The Observer & Eccentric[®] Newspapers



ered to be the most fertile land. By 1726, the Port of Charleston, S.C. was exporting nearly 4,500 metric tons of rice annually and during the

tions of rice annually and during the next four years rice exports doubled. Fifty years later, after America gained its independence, rice had be-come one of the country's major ag-ricultural businesses. From its scanty beginnings in South Carolina, rice has become a major agricultural product of the

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Americans

have long

loved rice

a state and all

By Irone H. Burchard

Rice, THE STAPLE food for hundreds of millions in Asi-an countries, has been part or the traditional American meal since it was first grown in the United States more than 300 years

United states marked ago. The history of rice in North Amer-ica began with colonization of the new land. During America's colonial period the Carolinas were consid-

special writer

Ethel Simmons editor/591-2300

taste buds 10 chef Larry Janes 🙆

uary 5, 1990

When is price right?

Did you ever stop and wonder why a bottle of apple juice at gro-cerr store "N" sells for 97 cents while the same exact bottle at store "ID" sells for 1.89? Just exactly tow much differ-ence is there in a can of Camp-bell's Chicken Nodel Soup, espe-cially when one store has it 39 erust and when you take a walk around the corner to another gro-etters.

48 čents? I know there are more import-ant questions in this world to be asked, but when you think about how many cans of Campbell's soup pass through cash register scanners nowadays, doesn't it make you wonder? We're not taking pennies here, folks. Do a little comparison shopping and see for yoursell. Or are the major grocery chains es-pecting us to get our soup from store "A," our juices from store "B" and our paper products from store "C"?

PERSONALLY, I LIKE to shap at one local grocery, not neces-sarily for the prices but for the simple fact that Tm always no further than second in line and what's probably more important, to have a cashier personally say, "Thank you," rather than hearing it from a computer.

From what l can garner, fewer than 10 percent of us use grecery coupons when shopping for gro-ceries. It almost makes me want to say. "Na-na-na-na-na," when I observe the person in front of me buying many of the same basic items but the difference is the bottom dollar. With ecupons, I payless.

Fil even go so far as to say the person behind me in line probably has even more coupons, and deep down that person's little volce is echoing the same verse because I only saved 25 cents on my toilet paper while that individual has a 15-cent enumy.

paper while that individual has a 35-cent coupon. So does this mean that coupons are to blame for the 42-cent dif-ference in bottled apple juice be-tween store "A" and store "B"?

Now that I have the old cynical julces flowing, something else has rry curiesity plqued about gro-cery stores. What do they do with all the leftover meat, fish and politry that doesn't soil by the ex-piration date? Do they grind up not 7-bone steaks into hamburg-er? Is it true they repackage the fish and put it in the freezer for some poor unsuspecting doit to come by and pay top doilar for five-day-old frozen fish?

FREQUENTLY I SEE a shop-ping cart full of mushrooms that belong in a petric dish along with black banamas and bruised ap-ples, but when was the last time you saw a rib-eye steak marked down 50 percent?

I think it would be a good idea for the grocery stores to lay off a few of those bluish-gray-haired women who pass out samples of prune danish and liverwurst and incorporate an information booth in the center of the store between dog food and cerents so that folks like you and me can ask these questions.

questions. Nothing unnerves me more than to stop by the manager's booth and have him/hore look down on me from behind a 15-foot wall saying they have no con-trol over the store's pricing poli-tics. Personally, I think all gro-cery store managers are four-foot midgets who hide behind these managerial booster walls, just walting for the moment to get on the loudspeaker and tell some poor 16-year-old bagger to go out in wo feet of snow and bring in more baskaris. more haskarts.

Let Gorbachev worry about Az-erbaijan and let Bush deal with arms reduction. I'll let you know if I get any response from the store managers or food dealers.



aste

"Randy" Chanyawatanakul, owner of Siam Spi-cy in Royal Oak, shows dishes with fried rice in

Thais serve rice

with every meal

Thai style: peapod and shrimp (left) and Siam Spicy fried rice with chili paste.

JIM JAGDFELD/stalf photographe Chef Vincenzo Bassonatti at Cafe Vincenzo in Garden City with risotto primavera and risotto pescatore.



Rice browned a la Mexico By Janice Brunson staff writer

rice, according to restaurant en-trepreneur Maria Shaffran, who dai-ly serves up mouth-watering fare seasoned with her own pungent to-mato sauce. Long-grained rice washed snow white and browned to transparency is the key to superb Mexican-style

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Maria Shaffran trains all the chefs for her family-owned Don Carlos Mexican Research fisotto risotto popular

By Janico Brunson staff writer

When an especially creative mood strikes chef Vince Bassonatti of Gar-den City, he delights unsuppeting patrons of Cafe Vincenzo with a per-fect risotto of rice, topped with plump shrimp, delicate chicken liver of fresh primavera. Risotto not consumed on the spot is fashioned the following day into rich arangino, dumpling-like rice

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The Cooker scene: American regional

Some down-home Southern disbes

Rice in Thailand is comparable in importance to potates in Bolivia or bread in America. It is the mainstay of nearly every meal, served morn-ing, noon and night to balance other foods and fill hungry stomachs. "People in Thailand eat rice or rice noodles, like people here eat bread," said "Randy" Chanyawa-tanakul, owner of Slam Spicy, a res-taurant featuring Thai food that opened in Royal Oak eight months afo

ago. Until then, Chanyawatanakul had been an architect, arriving in the

By Janice Brunson staff writer

Some down-home Southern dishes — as well as a range of regional en-trees from Yankee poi reast to have don steak - arm in in legals. The restnurant, first of a Nash-man and the steak - arm in in legals. The restnurant, first of a Nash-inost anyone - and an atmosphere for which that is true also. It's noisy from conversations bounching off the provide the steak of the steak of the steak of the provide the steak of the steak of the steak of the steak of the provide the steak of the



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THE LIME CHICKEN is one of Cooker's specialites and features a half chicken marinated in lime, gar-lic, while wine and honey before being grilled. The combination of seasonings made for a very delicious dish and the marinade definitely penetrated the meat — instead of just resting on the skin. Though almost all the other chick-en dishes are boneless, this was on the bone but was molst enough to cut off easily. Only fault with this dish was unappedizingly served on the dimense related. THE LIME CHICKEN is one of

The Hawalian steak was cooked as ordered and pleasantly flavored with a teriyaki sauce. The steak came with onlon strings — a version of sulvered. Both entrees were served with a small broccoll-cheses casserole, which was a little mushly for our green beans cooked with hacon. The green beans cooked with haked. A la carte side dishes also include quash, baked potalo and baked cir-name apples. The soups were good, including a wegtable cheses soup hat was at-tic cooked potalo and baked cir-name apples. The soups were good, including a wegtable cheses soup hat was at-tic cooked potalo and baked cir-name apples. The soups were good, including a vegtable cheses soup hat was at-pleted to be the source of the server of cheses. Details:

Details: The Cooker Bar and Grille, Sto3 Seven Mie at 1-275, Livo-nin, 482-3850. Hours: Monday. Thursday 11 a.m. to 10:30 p.m.; Friday-Satur-day, 11 a.m. to 11:30 p.m.; Sunday, noon to 10:30 p.m. Bar stays open one hour later Monday-Saturday. Prices: \$325-\$10:35, with most full meals \$6-0. All entrees avail-able as carryout. Value: Great variety, good cooking and very reasonable price es.



JIM JAGDFELD/staff

Brian Crawlord, waitperson, shows Snickers Ple, a specialty al the Cooker Bar & Grille in Livonia. A chopped Snickers bar is just one of the ingredients.