

## 'Requiem' will be performed

The music of John Rutter's "Requiem" will fill the sanctuary of Nardin Park United Methodist Church beginning at 2:30 p.m. Sunday, March 10, in Farmington Hills.

The 85-voice combined Chancel and Sanctuary Choirs will be joined by harp, oboe, flute, cello, percussion and timpani, all under the direction of Melvin Rookus, minister of music at the church.

Soloists for the concert include vocalists: Alice Avedisian, Lauren Ross and Jeannette Soman and instrumentalists: Suzanna Gippert, Karen Wingert, Kristen Williams, Beverly Natesine, Kelly Miller and David Burgess.

In addition, internationally known

artist Kerstin Allvin will perform on the harp.

As a musical setting of the Mass, "Requiem" is a fitting work to be performed during the Lenten season. Three additional anthems of the choir will be performed by the choir as part of the afternoon's concert. Rounding out the program will be the "Aria" for harp and organ by Grandjany, performed by Allvin and Rookus, a performance that promises to be a highlight of the day.

The public is invited to attend Nardin Park is at 2987 W. 11 Mile Road, west of Middlebelt. There is no admission charge. A reception will follow in the church's Fellowship Hall. Child care is available.



Kerstin Allvin

## Bed-wetting is a symptom

Continued from Page 1

"It's a Band-Aid effect," Moore said.

The physicians said that in certain cases the medication is helpful but not a cure. Only physicians can prescribe medication, Kass said.

"The dose used for people who are depressed is much larger than for bed-wetting," Kass said. "In general, I don't give medication to anybody unless I feel the bed-wetting is having a negative effect on the child."

He noted few side effects. Moore also faults DDAVP, a nasal spray diabetes use which cuts down on urine production. Headaches and stiffness can result.

In normal individuals, if sufficient bladder-pressure develops, the person is able to awaken. Bedwetters cannot do this. Instead, the brain is

notified of bladder pressure and the person tries to awaken but he cannot penetrate the rapid eye movement stage to wakefulness and usually returns to deep sleep when involuntary urination begins, Moore said.

Urethra surgery and stretching exercises are painful and are not always effective, she said.

KASS SAID that bed-wetting is something that doesn't require surgery.

Moore said her program is covered by most medical insurance. She would not reveal how much the center charged specifically, preferring that parents contact her to discuss their individual cases at 480-0888 or 1-800-255-0889.

Moore also shared what she calls common misunderstandings:

• Parents do not have any con-

trol over deep sleep.

• Less than one percent of bed-wetting is caused by a medical problem.

• Bladder size is determined by individual demand and grows mostly at night. Enuresis retards growth by emptying the bladder one or multiple times during the night. The bladder responds by staying underdeveloped.

• A change from every night to another less frequent pattern does not imply outgrowing, just a change in wetting frequency.

• Restricting fluids after dinner or getting the child up during the night will not control enuresis. Both are counterproductive and contribute to further underdevelopment of the urinary system; and perpetuate the habit of emptying the bladder during the night.

## Ellis Island had many names

Ellis Island will be celebrating its centennial in 1992. The island from the early days of the 1600s has undergone many changes not only in name but size.

Growth on land and sea had caused the island to go through

countless name changes: Kiosk, Gull Island, Oyster, Bucking, Gibbet, Anderson and Ellis, from 3.3 acres to 27 acres today.

The Quakerstown Chapter, Daughters of the American Revolution, urges the study of Ellis Island.

## club circuit

**ATTENTION DEFICIT DISORDER ASSOCIATION** meets at 7:30 tonight in Livonia Civic Center Library, Five Mile Road, east of Farmington Road. The meeting is open to all interested persons without charge.

**LARYNGECTOMY SUPPORT GROUP** meets at 7 tonight in St. John Lutheran Church, 23225 Gill Road. Family and friends are welcome. Inquiries taken by Jean Purdy, 476-7855.

**TOASTMASTERS** meet at 6:15 p.m. every Thursday in Farmington Elks Club, 23666 Orchard Lake Road. Inquiries taken by Richard Perry, 684-1169.

**AMERICAN LEGION, Groves-Walker Post 346** and its auxiliary meet at 7:30 tonight in the post home, 31775 Grand River.

**MOTOR CITY 22 PUP TENT AUXILIARY** members will be in Ann Arbor tonight at the Veterans Administration Center to host a party for the 120 veterans in the extended homebound care unit.

At 8 p.m. Friday, March 15, the group will install Alleen Voinis as president. Her vice presidents will be Mac Lippe and Lillian Deniston. Other officers to be installed are Rose Hamilton, Florence Allen, and Irene Rodebaugh. The officers will assume their new positions in June.

