

A 3-D look at the bride

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sauna, hydrobath or jacuzzi sound... a luxury no bride should live without.

"It should be written in the prenuptial agreement," laughed Mira Linder, owner of Mira Linder's Spa in the City, "that the bride have 'a day of beauty' for her wedding day."

One of the most important bridal preparations to arrange, (that will ease the jitters and assure the bride of being the most beautiful bride ever), is to have her hair professionally styled, make-up beautifully applied, and have a relaxing manicure and pedicure complete with a full body massage to melt away all the stress and tensions a bride experiences.

"According to Tamara of Tamara's Institute of Beauty, "We offer the bride

and her bridal party a day at the spa they'll never forget — beginning with a jacuzzi for four, followed by a one-hour therapeutic body massage, relaxing manicure and pedicure, expert makeup application and a champagne lunch."

"Many of our brides come in the day before with her bridal party," Linder said. "They laugh and have fun together. This relaxes the bride."

The bride also has her hair styled and makeup applied (sort of a dress rehearsal for her important wedding day).

"The day of the wedding," Linder said, "she comes in for her hair, makeup and manicure so all she has to do is go home and put on her dress. This takes away the pressure and keeps her looking wonderful and confident."

Groom's accessories add pizzazz

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this season, says Bert Kideckel, manager of Steve Petix's formal department.

"Everything goes in cycles," Kideckel said. "Right now, vests are popular for rentals, but not as popular with a tuxedo purchase."

LOOKING YOUR best in a tuxedo means adhering to formal wear "rules." Cummerbunds should be worn with pleats face up. The wing collar is worn behind the bow tie rather than in front. You'll even find cummerbunds with

vertical or diagonal pleats this season. "Cummerbunds and ties are getting wild, but not gaudy," said Vincent Provenzano, manager of President Tuxedo, Rochester and Troy. "The new designs and colors are tasteful."

Pleated white shirts are the classic choice; ruffled or pastel shirts look dated. Black patent pumps or oxfords are the only shoes appropriate for a formal affair. Black silk hosiery should be worn except with a white tuxedo.

Special writer Janice Tigar-Kramer contributed to this Copley News Service report.

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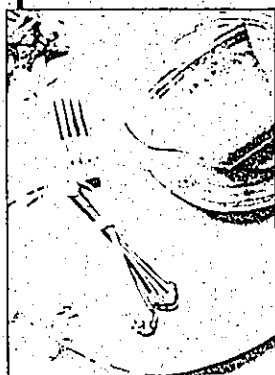
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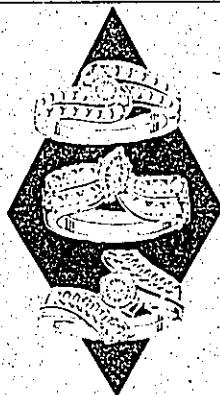
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