

Council dines White House style

Friday the 13th — what a lucky day for me! Little did I know that I was going to embark on the most impressive lunch of my career. Friday morning at our President's Council meeting, Arnold Schwarzenegger announced to the 12 council members present that we would have an intimate lunch with the President and Mrs. Bush at the White House.

At noon we entered the east wing of the White House leading to the Roosevelt Dining Room. The focal point of the beautiful, stately room was a long wood table dressed in white linens, with deep blue and gold rimmed presidential china, understated crystal and flatware, and three lovely flower arrangements of yellow and red.

As I glanced at the table I noticed the place cards. President and Mrs. Bush would be seated across from one another at the center and I would be seated next to Mrs. Bush and across from Arnold, kitty-corner to President Bush.

Our intimate lunch started informally. Shooting the breeze — we called it.

Twenty minutes later an aide to the president leaned over and asked, "Mr. President, can I let them in now?" With that, a swarm of media with large cameras and huge microphones on short stems hovered over the president — a long news conference commencing the President's Council on Physical Fitness and Sports.

Back to lunch. At this point the president cheerfully asked, "Well, what have all you council members been accomplishing lately? Let's make this a working lunch." With that, Andrew Card, deputy chief of staff, pulled out his trusty pen and paper.

We started by discussing the council's mission and goals. Schwarzenegger talked about our present priority to concentrate on youth fitness. Schwarzenegger is in the midst of a 50-state tour to help improve youth fitness through the return to quality daily physical education classes.

"We must get the parents involved and develop innovative community programs," Schwarzenegger said. Schwarzenegger, along with the President's Council, has already visited 26



exercising options
Myrna Partrich

states. Michigan will be No. 27 as Schwarzenegger will be in Detroit Nov. 12.

At each state visit with the governor, state legislators, educators, fitness leaders, parents and others to establish a strategy to help reverse the downward trend in youth fitness.

President Bush expressed his concern with drug problems and how exercise will help the situation by giving children higher self-esteem. We must get the parents involved in the exercise to the youth. We all agreed motivation is the bottom line.

President Bush offered to help in any way he could to get our youth physically fit. "Our children are this country's greatest asset — they are our future," the president said.

As we continued on to other subjects of fitness, we discussed our next priority — senior fitness. Since this age group is the fastest growing population in the United States, Dr. Cory Sen Vass, a fellow member of the President's Council, talked about his new project called "Grand Time Striders," developed by T. George Harris, editor in chief of the Children's Better Health Institute.

The concept is for older adults and children to team up to accumulate walking miles in order to win an award. The two team members can adopt each other through this program.

The President's Council will also plan state tours next year to develop other programs similar to Dr. Sen Vass for older adults.

We talked about Health People 2000, a National Health Promotion and Disease Prevention Objective produced by the United States Depart-

ment of Health and Human Services. This publication contains a national strategy for significantly improving the health of our country in the future. It deals with the prevention of major chronic illnesses, injuries and infectious diseases.

Arnold then introduced our new executive director of the President's Council, Capt. John Butterfield. Butterfield is a 30-year Navy veteran who has been a consultant/executive director in developing major health and fitness projects. Butterfield and I were teammates in the recent Nike Capital Challenge Run. It was a piece of cake for Butterfield, who is a true marathon runner.

Being the grand lady she is, Mrs. Bush took great interest in every word said. I believe she truly cares about our council. Within the first two minutes of our conversation, she informed me of her daily exercise routine. What a lady! We had such an enthusiastic talk — she is so full of life.

President Bush, as always, I find to be dynamic, charismatic and, most of all, caring. The fact that he remembered me from previous meetings astounded me.

We are fortunate to have Arnold Schwarzenegger as chairman of the President's Council — he is an involved and dedicated leader. He has already embarked on the most ambitious agenda in the council's 35-year history.

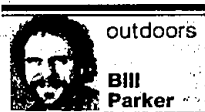
Having a lengthy direct dialogue with President and Mrs. Bush was an experience of a lifetime. I certainly watched my manners while I ate that lunch.

Mrs. Bush noticed that I didn't belong to the "clean plate club."

(Myrna Partrich, co-owner of The Work-out Company Inc. of Bloomfield Township and a member of the President's Council of Physical Fitness, is happy to answer questions readers may have regarding exercise. Please send questions to: Sports Department, 805 E. Maple, Birmingham 48009.)

