Career oriented group scores big for singular fun



Mark Schumaker of Troy pumps one up and over the net during the game.

Symposium surveys menopause remedy

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Menopause. It's an inevitable phase of a woman's life and there are plenty of myths and remedies about how to deal with it.

St. Mary Hospital will explain one for the treatment's for menopause - estrogen replacement therapy - at a menopause symposium, scheduled for 7 p.m. Wednesday, Dec. 4.

Spoonsored by Wyeth/Ayerst Lab-oratories Inc. and the Marian Wom-

ries and gynecology of the University of Michigan Medical School.

Ansbacher, a nationally renowned speaker on women's health matters, will speak on the benefits of estrogen replacement therapy for menopause symptoms and how estrogen aids in the prevention of economy artery disease and osteoporosis.

The symposium is free of charge, however, reservations must be made by Monday, Nov. 25, by calling 591-3314. The symposium will be in the auditorium of the hospital, Levan and Five Mile roads, Livonia.

sionals started out 5½ years ago as a place for singles to share common interests. The outfit is sponsored by The Community Center, but is sup-ported by \$25 a year membership dues as well admission to their monthly dances.

People keep joining. The group's monthly newsletter is up to 1,500 copies and although a core of the members are from the western sub-ups, Farmington Single Professionals draw from as far away as Fowlerville, Mount Clemens and Windsor, Ont., for activities.

Ohviously, the group offers an al-ternative to the cliched singles bar scene. But the success of the group may be attributed to an emphasis on success, and perhaps members need a little recess.

"We have some people who work 50, 60 and 70 hours a week," Hurl-bert said. "They say it's nice there is a group where they have activities.

"A lot of them have been trying to get ahead and they haven't gotten out to socialize."

For information on the Farm-ington Single Professionals, call 478-9181.



Leigh Blermacher dives to hit the ball lyball game, sponsored by the Farmington Pro-of teammate Joe Bielaska during a wal-fessional Singles.

Top cook shares tips

Judy Antishin, teacher, gourmet cook and caterer, will teach two classes of cooking demonstration, "Nibbles for the Holidays," at 7 p.m. Dec. 4 and 11 in the Art Center in the Burgh Site.

Cost for both classes is \$25, one class is \$15. Register at the Southfield Clvic Center, Department of Parks and Recreation. The Art Center is at 28080 Berg Road. For morinormation at 354-9528.

Some of the treats Antishin's students will tearn about are: Burgundy meatballs, amd seafood medley pastance of the same foods with the cooking since 1976 and has been on television with her own cooking slow.

Since she has target fooling incelligation of the same foods twice.

Registration is limited for this class, so call early.



Country Victorian

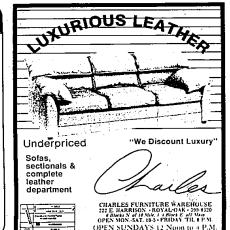
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