

Botsford Hospital observes National Osteopathic Week

Botsford General Hospital in Farmington Hills is observing National Osteopathic Medicine Week Sept. 10-16 by celebrating the practice of osteopathic healthcare.

The goal of National Osteopathic Medicine Week is to educate the public about osteopathic medicine. Two different types of physicians practice medicine in the United States, osteopathic (D.O.) and allopathic (M.D.) physicians. Both types are licensed to practice all aspects of medicine. The educational requirements are basically the same and in most instances, they are examined for licensing by the same state boards.

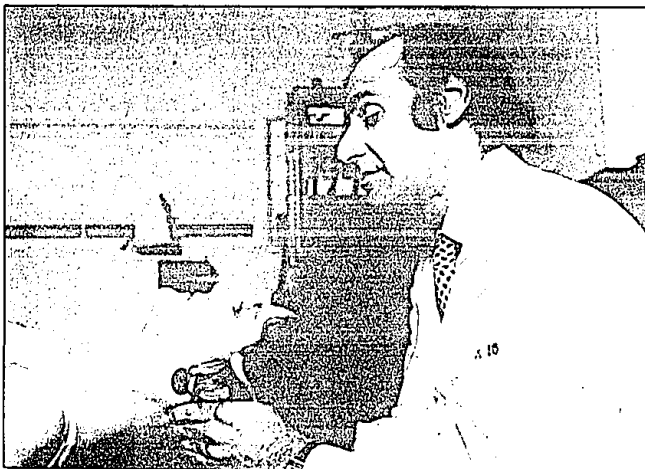
The majority of the nation's 28,000 osteopathic physicians are general practitioners. They are fully licensed physicians, trained to treat every member of today's family during each phase of their lives.

In addition to general practice physicians, many doctors of osteopathy are specialists and surgeons. The specialties include anesthesiology, emergency medicine, internal medicine, neurology, obstetrics/gynecology, pathology, ophthalmology, otolaryngology and maxillofacial plastic surgery, orthopedic surgery, podiatric services, pediatrics, radiology, surgery and general practice.

DOCTORS OF osteopathy stress the unity of all body systems and emphasize the importance of the musculoskeletal system and preventive health care. In medical school, an osteopathic student receives additional training about the anatomy of the musculoskeletal system. He or she also develops skills for recognizing and correcting structural problems through manipulative therapy.

Botsford General Hospital is a 336-bed osteopathic hospital and nationally recognized teaching facility. Botsford is affiliated with the internship program of Michigan State University's College of Osteopathic Medicine, Michigan's only college of osteopathic medicine.

Osteopathic techniques can be used as a diagnostic procedure to detect changes in the soft tissue or



Dr. Mitch Elkis of Botsford General Hospital performs osteopathic manipulative therapy on a patient. OMT is a specialized training osteo-

pathic physicians receive and is used to diagnose patients by evaluating the condition of their musculoskeletal system.

Osteopathic medicine pioneered the concept of wellness 100 years ago. A reduction in personal health risks such as smoking, high blood pressure and high cholesterol levels is emphasized.

structural asymmetries," said Dr. Mitch Elkis, a certified osteopathic neurologist and the director of biomechanical services at Botsford General Hospital and assistant clinical professor, Michigan State University College of Osteopathic Medicine.

ELKIS is a specialist in osteopathic manipulation. "Dysfunction of the musculoskeletal system can mimic other disorders. Therefore, manipulation is a vital component in differential diagnosis."

The body's natural ability to heal itself, vis medicatrix naturae, is a

main principle in osteopathic medicine. Osteopathic medicine pioneered the concept of wellness 100 years ago. A reduction in personal health risks such as smoking, high blood pressure and high cholesterol levels is emphasized. In addition to manipulation and wellness, osteopathic physicians use all traditional diagnostic and therapeutic procedures.

More than 58 million patient visits are made to D.O.s each year. In many communities, D.O.s are the main providers of healthcare.

