Using up leftovers

AP — What's to do with the holi-day leftover ham? This hearty meal in a pocket makes a satisfying week-night supper or brown-bag lunch.

BROCCOLI-HAM POCKETS

DIOCUULI-HAM POCKETS
One 16-ounce package frozen
chopped broccoli, thawed
2 cups shredded Cheddar cheese (8
ounces)
8 ounces fully cooked ham, diced
(116 one)

8 ounces tuny council (1% cups)
(1% cups)
% teaspoon garlic powder
'4 teaspoon pepper
One 16-ounce frozen white, wheat or
tye bread dough, thawed

rye bread dough, thawed
For filling, squeeze or press out
excess liquid from broecoil. In a medium mixing bowl, combine broecoil,
hecese, ham, garile powder and pepper; set astide.
Divide thawed dough into eight
equal portions. On a lightly floured
surface, roll each portion into an 8by 6-inch rectangle, Spoom about 4x
up of the filling onto half of each
rectangle, leaving ¼-inch space at
edge. Fold remaining dough half
over filling. Seal edges well.
Arrange bundles on a greased bak-

He goes from publishing to winemaking

man become a top Napa Valley vintner?

John Shafer, a native Michiganian, was a 23-year veteran in textbook publishing for Scott, Foresman and Co. in Chicago While doing research in long-range planning for new markets and products, Shafer began to apply his investigative techniques to apport the product of th

IT IS AN old story, but when a grower tastes wine that someone else makes from his grapes, he al-ways thinks he can do it better. In

1978. Shafer produced 1,000 cases of his first caberot sauvignon. Winter and early spring are slow times at a winery. Many winemakers find this a convenient time to get into the marketplace. With production levels approaching 20,000 cases per year, John's son and winemaker Doug Shafer travels the country visting with restaurateurs, retailers and consumers — the people who the state of the sta

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1986 Shafer Vineyards Hilliside Select Cabernet Saavigoon (334) is a gangbuster, give-em-alty-out of the same shadow of the sam

and finish of this wine make it a good complement for food.

The "in" wine, seducing even white wine drinkers, is merlot Stafer Merlot captures the link, vibrant fruit of the varietal. "It's the bottest selling wine for us," afterms Shafer. "It's blended with 14 percent cabernet franc, which enhances the raspherry perfume and gives the wine a great front end. To add a little beef and overall structure it's

focus on wine

Eleanor and Ray Heald

also blended with eight percent ca-bernet sauvignon."

THE 1988 Shafer Vineyards Mer-let (1956) yields blackberry and raspberry finit aromas and flavors in a supple, soft, smooth flavorriol rendition. Pared with a simply pre-pared Cormsh game hen, it makes an elegant presentation. Showcasing the Stags Leap Dis-trict. Shafer produces two distinct styles of cabernet sawingnon. The 1987 Shofer Vineyards Stags Leap District Cabernet Sawingnon (220) criphosorse he region's abundant froit and is a stellar example of the first style. emphasizes are example of the first style. The Stags Leap District offers wines with soft taning," Shafer

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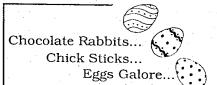
comments "They are approachable early on, but are more masculine than our merlot, with a firmer structure."

Shafer Vineyarde Hillside Select from the Stay, I can District is 100 percent cabeurs convigion and represents the "cold style." I get to play blending with our mer cabernet, says "Rafee. "The Hillside Select is designed as and in your-face, stam-dum' cabe-ine."

chardonnay emphasizes truit.

Arrange bundles on a greased bak-ing sheet. Bake in a 350-degree oven for 30 to 35 minutes or until golden.

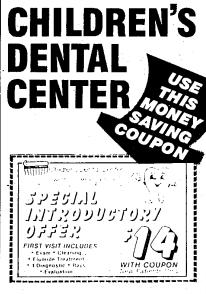




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