## Relax and enjoy experience with local cable 11:30 — Anvets Noon — Horizons 12:30 p.m. — Prescription for your health: nutritionist 1 p.m. — Along the Way 1:30 p.m. — Viewpoint 2 p.m. — My vote counts 2:30 p.m. — Chi-aerobics internal power: lesson 10 3 p.m. — Senior measurer 4 p.m. — Sharery Zedek preductions 5 p.m. — Senior adult current events

Talent on a television show can be defined as the description of the hosts, guests or entertainment throughout the program. The television audience depends on such a person to guide them along throughout the program. Therefore, the tone and momentum many times is determined by the energy and confidence which exudes from them. To belp create this professional demeanor, there are a few tips to remember.

demeanor, there are a few tips to remember.

Talent should relax and enjoy
their experience in the atudio. Community Access programming content most times depends on the expertise of the individual.

With discussions supice of one's
With discussions upice of one's
Talent should be sure to have a
conversation with the director or
producer before the show begins to
ensure that they understand any special instructions.

Once the program begins taping.

Once the program begins taping, directions will be given by the in-studio floor director. Talent should ignore all other activity in the studior control room even if they think they have messed up.

The only time the show is to be

n. Dr. Michael Rogell will be the leain Dr. Michael Hogelt will be the rea-tured speaker at a special discussion meeting entitled "The New Man's Movement" to be held at 7:30 p.m. Tursday, Sept. 17, in Farmington Hillis Branch Library on 12 Mile Road.

Psychologist to speak

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interrupted is when the floor director gives the sign to "cut."

This means that there have been technical difficulties. There are simple hand and arm signals which talent may become familiar with.

Also, talent does not have to look for a camera in a multicamera shoot, as the cameras will follow the action. An open or closing remark or a predetermined point to the audience would have been preplanned and a specific camera selected for the talent to look toward.

The talent is important to the crew, who are also working as a team to accomplish a fine production. The energy of the talent and interest level of the program will encourage the crew to also enjoy their responsibilities.

I would like all to remember that

I would like all to remember that a smile is a glit to those who look at you. It opens the windows to our hearts and encourages everyone to feel hope and vitality.

Rogell's talk will focus upon re-cent work by Robert Bly, especially his book "Iron John" and the Ro-gell holds a doctorate in counseling sychology from the University of Illinois, Champaign-Urbana.

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executive director, Southwestern Oakland Cable Commission

ACCESS PROGRAM SCHEDULE Mooday, Sept. 19.

10 a.m. — Novi Talkin' History: Vic Muscat

11 a.m. — Women on the Move: women's resource center

Noon — Farmington Hills Police towned.

lice Journal

12:30 p.m. — Travels with Kay:

Spain II

8 | p.m. — P.S. Let's Talk About
It: consumer expert

9 | 1:50 p.m. — Life Matters

9 | p.m. — Cosmic Connection:
star scarch II

9 | p.m. — Pioneer women their
lives through song

4 | p.m. — Lansing Connection

4 | 30 p.m. — Famoud people in
poetry alive

1:30 p.iii.
poetry alive
 5:30 p.m. — Groove Session:
Tucker/Freund/Walker/Sims
 6 p.m. — As time goes by
 7 p.m. — Jr. Japanese: lesson

• 7:30 p.m. — Chi-aerobice Inter-nal power: lesson 10

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Ann Arbor Civic Theatre MainStage Productions

PRESENTS..

8 p.m. — Prescription for your th: nutritionist

health: nutritionist

• 8:30 p.m. — Cosmic Connection: hypnosis

• 9:30 p.m. — Farmington Hills residential sprinkler program.

Tuesday, Sept. 17

10 a.m. — Senior Adult ex-

ercise

• 11 a.m. — Valley of Decision

• 10 a.m. — Women on the Move

• 1 p.m. — Women on the Move

• 1 p.m. — Women on the Move

• 2 p.m. — Family Health Series:

• 2019 p.m. — Home Computer

Network: windows:

• 3 p.m. — Tri-city update

• 4 p.m. — Shikandara:

• 4:30 p.m. — Abundant ille Arabite milatire:

4:30 p.m. — Abunaam the Arabic milistries
 5 p.m. — Shores of your Mind: handwriting analysis
 6 p.m. — Seniors on the Move. ballroom dancing
 7:30 p.m. — Trumpet of Praise
 8 p.m. — Head you win: makeo

• 9 p.m. — Farmington Community Center: dancin' feet.

ity Center: dancin' feet.

Wednesday, Sept. 18

10 a.m. — Oakland County
arks: salute to Cole Porter

10:30 a.m. — Capitol Report

11:30 a.m. — Madonna Magazine

11:30 a.m. — Jewish Television

## LOOK US OVER

1\$2 OFF per family per visiting per visiting per visiting per visiting per 9/20

Saturday matinee at 2 p.m.

*I*ACT

Magazine
Noon — Trumpet of praise:
conforming to God's image
1 p.m. — As Time Goes By
2 p.m. — Farmington Focus
2:30 p.m. — Along the Way
Photo Essay
3 p.m. — Crisis in the Modern
Family; going back to school
4 p.m. — Cosmic Connection:
hypnosis

5 p.m. — Heads You Win: mak-

• 5 p.m. — Heads You Win: maxcover 5 p.m. — Tri-Cityi Update
• 7 p.m. — Home computer network: windows
• 7:30 p.m. — Farmington Hills
Police Journal
• 8 p.m. — My Vote Counts
• 8:30 p.m. — P.S. Let's talk
about it: consumer expert
• 9 p.m. — Groove Session: Tuckcryfreund WalterySims
• 8:30 p.m. — Travels with Kay:
Spain II.

Thursday, Sept. 19

• 10 a.m. — Senior Adult ex-• 11 a.m. — Seniors on the Move: ballroom dancing

**Pet Contest** 

For details call

GOLDENBERG

**Photography** 

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SPARKS CONSTRUCTION

HOUSE RAISING BASEMENTS

vents

• 6 p.m. — Novi Chamber of ommerce: our town

• 6:30 p.m. — Horizons

• 7 p.m. — Jr. Japanese: lesson

• 7:30 p.m. — Vlewpoint
• 8 p.m. — Farmington Focus
• 8:30 p.m. — Crists in the Modern Family: going back to school
• 9:30 p.m. — Lansing Connection.
Friday, Sept 20

Friday, Sept 20 Request your favorite community access program to be cablecast or Friday between 3 p.m. and 9 p.m. Call MetroVision at 553-7303.

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