National Osteopathic Medicine Week is sponsored by the American Osteopathic Association, the American Osteopathic Hospital Association and the Auxiliary to the American Osteopathic Association.

Marcher asks city to OK unity plan

Continued from Page 1

situation. An assembly permit is pending before the city. City Attorney John Donohue will determine if a permit is required.

After the Success family's participation in a silent civil rights march in Washington Aug. 26, Success has kept a low profile in the Farmington community while pondering his march.

"I'M GETTING calls from a lot of people, a lot of Jewish people, and they are weeping over the phone," Success said. "I would hate to see people get hurt."

"They have not indicated any fear of being injured, but I'm concerned for their safety. Maybe on the surface it does not seem important, but these five points (see related story) are significant."

"I BELIEVE Farmington could become a model city — to be prepared for any unrest in the future," he said. "We would be the only city in the United States that would have a program in a preventive manner."

"I also have another idea where I would go alone (without supporters) during the march and have them wait for me at city hall. Maybe I will just have my daughter, Sarah, walk with me. In a way, I'd like to be like other marchers, but I'm not protesting."

"I want this to be a progressive movement."

SUCCESS FEARS that promoting racial harmony eventually could result in someone being hurt or killed.

"It depends on how the city council handles the situation with the Nazi group," he said. "There could be some real violence here and there can be some damage and somebody could get hurt."

Success said he did not know John Reich of the SS Action Group, which vows a peaceful protest although the Communist Party of Michigan brands the group "violent." He said he hasn't notified the NAACP about the Nazis' counter-demonstration.

"THE CITY council and the mayor need to act immediately, otherwise, Farmington could be painted (blood) red by the end of the march," Success said.

"We need to have a rainbow view."



Derwin Success march leader

A four-year resident, Success said he likes "Farmington. We don't need people coming from Dearborn Heights making Farmington worse than what it is. It's not that bad. Somebody can be sitting in the bushes with a rifle, just some jerk, because of this Nazi junk."

"THIS IS really getting dangerous; I don't want anybody to get hurt. I don't want the Nazis to get publicity. I won't stand for the Nazis coming in and messing things up. I would just rather sacrifice one of the five proposals than let them get publicity."

Tupper suggested that Success ask to be put on the agenda for the Sept. 18 city council meeting or speak during the public comment section. A letter sent beforehand would allow the council a chance to review it, Tupper said.

BUT THE city council may not have the authority to grant Success' requests. The city attorney's advice may be required, Tupper said.

"We don't intend to not communicate," the mayor said. "We've never been through this before. We're trying to do this right the first time. We'll review and work with it the best we can."

Although he's considering marching on the sidewalk, Success isn't yet willing to call off marching down Grand River in a procession. Some supporters feel it's impossible for Love Force United, to post the \$1 million in liability insurance required before the city will ask the Michigan Department of Transportation to issue a permit to close the state highway for a parade.

Med ed changes eyed

Health insurance companies dictate length of hospital stays and the availability of tests and procedures. No longer are hospitals places to go to rest and recover from an illness. They are acute care facilities.

No longer searching for highly specialized care, Americans are beginning to look for a more generalized physician, one who can care for an individual and the entire family at all stages of life — from birth to death. And as patients' needs change and hospitals' populations change, so must the programs that train and prepare our nation's physicians.

The Consortium for Osteopathic Graduate Medical Education and Training is looking toward the future and recommending changes in graduate medical education — changes that will meet the health care needs of our population.

COGMET is a statewide organization, consisting of medical education representatives from each of the 12 participating hospitals and the Michigan State University College of Osteopathic Medicine.

Botsford General Hospital is represented by Dr. Vince Powell, director of medical education. Botsford is a 336-bed osteopathic hospital in Farmington Hills and an osteopathic teaching facility.

