

## cooking calendar

### SUMMERPLACE

The Marketplace at Hudson's is filled with the aromas of the summer season through Saturday, "Summerplace at Marketplace" combines entertainment with instruction and sampling from guest chefs and demonstrators.

Banjo or accordion music is played while customers enjoy local restaurant chefs prepare summertime dishes. The newest Marketplace kitchen equipment is used to create these special menus. Samples and recipes are available to take home.

Calendars, listing each store's scheduled activities, may be picked up at the Marketplace. "Summerplace at Marketplace" is presented at all Hudson's locations except Oakland and Hudson's Glenbrook Square Mall.

### AT JACOBSON'S

Chief Charles Douglas Rachwitz, corporate executive chef for the Chuck Muer restaurants, will appear at Jacobson's Livonia, Birmingham and Rochester stores in mid-May. He will appear from 11:30 a.m. to 1:30 p.m. Thursday, May 16, in Livonia; 11:30 a.m. to 1:30 p.m. Friday, May 17, in Birmingham; and 11:30 a.m. to 1:30 p.m. Thursday, May 23, in Rochester.

A Livonia resident, Rachwitz was the 1990 winner of "The Best of Michigan Meal Competition." He oversees kitchen operations at all Chuck Muer restaurants, including Charles's Crab in Troy.

Rachwitz will have an extensive selection of Michigan-made foods

from which to choose for his food preparation demonstrations in the Kitchen Shop areas of the stores.

Among them are pesto sauce and salad dressing from Stone Soup Kitchen, dried cherries from American Spoon, Muesli Duck mustard, Jamba's sauces and dips, Sanders ice cream toppings, Truchan's maple syrup, Gayle's chocolates and Maple Hills maple sugar and candy.

Michigan Week is May 17-23.

### CULINARY ARTS

Creative French Pastry and Make 'N' Take Advanced Pastry Preparation are two new Culinary Arts courses available this spring through the Continuing Education Services Division at Schoolcraft College in Livonia.

For registration information call 462-4448.

Creative French Pastry will teach basic techniques. The class will be taught by A.N. Bozadiz, a graduate pastry chef of Le Cordon Bleu de Paris Ecole de Cuisine et de Patisserie. Specialty items demonstrated include charlottes, bavaresis, eclairs, tarts and French creams.

In Make 'N' Take Advanced Pastry Preparation, the serious pastry cook will learn advanced methods of pastry preparation designed for use in hotels and restaurants. Chef J. Decker will teach techniques including chocolate tempering and design, use of marzipan and forms of sugar work. Products made by students will be available to take home.

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## Chicken curry has pineapple

This recipe is from an article on pineapple in the May issue of Gourmet magazine.

### CHICKEN CURRY WITH PINEAPPLE

One 3½-pound chicken, cut into serving pieces  
1 onion, chopped  
1 large garlic clove, minced  
1½ teaspoons turmeric  
1½ teaspoons ground coriander  
1½ teaspoons ground cumin  
1½ teaspoons cinnamon  
1½ teaspoons ground ginger  
3 carrots, chopped coarse  
One 14-to-16-ounce can whole tomatoes including the juice  
1 cup chicken broth  
1½ cups chopped fresh pineapple  
Cayenne to taste  
2 tablespoons minced fresh parsley leaves  
Cooked rice as an accompaniment

In a heavy kettle heat the oil over moderately high heat until it is hot but not smoking and in it brown the chicken, patted dry, in batches, transferring it as it is browned to a bowl. Pour off all but 2 tablespoons of the fat and in the remaining fat cook the onion over moderate heat, stirring, until it is golden. Add the garlic, turmeric, coriander, cumin, cinnamon and ginger and cook the mixture, stirring, for 1 minute. Add the carrots, tomatoes with the juice, broth, and chicken including any juices that have accumulated in the bowl and simmer the mixture, uncovered, for 30 minutes, or until the chicken is no longer pink. Transfer the chicken to a plate, boil the sauce until it is thickened slightly and stir in the pineapple, cayenne and salt to taste. Simmer the mixture for 1 minute, stir in the chicken and parsley and serve the curry over the rice. Serves 4-6.

## Pancakes come in so handy

AP - Pancakes stack up to one satisfying low-fat breakfast food. To serve these pancakes on a moment's notice, keep a mix of the dry ingredients on hand. Triple the dry ingredients and store the mix in a plastic bag or covered storage container. When the urge for pancakes hits, just measure 1 cup of the mix and stir in the egg, milk, margarine and cook.

### WHOLE-WHEAT PANCAKES

1/2 cup all-purpose flour  
1/2 cup whole-wheat flour  
2 tablespoons sugar  
2 teaspoons baking powder  
1/4 teaspoon salt  
1 egg  
1/2 cup milk  
2 tablespoons margarine or butter, melted  
Maple syrup

In a medium mixing bowl stir together all-purpose flour, whole-wheat flour, sugar, baking powder and salt.

In another mixing bowl beat egg slightly. Stir in milk and melted margarine or butter, add all at once to flour mixture. Stir until batter is blended but still slightly lumpy.

For each 4-inch pancake, pour about 1/4 cup of the pancake batter onto a hot, lightly greased griddle or heavy skillet. Cook pancakes until golden brown, turning to cook second sides when pancakes have a bubbly surface and slightly dry edges. Serve with maple syrup. Makes about 6 pancakes or 3 servings.

Nutrition information per serving (2 pancakes with 2 tablespoons maple syrup): 401 cal. (25 percent calories from fat), 11 g fat, 96 mg chol., 9 g pro., 68 g carb., 2 g dietary fiber, 523 mg sodium. U.S. RDA: 26 percent calcium, 14 percent iron, 10 percent vit. A, 24 percent thiamine, 17 percent riboflavin, 11 percent niacin.

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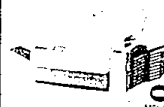


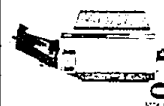

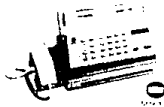
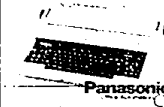


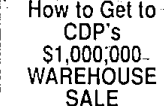

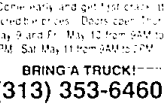

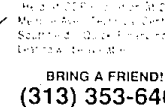

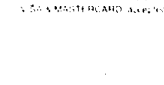

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