**VOYAGERS**, a group for singles 45 years and older, meet at 7:30 p.m. Friday, March 8, in St. Paul Presbyterian Church, 27475 Five Mile Road, Livonia.

Speaker for the evening is Leroy Fontaine of the Astrological Institute who will talk about astrology. The meeting is open to all interested persons.

At noon Saturday, March 16, the group will carpool from the church parking lot to Rochester for a tour of Leader Dogs for the Blind, and then lunch at Bill Knapp's. Reservations and inquiries are taken by Ann Anderson, 591-1550.

**WESTSIDE SINGLES** meet for a dance party at 8 p.m. Friday, March

8, in Roma's of Livonia, Schoolcraft Service Drive west of Inkster. The singles hotline is 562-3160.

**FARMINGTON SINGLE PROFESSIONALS** have scheduled a pizza and movie night, a roller skating party, a tour of Detroit theaters, brunch and a concert by Detroit Symphony Orchestra, an evening of dancing and socializing, a Polish dinner, and a cooking lesson on its March calendar.

The month, as usual, winds up with Single Mingle to introduce newcomers to the activities offered by the club. The event runs from 8 to 10 p.m. Friday, March 29, in The Community Center, Farmington Road north of 10 Mile. Admission is \$5 for newcomers.

To receive a complimentary copy of the singles' newsletter, call 478-9181.

**TRI-COUNTY SINGLES** meet for a dance party at 8 p.m. Saturday, March 9, in Bonnie Brook Country Club, Telegraph Road, south of Eight Mile. Admission is \$4 for men; \$2 for women. The group's hotline number is 842-7422.

**FARMINGTON HISTORICAL SOCIETY** hosts a field trip to the Detroit Historical Museum Sunday, March 10. Members will meet at 1:30 p.m. in the parking lot of Farmington Branch Library, State and Liberty streets to carpool to Detroit.

**DAUGHTERS OF THE AMERICAN REVOLUTION, Three Flags Chapter**, meets for lunch Monday, March 11, in the Beverly Hills home of Elizabeth Smith. Regent Carolyn Hartwig of Farmington Hills will chair the meeting.

Carlos Gallusser of Leader Dogs for the Blind will discuss his organization and its service to the blind. The chapter members will donate money to the organization.

**FARMINGTON JAYCEES** meet at 7:30 p.m. Tuesday, March 12, in Farmington Elks Club, on the east side of Orchard Lake Road, north of Grand River. All general meetings are open to all interested persons.

Membership is open to those between 21-39 years old. Inquiries are taken by calling 477-JCCS.

**FARMINGTON AREA ASSOCIATION OF RETIRED SCHOOL PERSONNEL** meets at 11:30 a.m. Tuesday, March 12, in Room 11, Shawassee School, Shawassee and Turk Road. Members will bring their own brown bag lunch.

Guest speaker will be Dr. Samuel Shih. His topic, "China Today."

**DAUGHTERS OF THE AMERICAN REVOLUTION, Quakerstown Chapter**, meets at noon Tuesday, March 12, in the home of hostess Lucile Fairchild, for a sandwich luncheon and a program called "Where Did You Get That Hat?"

Speaker for the day is Irene Foster who will show and talk about her historic hat collection.

Reservations are taken by Fairchild at 241-9938, or Zelma Dolph, 534-1086.

**SINGLE PLACE** meets at 7:30 p.m. Wednesday, March 13, in First Presbyterian Church of Northville, 200 E. Main Street.

Speaker for the evening is Carl William Wade, a parish and counseling pastor, news columnist, radio host, business man and military security officer. His topic is "Finding the Strengths of Your Own Personality."

Admission is \$3 at the door.

**WOMEN OF NORTH FARMINGTON** will tour the School for Leader Dogs in Rochester, following lunch in Coopers Arms, Thursday, March 21. Cocktails will be served at 11:30 a.m.

Reservations are \$13.50, taken by Beth Rice, 1-363-2737 on or before March 15.

All club news and announcements for this column are to be addressed to: Club Circuit, Farmington Observer, 21898 Farmington Road, Farmington 48336. The information must arrive before noon on the Monday before Thursday publication.

## Health care speakers are available

Health Care and Retirement Corporation has a representative available to speak to area groups and organizations regarding long term care, Medicare and vacation stay.

For more information call Patty Jamison, 455-0510.

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## S.P.R.I.N.G Fashion

To a lot of creative people at The Observer & Eccentric Newspapers, spring means that our fashion section is just about to make its colorful appearance. "Fashion central" has been set up, interviews and pictures are on the drawing board and we're ready to give you the definitive look at Fashion '91.

Filled with colorful pictures and informative features, SPRING FASHION will answer your questions about what's important, interesting and new on the fashion front.

Don't miss this big, beautiful section on Thursday, March 28, 1991.



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