Rabbit, squirrel outlook favorable

(Editors note: Bill Parker is looking for hunters or groups of hunters who will be participating in the Oct. 6-10 primitive deer hunt on North Manitow Island. Area hunters participating in the special hunt are asked to call Parker at the Eccentric at 644-1100, Ext. 241.)



outdoors
Bill Parker

vesting 1,063,000 squirrels, one of the highest harvests on record.

HOT, HUMID TEMPERATURES kept many small game hunters in the air conditioned comforts of their homes Sunday on the opening day of the 1991 Michigan small game season.

Muggy temperatures reached well into the 90s throughout the state Sunday making it impractical to hunt or take a dog into the field for any extended periods.

In southeastern Michigan the outlook is bright for rabbit and squirrel hunters as both species remain fair game throughout the end of the year.

Mild winters in the area through out the past several years has led to excellent brood survival.

"We're looking at good squirrel and rabbit populations throughout the region. The (numbers) probably won't be significantly different than in the past few years," said Tim Payne, wildlife biologist with the Department of Natural Resources district office in Livonia.

RABBIT HUNTERS reported harvesting more than 1 million cottontails last year. That number is up significantly from the harvest of 870,000 taken in 1985.

The DNR estimates that the statewide population of cottontails is near a 10-year high.

Most rabbit hunters will wait until the first snowfall to begin hunting with dogs but can expect to find good numbers of rabbits when they get out.

The Holly, Ortonville and Bald Mountain (Lake Orion) recreation areas are traditionally good spots for rabbit and squirrel hunters.

The DNR's Public Access Program also provides thousands of acres of private land that is leased annually for use by hunters. Check with the Livonia DNR district headquarters or any of the DNR field offices for free pamphlets that list all the public access lands.

Most crops are rated as good to excellent throughout the Lower Peninsula which will provide good opportunities for squirrel hunters.

Last year, hunters reported har-

COOMES WINS QUALIFIER

Neil Coomes, of Bloomfield Hills, won the recent Red Man Michigan Division qualifier on the Detroit River.

Fishing Kallin grubs off breaks into channels, Coomes landed a five-fish limit that tipped the scale at 13 pounds, 8 ounces. He won \$1,857 for topping the field of 91 anglers.

Livonia's Ed Dietrich placed fourth in the competition with a five bass limit that weighed 11 pounds, 2 ounces. Dietrich fished Bomber Model A lures in Lake St. Clair. He earned \$371 for his success.

District DNR fisheries biologist Ron Spitzer, of Lake Orion, won big bass honors for a 4-pound, 3-ounceunker. He fished spinners in shallow weeds in the Detroit River and received \$1,000, a Browning/Lew's reel and a one week vacation.

DNR DIRECTOR NAMED

Roland "Rollie" Harnes Jr. of Okemos was recently named Director of the Michigan DNR by the state's Natural Resource Commission. Harnes, chief of the DNR's Real Estate Division since 1980, began his new duties on Sept. 16.

"I'm excited about this opportunity to continue to improve the quality of life in Michigan, and I welcome input from the public," Harnes said. "Working together will ensure that Michigan remains a leader in its natural resources and environmental programs."

Harnes joined the DNR in 1965 after leaving the South Dakota Department of Game, Fish and Parks. He holds a bachelor's degree in forestry from Michigan Technological University.

(Hunters and anglers are urged to report their success. Questions and comments are also encouraged. Send information to: Outdoors, 805 E. Maple, Birmingham, MI 48009 or call Bill Parker at 644-1100, Ext. 241.)

outdoors calendar

IMPORTANT DATES AND EVENTS

- Sept. 11-29 — Boat Show U.S.A., featuring over 1,500 boats including new 1992 models, begins at noon daily at Metro Beach Metropark near ML Clemens.
- Sept. 22 — Royal Oak Archers will have a broadhead shoot beginning at 8 a.m. on its walk-through range in Lake Orion. Call 693-9779 or 693-1549 for more information.
- Sept. 21 — Deadline for antlerless deer hunting permit applications.
- Sept. 24 — The Buffalo Grove Society will hold its annual Sportsman's Banquet, beginning at 5 p.m. at the Royal House, 9310 E. 13 Mile, Plymouth. Tickets \$10.00. There will be an auction and a reception, a prime beef dinner and a Las Vegas-style 100-yard race. For ticket information, contact Douglas Topol at 181 S. Woodward, Ste. 100, Bloomfield Hills, MI 48304 or call 332-4111.
- Sept. 21 — National Hunting and Fishing Day.
- Sept. 23 — Western Wayne County Conservation Association will hold a broadhead shoot beginning at 10 a.m. on its walk-through range in Plymouth Twp. Call 653-9443 or 653-6871 for more information.
- Sept. 23 — Royal Oak Archers will hold a broadhead shoot on its walk-through range in Lake Orion. Call 693-9779 or 693-1549 for more information.
- Sept. 30 — Fishing ends on designated trout streams and lakes. (Check the 1991 Michigan Fishing Guide for streams with extended seasons.)
- Oct. 1 — Archery deer season opens statewide.
- Oct. 1 — Raccoon season opens statewide.
- Oct. 2 — Monthly meeting of the family-oriented Four Seasons Fishing Club will be held

