

around Farmington

All announcements for this column must be mailed to **Around Farmington**, Farmington Observer, 3202 Grand River, Farmington 49224. Deadline is noon Monday for the Thursday publication and noon Thursday for the Monday publication. Requests for announcements will not be taken over the phone.

SWING TIME — Thursday, May 11: "Swing Time," the best of Fred Astaire and Ginger Rogers films, shown at 7 p.m. in Farmington Branch Library, 25500 Liberty Street. Film is followed by discussion. No charge, but reservations can be made by calling the library, 474-7770.

TRENDS AND DESIGNS — Thursday, May 11: "Colors: Trends and Designs," program led by Ann Marlett of Decorating Den in Farmington Hills, who talks about new design ideas at 7:30 p.m. in the Community Center. Fee is \$10. Registrations can be made by calling the center, 477-8404.

RUMMAGE SALE — Thursday and Friday, May 11-12: Rummage sale from 9 a.m. to 6 p.m. Thursday and from 9 a.m. to 4 p.m. Friday in First United Methodist Church of Farmington, 33114 Grand River.

RUMMAGE SALE — Thursday through Saturday, May 11-13: Rummage sale from 9 a.m. to 5 p.m. each day in Westbrook Manor Subdivision, south of 13 Mile Road and west of Orchard Lake Road.

CALLIGRAPHIC IMAGES — Thursday, May 11: "Calligraphers Images," exhibit of Michigan Association of Calligraphers, opens with a reception for the artists 7-9 p.m. in Bloomfield Township Library, 1039 Long Pine Road at Telegraph. No charge. Exhibit remains through June 9.

GARAGE SALE — Thursday, May 11: Garage sale sponsored by Orchard Hills Chapter of Womens American ORT 9:30 a.m.

to 6:30 p.m. in the garage at 7075 Indian Creek, West Bloomfield. The address is between 14 Mile and 15 Mile, west of Drake.

A PACK OF LIES — Thursday through Sunday, May 11-13: "A Pack of Lies" staged by Farmington Players at 8 p.m. Thursday through Saturday and at 7 p.m. Sunday in The Players Barn, 33333 12 Mile. All seats \$8. Tickets are available by calling the box office, 538-1670.

FOSTER PARENTS — Thursday, May 11: Informational meeting for people interested in becoming foster parents at 8 p.m. in Lutheran Social Services of Michigan, 20700 Greenfield, Oak Park. Inquiries taken by Holly Clementz, 988-6800.

FLOWER SALE — Friday and Saturday, May 12-13: Annual Flower Sale, sponsored by Farmington Beautification Committee, from 10 a.m. to 9 p.m. Friday and from 10 a.m. until supply is sold out Saturday around the fountain in Farmington Downtown Center, Grand River and Farmington Road.

ARTISTS RECEPTION — Friday, May 12: Reception for the artists opens Madonna College's Graduate Senior Art Show from 7:30 to 9 p.m. in the Exhibit Gallery, Library Wing of the college, 1-96 and Levan Road, Livonia. No charge. Exhibit remains through May 25.

TEN LITTLE INDIANS — Friday and Saturday, May 12 and 13: "Ten Little Indians" staged at 8 p.m. each evening in Novi Civic Center, 45775 10 Mile. Mail ticket orders, at \$5 each, to Diana Kochan, 24572 Kingspote, Novi 48050. Play continues at 8 p.m. May 19-20 and at 1:30 p.m. May 21.

SEASCAPE — Friday and Saturday, May 12-13: Edward Albee's "Seascape" staged at 8 p.m. each evening in Wallace Smith Theatre, Orchard Ridge Campus, Oakland Community College. Reservations may be made by calling the box office, 471-7700.

MURDER IN THE MANSION — Friday and Saturday, May 12-13: "A Murder in the Mansion" staged by Spirit of Detroit Sweet Adelines with host stars The Bluegrass Student Union, at 8 p.m. each night in Mercy High School, 11 Mile and Middlebelt. Tickets are \$8, or \$5 for students and senior adults in advance through Karen Schoenbacher, 852-5565, or at the door.

PUZZLE COMPETITION — Friday, May 12: Registration and puzzle sales begin Puzzle Place second annual jigsaw puzzle competition, 6-9 p.m. in the store, 32726 Grand River. Competition runs from 8 a.m. Saturday until the award ceremony at noon Sunday in Farmington High School. Inquiries taken by calling the store, 471-4141.

