Birmingham grad finds dream job at Stars

staff writer

When she was little, liellyee when she was little, lielly executed reversely executed to the kitchen," said her mother 40. And while she didn't plan it, this liminingham Senaturi High School graduate was staff to the staff of the staff of

SHE USED to be messy, said her mother. Not anymore, you can't be when you're working in a pastry kitchen that serves nine different desserts a night to an average of 300

customers.

One of the things Hollyce brought home was a copy of the newly published "Stars Desserts" conkbow Written by pastry chef. Emily Luchetti, the hardcover book published by Harper Collins, \$77:50, features full-color photographs of the 54 recipes in the book. It is available at area bookstores.

A lot of the desserts photographed in the book were made by Luchetti's assistant — Hollyee. Some of her re-cipes like Hollyee's oatmeal scones, Hollyee's sin pot, sour cherry mul-fins, and ginger cookies are in the

"I visited San Francisco and fell in love with the city," said Snyder, who moved to Los Angeles after graduat-

ing from college. "I went back with \$75 in my pocket, and a place to hang my hat. I worked for a political research firm until a reommate who worked at Siars told me the pastry chef was looking for an assistant. I applied, got the job, and was scared to death."

to death."

At Stars, special attention is paid to how a dessert is "plated" for the customer. The first 10 months of follycos pastry career were spent plating desserts to serve customers. Since the restaurant also makes soufflest to order, extra care is taken on dessert presentation.

SNYDER ALSO worked in the kitchen a few days a week baking and decorating cakes.

Four years ago Luchetti Joined the staff. "Emily bas always wanted to write a cookbook," sald Snyder. "She spent two years compiling and testing recipes. While she worked on the book, I made sure the pastry department stayed together."

The book is written to appeal to a wide range of cooks, from people who like to bake to those who have never baked before. Instructions are clear and concise. "Photographs emplastice the food and give people an idea of what the dessert should look like," said Shyder.

One of the recipes, a "somewhat unattractive, but delicious fruit compote." called "Hollyce's sin pol," is a variation of her mother's recipe. "We always had a jar of if sitting was read the recipe through once or twice. Pay attention to what the recipe says. Measure accurately linaccurate measurements can cause disaster.

Inaccurate measurement disaster.
"Stars is quite a place. I can't be-lieve I get pald to bake cookies and decorate cakes. It's a dream Job." Here's a recipe from the book.

SOUR CHERRY MUFFINS Yield 12 muffins

6 ounces (1 % sticks) sweet butter I cup firmly packed light brown sug-

ar 3 large eggs 215 tablespoons milk 13 teaspoons milk 13 teaspoons vanilla extract 2 cups flow 15 teaspoons baking powder 3, teaspoon salt 32 teaspoon baking soda

Preheat the oven to 350 degrees. Paperline the mulfin tins or, butter them. Cover the sour cherries with hot water and soak them for 15 minutes. Drain the cherries and set them

Put the butter and brown sugar in the bowl of an electric mixer. Using the paddle attachment, beat on me-dium speed until light and fluffy. Continue mixing and add the eggs, with and usually extract. Fold in the milk, and vanilla extract. Fold in the dry ingredients and the reserved cherries. Spoon the batter into the



STEVE CANTRELL/slaff p

Hollyce Snyder, a graduate Birmingham Scaholm Hi School prepared muffin tins. Bake the muf-fins for 30 minutes, until a skewer inserted in the middle comes out clean. Let the muffins sit for 5 min-

Lawyer sets precedent with books on wine

focus on wine

Eleanor and Ray Heald

Success hasn't spoiled Robert M. Parker, Jr. He is the most read wine writer in America. Even with the rigors of European travel, daily tastings and publishing a wine remains enhantant to the remains enhantante, upbeat and compared to the remains enhantante, upbeat and compared to the remains enhantante of the remains enhantante of the remains enhantante of the remains enhantante of the remains a tasting of 1898 Bordeaux sponsored by the Cloverheaf Market of Southfield at Detroit's Rattlesnake Club.
"I am a product of the Ralph Nader generation and I never tire of the chase," Parker sald, He states emphatically that wine is pleasure and meant to be enjoyed. "It it isn't, you're drinking the wrong wine."

UNTIL 1984, Parker practiced corporate law in Monkton, Maryland. He followed the love of his filt to Europe, married her and fell in love with French wine. By 1971 and the following newsite the bostomichton of the filter of the Wine Advocate."

"Actually, I wanted to use the French word, quoent," Parker said, which translates as lawyer or barrister. At first, I sent my newsletter free to my frends and anyone who was interested. When I retired from law, I made wine my full-time occupation. I am proud that I remain an independent critic, paying my own, way on all European trips and paying out of my own pocket for 75 percent of the wine I critique."

"The Wine Advocate," with a circulation over 28,000 (including 4,700 foreign subscribers), is completely subscriber-driven. It is remarkable that Parker has been able to survive publishing an independent newsletter without one shred of adverticing reasons. vertising revenue.
It is evident by the twinkle in his

eye and the pride in his voice that Parker is pleased that he is not a part of the wine trade, as are the British Masters of Wine, who have set wine opinion for the last 100 years. He is also happy that he, as an American (not British) has become one of the world's foremost wine critics.