METROPARKS

Friday Night Game: An opportunity for families to help paddle the 35-foot Voyager Canoe, begins at 7 p.m. Friday at Stony Creek. There is a \$2.50 charge per person.

Fall Festival, a weekend of events including traditional homesteading and nature craft demonstrations. From the Crown, nature programs, horse-drawn hayrides, and more, begins at 11 a.m. on both Saturday and Sunday.

Leaf Print T-shirt, an opportunity to learn about fall's other display and to make a leaf print T-shirt, begins at 11 a.m. Saturday at Indian Springs. There is a \$1 fee per person.

Woodland Wanderer, a nature walk through the maple forest, begins at 1 p.m. Sunday at Indian Springs.

Fall Woods Walk, an evening nature hike, begins at 7 p.m. Monday at Stony Creek.

Most Metropark programs are free of charge while some have a nominal fee. Advanced registration and an annual motor vehicle permit are required. Call the Metroparks at 1-800-421-2400 for more information.

OAKLAND COUNTY PARKS

Harvest Moon, a nature program including a campfire and stories under the light of a full moon, begins at 7 p.m. Friday at Independence Oaks.

The Fallston Solution, a program in which Doug Sherr uses music and magic to help audiences learn more about pollution, begins at 6 p.m. Saturday at Independence Oaks.

Canoe and Colors, a naturalist-led color by canoe around Crooked Lake, begins at 3 p.m. Saturday, Sept. 28, at Independence Oaks. Participants may bring their own canoe or rent one from the park.

Oakland County Parks programs require advanced registration and some have a nominal fee. Call the Independence Oaks Nature Center at 623-6473 to register or for more information.

Baseball Card Show

Domino's Farms
Detroit Tigers Museum
Sunday, September 22
Show Hours: 10:00 AM - 5:00 PM
Autographs \$1.00 PM - 3:00 PM
Featuring: Denny McLain
Autographs \$3.00 - Admission \$1.50
Coming Attractions:
October 12: Milt Cuyler
October 26: Yogi & Dale Berra
Door Prizes • Information: 313-993-4258
US-23 to Ann Arbor Exit 41 East
Plymouth Road to Eastland
North to The Farms
Play Tigers Trivia for Tigers Ticket Drawing • No cash No obligation

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NEWSPAPERS

HIGH SCHOOL FOOTBALL

RIVER ROUGE vs. OAK PARK
SUN., SEPT. 22/7:30 P.M.
WED., SEPT. 24/8:00 P.M.

GAME OF THE WEEK

10/10
Celebrating 10 years of
presenting local sports to
our community

North American Wildfowl Carving Championship

NOVI HILTON
Novi, Michigan — 1-275 and 8 Mile Rd

SHOW SCHEDULE

Friday — Painting Contest — 6-9 p.m.
Saturday — Decoy Judging — 8 a.m. - 9 p.m.
Sunday — Final Judging — 9 a.m. - 4 p.m.
Live Auction — 12 noon

CONTESTS

- Floating Decoyative Decoys
- Standing Decoyative Decoys
- Service & Shore Bird Decoys
- Fish Decoys
- Maritime Decoys
- Decoy Painting

Additional Information: Neal Stoneback
12620 Southfield, Detroit, MI 48223 • Phone: 313-334-1660 (daytime)

COIN, STAMP COMIC BOOK and SPORTSCARD SHOW

THIS WEEKEND

Fri. 9/20 Sat. 9/21 Sun. 9/22

LIVONIA MALL

7 Mile at Middlebelt

SPORTS STARS APPEARING

Sat. 1-4 Detroit Hockey Star Gordie Howe and son Marty Howe
Sun. 1-3 Detroit Hockey Star Ted Lindsay

COMING SHOWS

October 11-12-13: Wonderland Mall, Livonia
October 18-19-20: Winchester Mall, Rochester
October 25-26-27: Birchwood Mall, Port Huron

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