

Career oriented group scores big for singular fun



Mark Schumaker of Troy pumps one up and over the net during the game.

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sionals started out 5 1/2 years ago as a place for singles to share common interests. The outfit is sponsored by The Community Center, but is supported by \$25 a year membership dues as well as admission to their monthly dances.

People keep joining. The group's monthly newsletter is up to 1,500 copies and although a core of the members are from the western suburbs, Farmington Single Professionals draw from as far away as Fowlerville, Mount Clemens and Windsor, Ont., for activities.

Obviously, the group offers an alternative to the clichéd singles bar scene. But the success of the group may be attributed to an emphasis on success, and perhaps members need a little recess.

"We have some people who work 50, 60 and 70 hours a week," Hurlbert said. "They say it's nice there is a group where they have activities."

"A lot of them have been trying to get ahead and they haven't gotten out to socialize."

For information on the Farmington Single Professionals, call 478-9181.



PHOTO BY BILL HANSEN

Casey Leigh Biermacher dives to hit the ball ahead of teammate Joe Bielaska during a wallball game, sponsored by the Farmington Professional Singles.

Symposium surveys menopause remedy

Menopause. It's an inevitable phase of a woman's life and there are plenty of myths and remedies about how to deal with it.

St. Mary Hospital will explain one of the treatment's for menopause — estrogen replacement therapy — at a menopause symposium, scheduled for 7 p.m. Wednesday, Dec. 4.

Sponsored by Wyeth/Ayerst Laboratories Inc. and the Marian Women's Center of the hospital, the symposium will be led by Dr. Rudl Ansbacher, assistant chief of obstet-

rics and gynecology of the University of Michigan Medical School.

Ansbacher, a nationally renowned speaker on women's health matters, will speak on the benefits of estrogen replacement therapy for menopause symptoms and how estrogen aids in the prevention of coronary artery disease and osteoporosis.

The symposium is free of charge, however, reservations must be made by Monday, Nov. 25, by calling 591-3314. The symposium will be in the auditorium of the hospital, Levan and Five Mile roads, Livonia.

Top cook shares tips

Judy Antishin, teacher, gourmet cook and caterer, will teach two classes of cooking demonstration, "Bibbles for the Holidays," at 7 p.m. Dec. 4 and 11 in the Art Center in the Burgh Site.

Cost for both classes is \$25; one class is \$15. Register at the Southfield Civic Center, Department of Parks and Recreation. The Art Center is at 26980 Berg Road. For more information at 354-9528.

Some of the treats Antishin's students will learn about are: Burgundy meatballs and seafood medley pasta. She has taught cooking since 1976 and has been on television with her own cooking show.

Since she has a strong following for her classes, she rarely teaches the same foods twice. Registration is limited for this class, so call early.

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