Betty Crocker tip of the week: The pomegranate is an unsual fruit that's actually hundreds of pea-sized, juley pods. It looks beautiful stirred into fruit compote with apples, dates and oranges. Garnish roast beef or pork with the bright red seeds.

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PARKER, A prollific author of wine books, has written six books in as many years. His first book on Bordeaux, published by Simon and Schuster in 1985, was recently updated to include 2,700 tastling notes on the wines of 677 chateaux from the 1961 through 1990 vintages.

"I learned about the wines of Bur-gundy and the Rhone Valley first, but I established my credentials more easily by writing about Bor-deaux," he said.

Parker has also published books un the wines of Burgundy, the Rhone and Provence, and a consumer buy-ing guide that is the most popular of the lot:

the lot:
"Bordeaux vintages can be divided into heat-wave years producing wings with richness and early drin-kability (1961, '82, and '87) and years producing hard, concentrated wines (1986) that require patience," said

Of the 1989 Brodeaux wines tast-Of the 1989 Brodeaux wines tasted, Parker prefers the Chateau
Ilaut-Brion and Chateau LafiteRothschild, However, since he know
that not may people can afford
these classic renditions, he is quick
to point out good values. For more
affordable Bordeaux he likes the
1889 La Dominique and GrandMayne.

OF THE WEEK

Although Parker ranks the,
1889 Haut-Brion (379) as one of,
the best of the vintage, at half the
price well take the 1989 Cost
4Estournel (138), Not all Bor,
doaws wines are this expensive. A,
visit to your wine shop will attest
to that. Several values taken
from the Parker tasting include:
1898 Houjeauer (316), 1999 La,
Dominique (322,80) and PhelanSeger (315.0). The best buy has
to be the 1899 Grand-Mapue
(314.60), a rising star whose price
has not caught up with its quality.
(Pricex quoret by the Cloverleaf Market, Southfield).

Parker is well known for his opin-lon that there are "too many disap-pointing California wines." However, he does find many distinctive California zinfandels. Perhaps this is because there is no French counter-part for comparison!
"French wines are more naturally made." he said. This concluding ra-mark certainly indicates that Parker, needs to learn much more about California wines. Perhaps then he will write his first book on American wines.

Cooking classes help cure winter blues rite: Keely Wygonik, Observer & ecentric Newspapers, Inc. 36251 choolcraft, Livonia 48150, 953-2105. Beity Crocker tip of the week: The

If you're (celling tired and blue, pick yourself up and enroll in a community education cooking class. Call the board of education office to find out what's being offered in your area.

rea. Learn about California, French, Learn about California, French, German, Italian and sparkling wines at the Community House, 280 South Bates Street Birmingham. There's also a one session beer tasting of 12 different styles from around the world. For information about these and other classes, call 644-5832.

IN FARMINGTON Hills at The Community Center, 24705 Farming-ton Hills, ward off winter with simmering soups or learn how to make gournet and ethnic dishes like shrimp dejonghe and vegetarian lasagna. Call 477-8404 for informa-

Ition.

Troy Public Schools offers winter classes in bread making, the foods of Italy and candy making. Call 879-7582 for more information.

GARDEN CITY Public Schools is offering classes in cake decorating. Chinese, Polish cooking and vegetar-ian cooking. Call 422-7198 for infor-

mation.

ENTER YOUR favorite beef recipe in the 1992 Michigan Beef CookOff. There are three areas in which to enter — indoor, outdoor barbecue and microwave. The cook-off will be saturday, April 25, at the Meridian Mall in Okemos. First-place winner receives \$300 and expense-paid trip for two to compete in the National Beef Cook-Off in Sacramento, Calif. Sept. 17-19. Other prizes include \$200 for second place and \$100 for third place.

For a complete set of rules write

For a complete set of rules write

third place.

For a complete set of rules write
Jo Michigan Beef Industry Commission, 2145 University Park Drive,
Suite 300, Okemos 48864.

Last year, Eleanor Froehlich of
Rochester placed second. Here's her
recipe.

DEVILED STEAK STRIPS
3 pounds sirioin steak, cut 1 inch

thick
Devil's Sauce
Garnish — cherry tomatoes, parsley,
peppers and mushrooms

Remove bone; trlm steak. Cut into

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1-inch strips, 3 inches long. Combine Devil's Sauce ingredients. Line bak-ing dish (10 by 15 by 1) with foli; brush well with sauce. Lay steak strips on top; brush sauce over ex-posed surfaces. Robast in hot oven (425 degrees) 30 minutes, brushing with sauce every simutes. Arrange on serving platter. Carnish with tomatoes, parsley and sauteed peppers and mushrooms.

DEVIL'S SAUCE 1 cup tomato catsup

is cup each chill sauce and Dijon-style mustard

style mustard
be cup finely mineed green onion
'4 eup prepared horseradish,
drained
2 cloves garile, finely mineed
1 tablespoon Worcestershire sauce
1 teaspoon hot pepper sauce

If you've lost a favorite recipe that appeared in the Taste section, or would like to comment on some-thing you read in Taste: call or

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For example, people who are or have been in abusive or unfulfilling relationships use food to provide confort and protection. People who have difficulty recognizing their emotions and asserting their needs tend to stuff food as quickly as they swallow their anger. If you sincerely want to gain control of your problem call and find out how to qualify for the program and insurance coverage.

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