

## recreation news

Each week, the Farmington Hills Department of Special Services Recreation Division presents a synopsis of upcoming activities. For more information

about programs, call the recreation office, 475-6370. For matters regarding city council agenda items, call Newsline at 476-3838.

## YMCA highlights

These YMCA highlights appear courtesy of the Farmington Hills YMCA, 28100 Farmington Road, Farmington Hills. For information, call 553-4020.

**open house**  
The Farmington Area YMCA will be hosting an Open House for interested individuals and families from 10 a.m. to noon Saturday, Jan. 20. The Open House will include VIP Tours, balloons, refreshments, a chance to win a free adult or family membership and more. Any one who purchases an adult or family membership will receive a beautiful YMCA fashion sweatshirt.

**stop smoking**  
The Farmington Area YMCA's stop smoking and lose weight now classes will be held on Tuesday, Jan. 16. The stop smoking class starts at 7 p.m. followed by the weight loss class at 8:30 p.m. YMCA members and program members are invited to enroll. Call Mary Fletcher at 553-4020 for more information.

**youth fitness**  
Boys and girls (ages 9-15) are eligible to sign up for youth fitness

class. The class consists of a warm-up, aerobic activity, muscle strength and endurance workout, and a relaxing cool-down phase. The class is held from 4-5:15 p.m. Tuesdays and Thursdays. Call the Y at 553-4020 for more information.

**youth sleeperover**  
Youth in first through fifth grades are invited to enroll in our winter youth sleeperover to be held on Saturday and Sunday, Feb. 3 and 4. The event starts at 8 p.m. Saturday night and ends at 8:30 a.m. Sunday. The evening activities include gym, games, arts & crafts and recreational swimming. Pizza will be served. Interested participants must sign up by Feb. 1.

**basketball registration**  
Registration for the Y's youth basketball program for current kindergarten and first graders, will be held from Jan. 20 to Feb. 3. Monday, Jan. 29 is designated for full privilege YMCA members. Non-YMCA members may register starting Jan. 30 according to the school their child attends. Further information regarding the program or your child's registration day is available from Carol McMillan at the Y, 553-4020.

**youth baseball**  
The North Farmington/West Bloomfield Baseball and Softball for Youth will be taking registrations for boys ages 7-18 (as of 7/31/90) and girls ages 8-16 (as of 8/31/90) of Wednesday, Jan. 10, and Tuesday, Jan. 16, from 6:30-9 p.m. in the North Farmington High School cafeteria, 32900 W. 13 Mile Rd. Parents must bring health identification card, any new players must present a birth certificate and parents must register their own child.

**Heritage Park**  
Winter is here and the Department of Special Services announces the opening of the sled hill and ice rinks at Heritage Parks. A new ice rink has been constructed for this season

by the comfort station adjacent to the back parking lot. This rink is designated for ice hockey play. The farm pond near the Spicer House parking lot is to be used for ice skating only. The park is open from dawn to dusk.

**after school**  
Registration for the winter after-school recreation classes is being accepted at the recreation office. The winter schedule will include dance, gymnastics, art and Karate classes. Classes are at Eagle, Wooddale, Gill Woodcock, Larkshire and Forest Elementary Schools and Oakland Community College. Contact the recreation office for specific details.

**cross-country ski race**  
On Sunday, Feb. 11 at 1 p.m. at

Heritage Park, a competitive ski race is open to all novice, intermediate and expert cross-country skiers. Awards will be given to the first three finalists for men, women, boys and girls in each age division. Registration is accepted the day of the race and ends one half hour before the race begins.

**rollerskating lessons**  
Children age 2 to 12 can improve motor skills and coordination as they learn to skate forward, balance on one skate, starting and stopping with introduction to backward skating. Classes are held on Saturdays from Jan. 27 to April 14 at Bonaventure

Skating Center. Fee is \$30 for the program. Divisions are broken down as beginners from 9:30-10:30 a.m., intermediate from 10:30-11:30 a.m. and advanced from 11:30 a.m. to 12:30 p.m. Register at the Recreation office.

**Winter funfest**  
Plan to enjoy winter-time activities at Heritage Park from noon to 4 p.m. Sunday, Feb. 11. This outdoor family event includes a family cross-country ski tour, ice skating, snow figure contest, sledding, snow volleyball and other snow games. Hot refreshments will be available.

His parents felt it was time he had a place of his own. After all, he was 15.



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