MOTHER-DAUGHTER FASHIONS — Saturday, May 13: Breakfast and Mother-Daughter Spring Fashion Show at 9:30 a.m. in The Restaurant, Jacobson's Livonia. Cost is \$3.50 and reservations are necessary. Call the store, 591-7698, ext. 269.

GARAGE SALE — Saturday, May 13: Garage sale sponsored by Kimberly Subdivision Association from 10 a.m. to 4 p.m. Entries to the subdivision are on the

north side of 11 Mile, west of Middlebelt.

CREATE-A-GIFT — Saturday, May 13: "Create-a-Gift" workshop for 6-13 year olds who make their own gift for Mother's Day at 9 a.m. or 10:15 a.m. in the Community Center. Fee is \$10. Registrations taken by calling the center, 477-9401.

COMIC BOOK SWAP — Saturday, May 13: Comic book fans and collectors can swap comics from 10:15-11:30 a.m. in the conference room of the Farmington Hills Community Library, 32737 W. 12 Mile. Group meets one Saturday a month. Selling and buying prohibited.

DEFEND YOURSELF — Saturday, May 13: "Defend Yourself" workshop for women from 10 a.m. to 4 p.m. in Room 409, J Building, Orchard Ridge Campus, Oakland Community College. Fee is \$20. Reservations and inquiries taken by WomenCenter, 471-7745.

CAR WASH — Saturday, May 13 and 20: Car wash to benefit Farmington High School's football team from 10 a.m. to 2 p.m. at Shell Gas Station, 10 Mile and Orchard Lake Road. Cars

washed for \$2; vans and trucks for \$3.

CLASSICAL BELLS — Sunday, May 14: "The Classical Bells," ensemble of 16 English handbells in concert performed in observance of Mother's Day, at 6 p.m. in Church of the Nazarene, 21260 Hagerly. No admission charge.

GEORGE SCOTT SINGERS — Sunday, May 14: The George Scott Singers in concert at 8 p.m. in Antioch Lutheran Church, 53360 13

Mile. Tickets are \$5, or \$3 for students and senior adults, in the church or at the door.

COLORS OF SPRING — Monday, May 15: "Colors of Spring," an English-style tea and fashion show introduces newcomers to Farmington Area Community Women at 7:30 p.m. in The Community Center, 24705 Farmington Road. No charge, but reservations are necessary, made with Denise Albrecht, 478-3216.

Named to fashion board

Karan Morris of Farmington Hills has been selected to serve on Wonderland Mall's 1989 Fashion Board.



Karan Morris

She is 17 years old and a student at North Farmington High School. She will be attending workshops and seminars, conducted by professionals in the related fields of modeling, grooming, fashion, retail and marketing.

The board consists of 30 young men and women between 16-23 years old. Morris was selected from a field of 50 semifinalists.

Musicians rate high

Harrison High School musicians participated in the District Band and Orchestra Festivals recently in Novi and Royal Oak.

According to Mark Phillips, Harrison's music director, the ratings are given from I-V. The rating of I represents a superior performance and qualifies the group to participate in

the state festival.

Phillips reports that his Symphony Band received a Division I rating and his Concert Band received a Division II rating.

Harrison's orchestra also was awarded the superior Division I rating when it competed and will be playing in the state festival.

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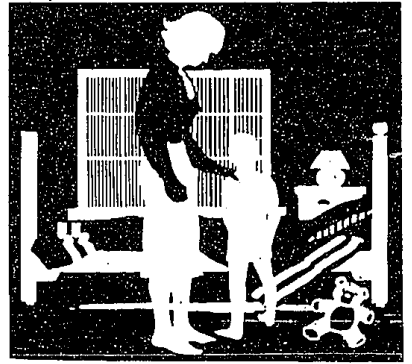
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- Southfield Coney Island
- Taj Mahal Indian Restaurant
- The Photo Center

Parents train child for a dry night's sleep

When the Wilsons first realized they had a problem, Billy was 5 years old. Now he is 10.

"Don't worry, he'll grow out of it," the doctors kept telling them. That was five years ago.



But Billy was still wetting his bed. He would wake up in a dry bed perhaps two days a week. "Five doctors had tried their best. The family doctor had prescribed some medicine which stopped his bedwetting; but then he had a relapse as soon as the drug was discontinued," says Billy's mother. "Our pediatrician examined Billy and found nothing physically wrong. He referred us to a psychologist whose comment was Billy was a little hyperactive, but not abnormally for his age." An internist and an urologist put Billy through many tests. Nothing seemed to work.

"Over the last 5 years, we felt fortunate if the bed was dry two nights in a row," says the boy's father. "Billy would go to visit someone and spend the night. But he might stay awake the whole time, because he was too embarrassed and did not want to wet the bed."

