



BRIAN TOOVLIAN

Carol Rowe stuffs hats and socks into the bags that will be ready to be handed out to the homeless when they are needed next winter.



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Volunteers worked assembly-line fashion in the church basement to get the job done in one afternoon.

Helping the homeless

Members of Salem United Church of Christ gathered at the church Saturday for an all-day session of putting together emergency survival packs for the homeless.

"We'll be sending out 85 packs today and there's no reason why this can't be something we do two or three times a year," said Jackie Murphy who is coordinator for the project initiated by the church's Mission Committee.

"There is a desperate need for this little bit of help that we're giving. Every one we've talked to about this said they can use all that we can give them."

The packs are on their way now to COTS, the Baldwin Community Center, Fort Street Presbyterian Church, Most Holy Trinity Church and the Salvation Army.

Each pack is a waterproof bag that contains a blanket, socks, hat, waterproof poncho and health kit. The pack can serve as a storage bag for a person's belongings and a pillow.

"Each will be a gift to an individual and they will know that it came from people who cared," Murphy said.

The packs will be given when there isn't room at a shelter or soup kitchen for the night.

The cost of each pack is \$18. A large portion of the total amount came from area churches in response to a letter of solicitation sent by the Mission Society.

"Our first goal was to get out as many as we could before Easter.

We're starting our emergency pack fund now for our next shipment. Hopefully the cost will decrease with quantity buying and we can assemble more packs with the cost difference," Murphy said.

Persons wishing to contribute to the next shipment may make checks payable to Salem UCC Emergency Pack, and send to Salem United Church of Christ, 33424 Oakland Avenue, Farmington 48024.

Business women gather for spring conference

The Ann Arbor Chapter of the American Business Women's Association hosts its fifth annual conference for women 8 a.m. to 6 p.m. Saturday, April 1, in Weber's Inn, 3050 Jackson Road. Theme for the conference is "Creating Your Vision for the Year 2000."

The event is open to all. Registration information is given by Sara Burke, 665-6045. Registration at the door is \$10.

Among the speakers for the day will be Farmington Hills resident Dr. Colleen Sundermeyer. Her topic will be "Emotional Weight: Food Has No Power - Only the Power We give it." She is author of the book, "Emotional Weight."

KEYNOTE WILL BE C. Leslie Charles, whose topic is "Creating Your Future."

Other topics for the day will be "Color Balance," "Eat Dessert First: Life is Uncertain" and "Power for Women is Different Than It is for Men."

The conference offers networking, discovery and reflection on women's personal strengths and contributions," said Sandi Mackrill, chairperson for the event.

"It also gives us the opportunity to create and envision our life path as we move into the 21st century. The decisions we make personally and professionally will affect the quality of life not only now but for the future."

Tots called to nursery

Mayfair Co-op Nursery School, 30450 Farmington Road, is accepting applications for enrollment for the 1989-90 school year. Interested families may contact Jan Zander at 553-9057 or call the school at 626-2759 for registration information.

Eater's Choice to hold down the cholesterol

You know the cholesterol count is high, but it's hard to start making changes in your lifestyle just by reading newspaper and magazine articles. St. Mary Hospital can help make the changes smoothly, with its six class series called Eaters Choice.

Eater's Choice is designed to dispel the myths about cholesterol, personalize daily fat allowances, identify foods high in cholesterol and interpret the saturated fat mystique.

Included in the class fee is a book with recipes and tips, measuring

utensils, participant workbook, record-keeping book, a list of more than 500 saturated fat foods with calories and a guide for estimating fat calories in foods not listed.

Classes begin at 7 p.m. Mondays and Thursdays April 24, 27 and May 1, 4, 8 11. There is a charge of \$55 per person or \$90 per couple. Registration deadline is April 17. For additional information, or to register, call 464-4800, Ext. 2297. St. Mary Hospital is located at 36475 W. Five Mile Road, Livonia.

Dancers are in recital

The Polish Centennial Dancers perform in recital at 2 p.m. Sunday, April 30 in Church Hill High School, 8900 Newburgh Road.

The performance, called "A Polish Extravaganza," features the Goral

Dancers from the mountain regions of Poland.

Along with the dances of Poland, popular polkas from the United States will be performed.

Tickets are \$5 at the door.



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