



Therapist to work, relax on trip to Eastern Europe

By Susan Buck staff writer

Barbara Layman, a Livonia psychologist, has been invited to represent Michigan on behalf of the American Association of Marriage and Family Therapists.

She will leave April 12 and return April 23. During the 16-day tour, Layman will travel to the Soviet Union, Czechoslovakia and Hungary, spending four days sightseeing, nine days working, and three days traveling.

Layman, who has never married, will meet with other delegates in New York at Kennedy Airport.

THE 28-MEMBER delegation, under the auspices of the People to People Citizen Ambassador Program of Spokane, Wash., will serve as hosts.

Layman, whose credentials read a mile long, has been an ordained minister in The Christian Church. She has since transferred to the Presbyterian Church where she is an ordained elder.

An Indiana native, Layman moved to Farmington Hills in 1976, and was selected to be part of the delegation last October. But she didn't receive final word until mid-February.

"It's the chance of a lifetime to be able to share world experiences," Layman said. "People don't have a lot of rights there. They're running into social problems like we have here. People don't have real rights. Everything is controlled by the government and the military."

The Russians will be drawing upon American solutions to modern problems. "By taking on Western ideals, they've brought about Western conflicts," Layman said. "It will be a learning experience for them."

WHILE IN Moscow, Layman will visit cultural sights such as Gorky Park, the Grand Kremlin Palace, St. Basil Cathedral and will enjoy an evening meal featuring traditional Russian specialties.

The delegation will leave April 17 for Kiev, the capital of the Ukrainian Soviet Socialist Republic which is one of the most important industrial and cultural centers in the Soviet Union.

She will visit Czechoslovakia April 19 and will spend

her birthday, April 22, in Prague. The final portion of the trip will be a three-day stay in Budapest, Hungary.

While in the Soviet Union, Czechoslovakia and Hungary, Layman will be involved in the exchange and training of therapists from various mental health care services.

LAYMAN HAS been in private practice in Livonia since 1980.

She moved to Michigan in 1976 when she graduated from Oklahoma State University with a doctorate in counseling psychology through the College of Education.

While continuing to practice as a clinical psychologist in Livonia, Layman also taught at Lawrence Technological University in Southfield from 1978-86.

Layman commuted back and forth to San Diego for three years until she obtained a second doctorate in 1986. At that time, she received a Ph.D. from the Professional School of Psychological Studies.

This placed her in the unique category of having two doctorate degrees.

Layman has also been a lecturer at Eastern Michigan University since 1987. She is the past president of Michigan Women Psychologists serving as a founding board member and as its third president.

Layman currently serves as Women's Issue Chair on the Michigan Psychological Association Board.

She also is a member of the Livonia Chamber of Commerce, former president of the Old Homestead Homeowners Association of Farmington Hills, American Psychological Association, Michigan Psychological Association, American Association of Marriage and Family Therapists, Michigan Woman Psychologists and was selected as the 1990 The World's Who's Who of Women.

Layman has been asked to speak on various topics like dream interpretation, relationship therapy, how to set up your own business, etc. She has been presented on cable network stations as well as on local radio stations.

Layman plans to take various items with the Michigan logo as gifts to her various hosts in Moscow, Kiev, Prague and Budapest.



Barbara Layman, a Livonia psychologist, will represent Michigan on a trip to the Soviet Union and Europe this month.

Spruced up

The first sunny days of spring are when the paint-up and fix-up chores get accomplished, and so it is at Dimitri's restaurant in downtown Farmington. The eatery gets a fresh coat of paint from employees of David Rollins' Farmington-based company Tuesday. Doug Schafranek of Garden City brushes paint on the woodwork. "I just wanted to refresh my building," said Angelo Anastasiou, owner. "It's good for business."

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