

World of computers comes into the kitchen

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"That means people are using Prodigy for weekly and biweekly purchases as opposed to just for parties," Habalewski said.

COLEMAN said deliveries are broken down by geographic areas, but customers can pick up their order at any Great Scott!

Walker said she and her husband use both the pick-up and delivery service.

"When my husband uses it he picks it up. I have it delivered," she said.

Another feature of Prodigy the Walkers use is the recipe database

and bulletin boards. Walker said she used the recipes listed in them every day during the holiday season and still has people asking for copies of the sweet potato recipe she made from Prodigy.

The food club on Prodigy offers 15 different subjects including Mexican, Swedish, low-fat foods and cholesterol-minded recipes. There is also a bulletin board that features several well-known chefs around the world, Walker said.

"YOU CAN CHOOSE the menu for the day," she said. "It tells you what goes best with the meal. I used it almost every day last month."

The basic Prodigy service costs

\$9.95 a month with no per-hour fees, no on-line connection charges and no long-distance rates. All that is required is an IBM PC (or compatible) or an Apple Macintosh with 512K memory. It can be purchased at Great Scott! or most software stores.

But Prodigy is not the only software package aimed at aiding family cooks. Other commercial packages and shareware programs also have been designed.

Shareware programs are software designed by amateur users who allow their work to be distributed without charge, but often request a nominal fee be mailed to them if the user finds the program useful. The fees range from \$5 to \$40 and are voluntary.

Programs offered through shareware companies, which are usually mail-order businesses, range from text recipes to nutritional hints, poison control techniques and interactive recipe books that allow each user's family recipes to be entered.

SOFTWARE EXCITEMENT offers two shareware packages for Macintosh users labeled Food & Nutrition 1 and Food & Nutrition 2. The first package includes a calorie tracker, vitamin information, health quiz and poison control.

The second stack offers a hyper recipe program where you enter the type of food you want and it brings up all the recipes with that ingredient in them, a recipe box, pasta

Italiano, Ron's Hot Fudge, bartender, Wine Man, restaurant guide, and poison treatment information.

Software Excitement sells its programs for between \$5-\$7 for 3 1/2 disks. IBM software is usually priced between \$1-\$3.99. Most shareware companies offer a toll-free number and free catalogs.

Commercial programs are very similar to shareware programs, but they add graphics, and features such as altering ingredients to desired serving size, and suggestions on wine lists.

Egghed Software in Livonia offers "Micro Cookbook" by Combinatrics for Apple and IBM computers. It is an interactive recipe program that will alter serving sizes and al-

low the user to add recipes, and gives a wine list.

IT ALSO SELLS a program put out by PBS based on the "Great Chefs Series."

These programs are about \$49.99. "Dinner at Eight" by StarCor is another commercial software program for IBM's and compatibles that offers a menu by pictures or words.

In addition to offering an extensive selection including foods from Italy, San Francisco, New York, New Orleans and the Orient, it also alters ingredients, suggests wine, prepares a menu and makes a shopping list. All lists and recipes can be printed out when desired.

These are a few recipes from "Dinner at Eight" software.

CRABMEAT IMPERIAL

Serves 12
2 pounds lump crabmeat
2 tablespoons pimiento
1/4 cup egg yolks
1/4 cup Rich Cream Sauce (sauces)
1/4 teaspoon dry mustard
1 1/2 teaspoons salt
1/4 teaspoon cayenne pepper
1 1/2 teaspoon Worcestershire sauce
1/4 teaspoon Tabasco sauce
1 tablespoon dry sherry

Toss crabmeat and pimiento to combine.

Combine lightly beaten egg yolks, rich cream sauce, dry mustard, salt, cayenne, Worcestershire sauce, Tabasco and sherry. Mix thoroughly.

Add to crabmeat mixture. Toss gently to combine thoroughly.

Place 4 ounces of mixture in each shell dish. Cover and refrigerate until needed.

GRILLED MARINATED LAMB LOIN

AND BABY VEGETABLES

Serves 4
2 racks of lamb, 8 bones per rack
3 cups best-quality olive oil
1/2 bunch basil, finely chopped
1/2 bunch tarragon, finely chopped
1/2 bunch rosemary, finely chopped
1/2 bunch thyme, finely chopped
4 carrots
4 turnips
4 zucchini
2 eggplants

Julienne of Truffle

16 small slices of lamb
2 cups lamb juice
6 tablespoons truffle juice

Marinate lamb, (deboned and trimmed) 24 hours. Marinate vegetables 1 hour before cooking. Grill lamb until medium rare or desired preparation. Blanch carrots and turnips.

Martin's special escargot

See Larry Jones' column Taste buds, Page 1.

BILL MARTIN'S ESCARGOT

12 Imported French escargot (search 'em out, it's worth it)

1 bunch parsley

1 bunch watercress

1/4 cup shallots, diced

6 anchovy fillets

1/4 cup blanched almonds

8 cloves garlic (this is not a misprint)

1/2 pound butter (e'mon, use the real stuff)

1 teaspoon salt

1 teaspoon pepper

1/2 ounce Pernod (licorice liqueur), optional

5 drops Tabasco

juice of 1 lemon

Rinse the escargot, pat dry and set aside. In a food processor, combine the parsley, watercress, shallots, anchovies and almonds. Process until finely chopped. Using room temperature butter, stir in stuffing and mix well. Add salt, pepper, Pernod, Tabasco and lemon juice. Mix well.

Place a small amount of mixture in the bottom of the escargot shell. Insert escargot and top with 1 teaspoon of the stuffing mixture. Bake at 450 degrees for 10 minutes. Enjoy.

cooking calendar

The 1990 Livonia Jaycee Celebrity Cookbook is now available.

The book is a collection of more than 80 recipes from celebrities representing the government, media and sports world. It is on sale for \$10 plus tax and postage (\$2.40).

To obtain a copy call Janet Stecher, Jaycee Cookbook Committee chairperson, at 261-6396, or mail a check for \$12.40 to the Jaycees at P.O. Box 3039, Livonia 48151. Net proceeds from the sale of the book will fund a Madonna College scholarship endowment fund.

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