

Program helps drinkers define use, abuse

Thursday, March 1, 1990 O&E

(D9A)

Continued from Page 5

referred by area courts, including 46 percent from Wayne County and 39 percent from Oakland County where offenders say sentences are harsher.

Over 95 percent of those attending have been men. Men are arrested for impaired driving far more often than women, according to Campbell, and social drinkers out for a night on the town are more likely to be arrested than are first-stage alcoholics.

Many, like Carl and Kevin, are the offspring of alcoholic fathers. During intake, Carl was "astonished" to learn his mother was also likely alcoholic. She died of burst blood vessels in the throat, a condition common to cirrhosis of the liver, according to Coyne.

All participants are blood tested for cirrhosis and, based on previous experience, at least one in this group will test positive, likely someone overweight as a result of drinking.

In addition to alcohol abuse, some abuse other drugs as well, like Campbell, the counselor, who also abused marijuana. Kevin said he uses any drug available to him and Brian said he was once a heavy cocaine user.

"WE'RE SEQUESTERED FOR the weekend and we're gonna talk about problems you've probably never talked about before," Campbell said, adding the program affords opportunity for recovery.

"You don't need to keep getting into the ring and get your ass kicked by mind altering substances," Campbell emphasized.

Coyne defined alcoholism: "If you cannot consistently predict when and how much you are going to drink, that's alcoholism."

Other points include:

- Alcoholism is a primary disease that can be described, is predictable and progressive, is permanent and is fatal if left untreated.
- If unchecked, the disease continues to worsen. If abstinence is followed by a new bout of drinking, old symptoms reappear almost immediately.
- Alcoholism results from a combination of environmental, physical, psychological and social conditions.
- Denial is a human defense mechanism periodically used by everyone. It becomes a negative force when used to excuse the use of mood altering substances.
- Recovery, a process that requires time, means actively choosing a different road.
- Alcoholics tend to judge them-

selves more harshly than others. That leads to low self-esteem and severe loneliness, according to Coyne and Campbell.

During the afternoon of day two, participants shared written personal assessments.

"I'M NOT OPERATING at 100 percent, or anything approaching that. I feel powerless. Denial city," said Carl, who, unlike several in the group, made a concerted effort to participate seriously in all parts of the program.

Kevin said his abuse of alcohol and drugs has doubled recently, enough so that his girlfriend, the

mother of Kevin's infant, refused to attend the portion of the program devoted to family members.

Paul, who blacks out and has had numerous auto accidents he is unable to recall said, "I told myself I'd

never be in this position. But I am." His worst experience, fearing he was the driver sought by police following a fatal hit and run accident involving a child.

Jerry was philosophical. "I drink

for a good feeling, which is a bunch of crap. You feel good if you do something worthwhile, contribute to mankind. It's time for a change."

Lincoln's wish was simple, to never again be arrested for drunk driving "cause I don't want to sit through this again."

Brian, who estimates his third arrest has cost him \$10,000 in attorney and counseling fees and lost wages, quipped, "The best thing I can do is buy myself a horse."

Arnold, recently married and a new father, expressed personal disappointment. "I'm so angry with myself. Thank God I've never hurt anyone."

Rusty, a small business owner who has chalked up three arrests in five years after experiencing anxiety attacks in social settings, has not had a drink in 15 months. "I'm proud of that. I'm looking forward to the day when I'm off probation and can tell my family."

Amal, blaming his two arrests on youthful poor judgment, "intends to do better. I'm working 60 hours a week and have new responsibilities. I'm 100 percent sure I'll never drink and drive again."

The Maple Grove program is offered twice monthly at an individual cost of \$285. For more information, call 626-6073.

Mid~Winter Sale

30% to 70% Storewide Savings

Discover unsurpassed values on the finest names in furniture and accessories for every room in your home.

30% Off All Henredon.
Includes any—and every—special order item including:
LIVING ROOMS,
BEDROOMS,
DINING ROOMS,
ACCENT TABLES,
ENTERTAINMENT CABINETS,
WALL SYSTEMS
AND ARMOIRES.

50% Off Henredon's Scene I.
Select from the complete collection.

30% to 70% Off All Lamps and Accessories.
Famous names like:
STIFFEL,
FREDERICK COOPER,
WATERFORD,
CHAPMAN,
BETH WEISSMAN,
MARBRO,
AND MORE.



40% Off All Hickory Manufacturing
40% Off All White of Mebane.
Bedrooms, dining rooms, accent tables and wall systems. Including special orders.

40% Off All Sherrill remaining "showroom buyout" livingroom samples, purchased direct from their High Point, North Carolina showrooms.

30% Off All Bradington-Young recliners.

Special Value. 50% Off Bradington-Young recliner.
Traditional wing-back style with nail head trim in selected top-grain leather hides.
Reg \$1970.
Now \$985

30% Off All Sherrill livingroom special orders.

30% Off All Hancock & Moore leather upholstery —and— Save Up To 60% Off our remaining inventory of Hancock & Moore leather upholstery showroom buyout items.



Scott Shuytrine

The Furniture Since 1927

Open daily 9-10-11-12 • Open evenings 11-12 Mon. Thurs. & Fri. • Use Ann Personalized Scott Shuytrine Account Visa MasterCard or Discover Card
OPEN SUNDAY 100N-5:30

18050 Mack Avenue
Grosse Pointe Farms
just south of Morris
3046-5200

1110 Telegraph Road
Bloomfield Hills
just south of Long Lake Road
642-0070

12200 Hall Road
Sterling Heights
between Van Dyke & Lakeside Mall
739-5100

Thomasville Gallery Store
19115 Mack Avenue
Grosse Pointe Woods
just north of Morris
381-9190

*Merchandise not available at Thomasville Gallery Store

Church sets forum on Middle East

A public Forum on the Palestinian-Israeli conflict entitled "Is Peace Possible in the Holy Land?" will be held in the Guild Hall at Christ Church Cranbrook at 7:30 p.m. Monday, March 5.

Expert panelists will include the Very Rev. John Peterson, an Episcopal priest who is Dean of St. George's College in Jerusalem; Dr. Nabeel Abraham, a Palestinian American who is instructor of anthropology at Henry Ford Community College; and David Gad-Hari, executive director of the Jewish Community Council of Metropolitan Detroit.

Each panelist will make a 10 minute opening statement, after which the panelists will engage one another in lively discussion and respond to questions from the audience. The panel will be moderated by the Rev. Almus M. Thorp Jr., rector of Christ Church Cranbrook.

Monday's forum is occasioned by the visit of Dean Peterson to the Detroit area to promote St. George's College, a continuing education center for Christian clergy and lay persons to learn about the religious heritage of the Holy Land. The timing of the Forum is favorable, given the several proposals for peace initiatives being considered by Palestinian representatives and the Israeli government.

The March 5 forum is free and open to the public. Christ Church Cranbrook is at the corner of Lane Pine and Cranbrook Roads in Bloomfield Hills. For further information, call 644-5210.

You and your aging parent

Relatives and friends can learn how to help the aging maintain their independence from a series of classes sponsored by the Oakland County Health Division.

Among the topics to be examined are the aging process, using drugs, seeking counseling and housing alternatives.

Classes will be 7-9 p.m. on Tuesdays, March 6, 13, 20 and 27 at the Oakland Health Division's Southfield office, 27725 Greenfield Road.

The charge is \$10 per family. Those interested can preregister or obtain additional information by calling 424-7999.