

Anglers: Keep eye on records

SERIOUS ICE ANGLERS should keep in mind throughout the winter that the National Freshwater Fishing Hall of Fame and the Michigan Department of Natural Resources have special programs which recognize record fish caught through the ice.

In a program initiated in 1986, the National Freshwater Fishing Hall of Fame recognizes fish for ice records in two categories: fishing with a rod/line (with or without a reel) and the tip-up or tilt method.

"It was always assumed that ice fishing produces larger fish specimens on the average compared to open water summer angling," said Bob Kutz, records secretary of the Fishing Hall of Fame. "The size of catches in ice fishing applications uphold that assumption. Warm water species such as bass and bottom-runners like catfish, bream and carp bite readily when ice covers the lake. Panfish, whitefish, pike, walleye and trout are also very willing winter biters."

The flesh of fish caught in cold water is also much firmer and tastier than that of fish caught in the summer when the water is considerably warmer.

EVEN THOUGH YOUR catch



Bill Parker
outdoors

may not quite be big enough for a world line-class record, the Hall has introduced a new awards program to recognize those almost world-record fish.

The program is designed to honor all trophy fish catches and to recognize such outstanding angling achievements. The anglers' name and catch will be added to the record book and the angler will receive a framed certificate and a patch.

To submit a trophy fish for recognition by the National Freshwater Fishing Hall of Fame an angler must require and fill out an application form and return it to the Hall. The fish must be weighed on an inspected and tested scale which is authorized legal for trade. An inspected and tested scale will usually bear a seal and number, plus the inspectors signature and the date of the latest inspection. These scales are usually found at a grocery store, meat mar-

ket, meat locker or post office. Common spring-type scales, often found in a hardware or department store used to estimate weight for customer convenience, are not reliable for accurate weight.

The Fishing Hall of Fame, located in Hayward, Wisconsin, updates all records every three months and publishes a non-profit 60 page record book annually. The World Records Book lists over 100 species records, by all-tackle (heaviest) and all-line classes as well as all state records. The book is available for \$3 shipping and handling and \$1 postage.

To order the book, or send for a free application to submit an entry to the Hall, call or write to: National Freshwater Fishing Hall of Fame, Box 33, Hall of Fame Drive, Hayward, Wisconsin, 54843.

THE MICHIGAN Department of

Natural Resources awards Master Angler Certificates and patches to those anglers who catch state record fish or one of the top five fish of each species.

To apply for Master Angler certification the angler must fill out an application (available at all DNR district and regional offices), weigh the fish on an inspected and tested scale, obtain the signature of two witnesses of the weight of the fish, submit a picture (close-up, clear, sideview) of the fish with the application. It's best to keep the fish frozen for two weeks after submitting the application in case further identification is needed. Also, if the fish exceeds the current state record the angler must contact a DNR fisheries biologist for positive identification and verification. The fish must be checked by the biologist when fresh or fresh frozen. Mounted fish will not be considered for a record.

For information or an application from the Master Angler Awards program write to: DNR Fisheries Division, Box 30028, Lansing, 48909.

(Bill Parker is happy to answer questions readers have about the outdoors. Send question or comments to: Outdoors, 805 E. Maple, Birmingham 48009.)



exercising options

Myrna Partrich

Anaerobic activity aids endurance, speed

Dear Myrna: I already know the importance of aerobic exercise. What about anaerobic exercise? Is it important also?

Every little bit helps, as they say. Anaerobic simply means "without oxygen." In aerobic activity, you work at a nice, rhythmic pace for at least 20 minutes. It's a less intense workout than anaerobics. Anaerobic activities such as sprinting and weight training increase the strength of specific muscle groups, which builds muscle endurance, speed and agility. While anaerobic exercises do not burn fat or cardiovascular endurance, they play a part in a well-rounded fitness program.

I would make my aerobic activity my first priority, then when in good condition, add anaerobics.

(Myrna Partrich, co-owner of The Workout Company Inc. of Bloomfield Township, is happy to answer any questions readers may have regarding exercise. Please send your letters to: Sports Department, 805 E. Maple, Birmingham 48009.)

outdoors calendar

IMPORTANT DATES AND EVENTS

• Through March 15 — An ice fishing contest in Munuscong Bay, Call (906) 647-9131 for more information.

• Jan. 12-14 — Northern Wildlife Art Expo, featuring 35 of the nation's top wildlife artists, conservation groups and other special events, will be at the Lansing Center, Lansing. Admission is \$5 adults, \$3.50 senior citizens and children under 12 will be admitted free. A portion of the admission price will be donated to the Michigan State University Wildlife Rehabilitation Center. For more information, call (517) 623-6644.

• Jan. 12-21 — An ice fishing derby will be held in Bostwick. Prizes and trophies will be awarded. Call (616) 966-2000 for details.

• Jan. 17-21 — Boat, Sport and Fishing Show at the Pontiac Silverdome. The show features hundreds of boats, hunting and fishing outfitters, exhibits and seminars. Admission is \$5 adults, \$2.50 children age 6-14 and children under five will be admitted free. Advance sale tickets (buy one get one free) are available at Great Scott Supermarkets.

• Jan. 20-22 — 23rd Detroit Camper and RV Show will be at Cobo Center. Admission is \$5 adults, \$2 for children ages 6-14 and children under five will be admitted free.

• Jan. 20-21 and 27-28 — Tip-Up Town U.S.A. Winter Festival at Houghton Lake. Call 1-800-292-9071 for more information.

