers for the coming season will be taken.

The meeting is open to all interested persons without charge. Inquiries are taken by Mike Breshgold, 737-2749.

WESTSIDE SINGLES meet for a dance party at 8 p.m. Friday in Livonia Elks Hall on Plymouth Road east of Merriman. Dress attire is required. Admission is \$4 at the door for singles over the age of 25. The singles hotline is 562-3179.

AMERICAN ASSOCIATION OF RETIRED PERSONS, Farmington Hills Chapter 2088, meets at 1 p.m. Friday in Farmington Hills Branch Library on 12 Mile Road, east of Farmington Road. The meeting is open to all persons older than 50 who live in Farmington, Farmington Hills, Novi, Livonia, Southfield, and West Bloomfield, without charge.

Speakers for the day are Carol Cook and Dennis Koczara, representatives of American Express. Their subjects are "The New Catastrophic Health Care" and "Managing Your Money."

DETROIT STORY LEAGUE meets at noon Saturday in Christ Episcopal Church, 960 E. Jefferson, Detroit. Guests are invited without charge. Inquiries are taken by Amy Jackson, 934-8835.

Storytellers for the day are Linda Day of Livonia, Michael Deiler of Dearborn, Jean Jambas of Farmington Hills, Mildred Stennis of Detroit

and Jean Gordon of Northville. Their theme is "The Expectations."

Storytelling workshop for the day is led by Calie Allam of Redford.

Engagements for storytelling are taken by Mary Beth Janisse, in Royal Oak, 549-4286.

SUNDAY NIGHT SINGLES meet at 8 p.m. Sunday in New Hawthorne Vile, Merriman Road north of Warren. Ladies special admission price for the event is \$2. The singles hotline number is 277-4242.

SMOKERS. ANONYMOUS meets at 7 p.m. every Saturday in Botsford Hospital, Grand River west of Eight Mile Road. Inquiries taken by calling the hospital, 471-0050.

KINDRED SPIRITS ADOPTION GROUP, sponsored by Catholic Social Services of Washtenaw County, begins at 7 p.m. Tuesday, Jan. 24 in the agency office, 117 N. Division, Ann Arbor.

The group is open to any birth parent, adoptive parent or adult adoptee. Inquiries taken by Lois Planter, in the Ann Arbor office, 662-4534.

FARMINGTON HISTORICAL SOCIETY invites guests to the meeting at 8 p.m. Wednesday, Jan. 25 in Farmington Branch Library, State and Liberty streets.

Speaker for the evening is Lee Peck. His subject is "Some Notes from the Cook Collection."

Fred Cook, a local merchant before the turn of the century, began the collection that is now considered a historical treasure. His late son, Robert Cook, left the collection to the historical society, and it is now housed in the History Room of Farmington Branch Library.

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MICHIGAN ASSOCIATION FOR CHILDREN AND ADULTS WITH LEARNING DISABILITIES, Farmington Area Chapter, meets at 7:30 p.m. Wednesday, Jan. 25 in Farmington Hills Branch Library, 12 Mile Road east of Farmington Road. Speaker for the evening is Mary Jennings from Oakland Schools. Her topic is "Learning Strategies for Teenagers."

The meeting is open to all interested persons without charge.

AMERICAN MARKETING ASSOCIATION, Detroit Chapter, hosts "Research Methodology Workshop."

concerning emerging techniques and methods in market strategy. The event is scheduled from 11:30 a.m. to 5:15 p.m. Wednesday, Jan. 25 in Southfield Embassy Suites.

Inquiries are taken by Kay Bonnici, 569-7095.

All club news and announcements for this column are to be addressed to: Club Circuit, Farmington Observer, 33203 Grand River, Farmington 48024. The information must arrive before noon on the Monday before Thursday publication.

Student aid information given in program Jan. 19

The Michigan Student Financial Aid Association (MSFAA) and the Michigan Department of Education have arranged a series of awareness programs to help spread the word regarding timely student aid application.

First, each Public Broadcasting System (PBS) station aid programs and procedures during the second week in January. Check PBS station in your area for air times.

Second, there will be a series of regional financial aid "forums" sessions, hosted by local educational institutions.

Madonna College, in Livonia, will host a "Financial Aid Information Session" at 7 p.m. Thursday, Jan. 19 in Kresge Hall.

For information, call 591-5036. Madonna College is on the corner of I-96 and Levan Road.



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