Progressive retirement living aims to reduce stress

As the graying of América continues, we see around us more youthful scenior citizens; people who remain active and involved in their work and community as they reach their 78s and beyond.

According to figures released by the American Association of Retired clerity. It is also resulting in major

housing for seniors.
Retirement facilities are begin-ring to erase many of the stigmas that have long been associated with nursing homes. Gone are the sterile and drah one-story buildings with long institutional corridors and

Senior housing rethought

lages and community campuses that provide all necessary shopping and services on situ. These types of facilities for seniors share certain key characteristics. Regardless of size or location, they use building forms and materiast hat give the living units a residential scale and character and incorporate the design vernacular of the region to integrate themselves into the community. They are self-centained with some kind of central area or town center to provide a hub

lauret gardens

-soaring ceilings, and more

and plush landscaped grounds

The Community: From the moment you after this distinguished gatehouse community. Lainel Gardens will become more than your private home, it will be your private resort.

The Values: From just \$169,900 Linnel Gardens is Ann Arbor's finest condominum bay

Luxury Condominiums

Consider The Advantages

The Choices: Innovative ranch and two-story homes arge froms, worden decks and enthrating views Elegant appointments include designer kitchens and bathrooms with whirthool subs, freplaces

Grand Opening - Cinal Phase

The Location: Adjacent to the U of M Boranical Gardens, minutes

gists an consolidants for the design-process.

Litha Nerger, a gerontologist at the Siche Gerontological Institute in Mami, says that the Institute works closely with architects and develop-ers on rettrement lacilities. She says within the past five years, architects have begun to recognize how differ-ent the physical environment should be for seniors, compared to -any other age group.

"Safety Issues are a major con-cern." Berger said. "If you create a barriler-free environment from the start that is secure and fosters inde-

pendence, it will aid in the type of lifestiye an older person has."

Berger believes living in a retirement facility that emphasizes security and independence can increase a person's lifespan, although no scientific evidence currently exists to a constant of the control of t

growing trend that recognizes that aging is not an illness and the clierly are not stek.

"Everyone ages differently — in different ways and at different parces. Just because they reach an age where they can't get around their house is no reason to put them in a nursing home." Burger sold. Living independently in an environment that encourages support and social interaction allows our senior citizens to live full and rich lives."

As necole learn about refirement

As people learn about retirement communities, the stigmas attached to nursing homes should fade.





CUSTOM BUILT HOMES

WILL BUILD TO SUTO

PLYMOUTH COMMONS

DYNASTY MODEL







ROMINO) sed off Jassyn Hamble's 2 Intestrumb of I 391-2221 or 335-8900-

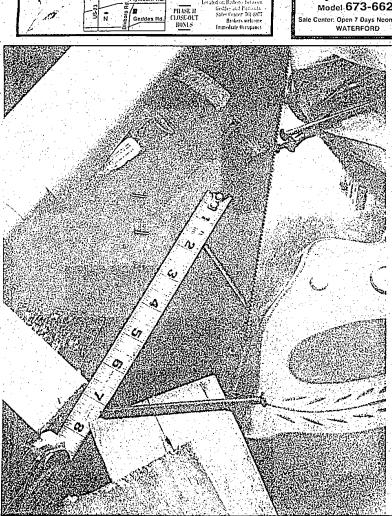


2650-3100 sq. ft. NORTHVILLE SCHOOLS! NORTHVILLE TOWNSHIP

STARTING AT 5 1 99,900

Open Dailty 1-6 p.m., Closed Thursday

Mile W of Haggerty, Enter N on 6 Mile



If your home doesn't measure up.

Sometimes when take a hard look around we decide that some things have gotten a little well, not exactly shabby, but they could use a little help. Perhaps a coat of paint, maybe a new flower ped where those weeds love to grow. Or maybe a bit of new wallpaper here or a spot of. carpet there. Little things that will spruce up the place and lift your spirits as well. Or maybe there's a full-scale renovation in your future Whatever you decide, we can help

On Thursday, May 7, you will find our annual Home & Garden section in your hometown newspaper. Spend some time with it. Read the features. Check the advertising messages. You'll find a lot of interesting information that might just inspire you to get into a project that will improve your home and your investment in it.

Observer & Eccentric