• Jan. 20 — The Michigan Bear Hunters' Association will hold its annual all-day convention at the Charlton Twp. Hall, in Johannesburg. For more information, call Joe Robinson at (517) 983-4580.

• Jan. 20-21 — White River Steelhead's Perch Festival will be held in Whitehall. Call (616) 893-4585 for details.

• Jan. 21 — An all breed dog show, featuring over 2,000 dogs and hosted by the Pontiac Kennel Club, will be at the Michigan State Fairgrounds.

• Jan. 22 — Fly tying class begins at Birmingham Seaholm High School. Sponsored by the Challenge Chapter of Trout Unlimited, two courses will be offered: one for beginners and one for experienced tyers. The classes begin at 7 p.m. and will meet each Monday for 10 weeks. Class fee is \$25. For more information call the Birmingham Public Schools at 432-8444.

• Jan. 26-Feb. 4 — Ice Fishing Festival in Grayling. Festivities include ice sculptures and a polar bear plunge. Call (517) 348-2921 for details.

• Jan. 28 — A fishing tackle show, hosted by the Huron Valley Chapter of the Michigan Steelheaders, will be at the Southgate Civic Center, 14400 Toledo Road, Southgate. Show hours are 9 a.m. to 5 p.m. and admission is \$1 adults, children under 14 will be admitted free.

• Jan. 31 — Raccoon hunting season ends.

• Jan. 31 — Muskrat, mink and raccoon trapping season ends.

• Feb. 1 — Deadline to apply for a spring wild turkey permit.

• Feb. 1 — Sturgeon spearing season opens on non-trout waters.

• Feb. 1-11 — Mason County Winter Fun Fest will be held in Ludington. Activities include sleigh rides, concerts, a snow sculpture contest and a bowling tournament along with an ice fishing contest, a cross country ski race an antique show and sale and a formal dinner. A highlight of the festival will be a

carom tournament with prizes for all ages. Call 1-800-542-4600 for more information.

• Feb. 2-4 — Perchville U.S.A. will be held in Tawas City. Call 1-800-55-TAWAS for more information.

• Feb. 4 — Special goose hunting season in Southern Michigan Goose Management Area ends.

• Feb. 7 — Four Seasons Fishing Club will hold its monthly meeting at 7:30 p.m. at the Maplewood Center in Garden City. Guest speaker will be Dave Sovinski, who will give a presentation on preparing fish/meat for smoking. Club membership is open to the public. For more information, call Tony Brehler at 477-3816.

• Feb. 11 — The 7th Annual Winterfest and Polar Bear Shoot, including novelty shots, rifle woods walk, prizes, traditional dress and more, will be held 9 a.m. to 2 p.m. at the Detroit Sportsman's Congress, 48800 Dequindre, Utica. For more information, call 739-3501.

• Feb. 28 — Deadline to buy a lifetime hunting, fishing or sportsman license.

OAKLAND COUNTY PARKS

• Lunar Ski, an opportunity for participants to enjoy an evening of cross country skiing while learning the legends of the winter sky, 7 p.m. Friday at Independence Oaks.

Baseball Card Show
Sunday, Jan. 14 10 a.m.-5 p.m.
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SINK OR SWIM?
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Rockettes host annual bonspiel

The Detroit Rockettes, the ladies division of the Detroit Curling Club, will host the 32nd Annual Rockette Bonspiel Jan. 17-18 at the Detroit Curling Club in West Bloomfield.

A dozen out-of-town teams representing curling clubs from Windsor, Chatham, Kingsville, Kitchener, Waltham and Beach Grove, Ontario, and Midland, Mich. will compete against eight teams from the Detroit Curling Club for the Aland Trophy. The defending champion is the Pat Kaspardov team from Kingsville.

The Detroit Curling Club will be represented by teams skipped by Linda Schneider and Linda Handyside (Northville); Lee Davis (Grosse Pointe Park); Kathy Frankowiak and Pat O'Connor (Rochester Hills); Karen Jamieson (Troy); Marlene Christie (Milford); and Barb Richard (Birmingham).

Kay Lorenz of West Bloomfield and Beth Gault of Redford are co-chairmen of this year's Bonspiel, which begins 9 a.m. Jan. 17 and ends approximately 6 p.m. Jan. 18.

The Bonspiel is open to the public both days from 9 a.m. until 6 p.m.

The Detroit Curling Club is located at 5600 Drake Road, between 15 Mile and Drake roads.

For more information, call 661-2890.

FOOTBALL CLINICS

• The 18th Annual Clinic sponsored by the Michigan High School Football Coaches Association will be held Jan. 26-27 at the Grand Rapids Amway Hotel.

Al Molde, head coach at Western Michigan University, will be the featured speaker. James Reynolds, who coached Detroit Martin Luther King to the Class A state finals, also will be a guest speaker.

• The 38th Duffy Daugherty Coach of the year Clinic will be held Feb. 23-24 at the Grand Rapids Amway Hotel.

Area football coaches Al Fracassa (Brother Rice) and Joe D'Angelo (Country Day) will be among the clinic moderators. Among the featured speakers will be Don James from the University of Washington and John Mackovic from the University of Illinois.

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FOR FURTHER INFORMATION CALL
(313) 577-5244 ask for Elaine

Due to the large number of exhibitors, the Merrill-Palmer Institute and The Observer & Eccentric Newspapers do not endorse or recommend any special program

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