Then several weeks ago, the Wilsons heard of the Michigan Children's Center. They sent away for the free literature and saw their own son's story being played out. What had hit them hardest was an earlier story that linked bedwetting to a change in personality.

"My son tried to set our cat on fire. That's when I said I am tired of hearing 'don't worry, he'll grow out of it.' Also, I found out bedwetting is harmful physically and emotionally. If bedwetting can be stopped, should we put our son through such a horrible experience. We did not hesitate when our daughter needed braces. The expenses have nothing to do with it."

Many don't outgrow bedwetting

Bedwetting is not life-threatening, so it's not a disease. But it brings a child's attention to health, so it's more than an inconvenience. Its symptoms are well known, so it can't be called a discovery. It does not fit into any recognizable category as a psychological phenomenon, so it's treated as a physical nuisance. A nuisance that the child hopefully would outgrow.

But children don't always stop bedwetting. One report showed an incidence of 40 percent at three years, 22 percent at five years, 10 percent at ten years and 1 to 2 percent at twenty years of age. Girls do not wet their beds as often as boys. Bedwetting is about twice as common among boys as among girls. In 14 years the Center has successfully treated thousands of bedwetters with an enviable rate of success, and receives a great number of inquiries from adults who still have the problem.

Quite often a doctor will say, "Don't worry, your child will outgrow it." That's because most doctors don't want to worry the parents. And if we look at the

statistics between the ages of five and ten, he has a better than fifty-fifty chance to be correct. A history of bedwetting in the family can reduce the chances a child will outgrow it. Also, Psychologist Dr. Warren Baller of the University of California at Los Angeles writes, "Evidence accumulated over the years that children outgrow bedwetting. Most bedwetters hide their feelings. Shame and embarrassment are their constant companions. Counseling their affliction often produces remarkable results in family relationships, behavior, school work and peer contact."

Billy was dry nine weeks after the Wilsons sent for the Center's literature, and eight weeks without a wet bed, they started to notice other changes.

"My son has always been very quiet, very withdrawn. He seldom talks to us. I guess that's because he was teased a lot when someone would let him stay at his home let the cat out of the bag," says his father. Today Billy reaches out for affection from his family in a way they've never known. He also appears much more confident and less argumentative.

"Schoolwork often improves and so does the child's attention span and concentration. These are some real, positive benefits from stopping bedwetting."

The concerned parent

Bedwetting can leave emotional problems both on children and on parents if the problem isn't treated quickly and corrected before attending school. "So the majority of our inquiries come from parents of pre-school children looking for a solution prior to starting school."

Some parents try rewarding their children for a dry night or scolding them when bedwetting occurs. But Cinnasmith says, "To offer a child a reward for

accomplishing something when he's sleeping is a no-win situation."

He notes that a 3 1/2 year study at the McGill University in Montreal, Canada concludes that deep sleep, not the child, is the No. 1 cause of bedwetting.

Causes and effects

Bedwetting can cause serious psychological problems in a child if not being looked after quickly. After a while, the child develops some strongly ingrained habits and negative self-expectations which in turn make it even harder to overcome the problem.

Early symptoms of this taking place are: Temper tantrums, putting things off, avoiding responsibilities, afraid to be alone, difficulty in making friends.

Staff psychotherapist at the Center, Arnold Keller says that the worst so-called solution, without a doubt, is for parents to wait for the children to outgrow the problem. Since toilet training points out the difference between right and wrong, clean and dirty, success and failure, bedwetting naturally reinforces negative feelings and can lead to a poor self-image.

Most bedwetters hide their feelings in shame," says Keller. They pretend that it doesn't bother them, and they stop talking about it. And when parents don't think it affects the child, and everything seems to be alright, that's when things can become serious."

"The majority of bedwetters don't work to their full potential," he says. "They often have difficulty communicating with their parents because of the guilt associated with bedwetting. One study showed three of every four institutionalized juvenile delinquents were or had been bedwetters."

Fortunately, bedwetting can be corrected in almost every case. The Center enjoys a success rate of over 97 percent of those accepted into the program. Using the Dry Bed Training method pioneered by the Center over the past 14 years, parents can stop their child's bedwetting problem right in the privacy of their own home.

For additional information, and to find out why your child wets the bed, send for our free brochure. Call or write Michigan Children's Center, 870 Griswold, Northville, Michigan 48167. Telephone in Detroit 981-4944 or Toll Free 1-800-265-0822.

Send for free information on **WHY YOUR CHILD WETS THE BED and HOW TO STOP IT.**

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