COGMET's primary goal is to re-evaluate the osteopathic internal medicine residency program in graduate medical education and to

recommend new models that will better prepare osteopathic physicians for the practice of medicine. This may also evolve into similar programs in general surgery and family practice, for example.

"Our goal through COGMET is to improve the quality of osteopathic internal medicine training in Michigan and to enhance the credibility of our training programs by close association with a major university such as the Michigan State University College of Osteopathic Medicine," Powell said. "Our hope is to share common resources that are available among the various hospitals and to bring together program directors from each institution to brainstorm and improve residency training."

Farmington Center lot project is moved up

By Noreen Flack
staff writer

Switching phases 3 and 4 of the \$1.4-million streetscape improvement project will brighten the municipal parking lot near the A&P and leave a more dramatic effect on the central business district, the Downtown Development Authority said Tuesday.

"Each phase has been reworked as we go along," said Wendy Strip Sittsamer, DDA executive director. "As changes happen, we want to take advantage of opportunities or current realities and put the phases in new order."

A grassy strip and trees planted near the A&P parking area off Farmington Road during phase 2 spurred the switch.

"A lot of people commented on the softer appearance with the island," Strip Sittsamer said. "It's ironic that such a small portion of the project could have such a large impact on people."

The DDA reviewed phasing and decided improvements to the Downtown Farmington Center lot should precede continued sidewalk improvements, including pedestrian lights and trees in brick squares along Grand River from Grove to Maryland.

THE PARKING improvements will define traffic patterns throughout the municipal lot, Strip Sittsamer said.

"This way, the community can really witness what is being done," said Jody Soronen, a DDA director. "Anytime you see a little strip of green in a sea of asphalt, it's a lot nicer to the eye."

The phase 3 budget will remain at \$200,000; municipal lot improvements are estimated at \$189,000.

On Tuesday, the DDA authorized Strip Sittsamer to contract with Christopher Wazary & Associates of Birmingham, the DDA planning consultant, for architectural services in the design and construction of phase 3. The cost is not to exceed 9 percent of construction costs. The \$145,000 sidewalk improvements will become phase 4, planned to begin in spring 1991.

"The islands will be angled to break up the constant appearance of asphalt in the lot," Strip Sittsamer said. "I think we are more concerned with the overall impact."

MUNICIPAL LOT improvements will include two trees and a pedestrian light on each of 16 small islands. The fountain area will be redesigned with landscaping and lighting.

"The improvements will bring islands of green rather than a major expansion of uninterrupted asphalt to the area," Strip Sittsamer said.

Phase 5 will include streetscape improvements along Orchard, Slocum and Farmington Roads north of Grand River. The entire five-phase project is targeted to be done by 1993.

The \$640,000 phase 1 included pedestrian lighting, patterned sidewalks, new trees and new curbs on Grand River, between Oakland and School, and on Farmington Road, between Oakland and State. The city lots at city hall and north of Grand River were redesigned, repaved, lighted and landscaped. A lighted crosswalk was added on Grand River. Sidewalks, lighting and landscaping were added along Thomas.

The \$140,000 phase 2 included pedestrian lighting, lamppost painting and tree planting along Farmington Road, from State south to Alta Loma on the west and to Orchard on the east.

Meanwhile, the DDA has bought an outdoor drinking fountain for the new gazebo on the north side of Grand River, a half mile east of Farmington Road. The \$1,850 fountain matches detailing of the pedestrian lights along Grand River.

Other amenities, such as bike racks and trash bins, may be added throughout the streetscape project, Strip Sittsamer said.

THE GAZEBO and adjacent pergola (seating area) — a \$40,000 project funded by businesses, individuals and organizations and spearheaded by downtown businessman Walt Sundquist — was not part of streetscape project but has added to the rejuvenation of downtown Farmington, Strip Sittsamer said.

DDA work is funded by tax increment financing — money generated by capturing the increase in the development district's assessed value from the base year of 1987. A 3-percent tax levy also is assessed to property owners in the DDA district to help administer the project.

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