

Shamrocks win 2nd A-B meet in 3 years

By STEVE KOWALSKI
STAFF WRITER

Those seniors on the Redford Catholic Central track team who chose to stay home over Easter break instead of heading south finally had their day in the sun Tuesday.

Under bright sunny skies, the Shamrocks won their second Catholic League A-B Division meet in the last three years, finishing with 144 points at the Farmington Hills-Mercy track.

"The five, six, seven seniors I have passed today if you stick around, good things happen," CC coach Tony Magni said. "I've got a policy. If you go anywhere over spring break you can't run."

The Shamrocks' closest competition came from the University of Detroit-Jesuit, which finished with 127 points. Birmingham Brother Rice was third (78), followed by Detroit Defenders (48) and Dearborn Divine Child (48).

CC finished with two relay wins and five individual titles, including a pair of unexpected first places in the field events. Junior Joe Suhajda won the discus with a personal best toss of 122 feet and Kevin Hudisinski placed first in the high jump with another personal best of 6 feet, 2 inches.

CC had 48 points after the five field events, three behind the leader at the time; Brother Rice.

Each first place was worth 10 points, followed by second place (eight points), third place (six points) and so on.

"Suhajda hadn't thrown over 130 at year and what does he do? He goes 142," Magni said. "And that was Hudisinski's best jump. This is only his second year so he has a lot of good jumps left in him."

Suhajda, a senior, and he had extra incentive.

"This is Coach Mr. Jeff Bran's last year and since my freshman year he's been very instrumental in

me learning the proper techniques," Suhajda said. "In the back of my mind I really wanted to do it for him not for me, because I have no other year."

Magni said his team's versatility with distance runners made positioning on relays easy. One of the keys, according to Magni, was being able to take senior Steve Wittek out of the 3,200 meter relay and run him individually in the 800 meter run, which he placed second in 4:33.2 and the 1,600 run which he won (5:29.3).

CC also was able to win the 1,600 meter relay (3:26.8) without the help of Mark Eden, who instead helped out on the 400 meter relay (in second-place finish).

Running on the winning 1,600 relay (3:26.8) were Aaron Sheposh, T.J. Kitchen, Brandon Datzel and Eric McKenna. The 3,200 relay of Sheposh, Datzel, Chris O'Keefe and Brian O'Reilly also won (8:30).

"I broke up a lot of relays to get more points," Magni said. "We hadn't even come close to winning a 400 relay this year but Eden makes that much of a difference. He gets it out there fast and everyone else is more confident they can do it, too."

Eden also scored an addition 20 points for the Shamrocks by winning the 300 meter hurdles (40.2) and 110-meter hurdles (14.7). CC's depth showed the most in the 800 meter run where the Shamrocks took a total of 22 points with Datzel taking second (2:00.8) and Sheposh fourth (2:01.4) behind the winner Wittek.

"The half mile was key for us, it's where we turned it around," Magni said.

For Rice, it was a struggle after the field events.

John McQuinn took the Warriors' only win of the day, taking first place in the shot put (51-feet, 6 1/2 inches). Aaron Metz was second in the discus (110.3). Ken Getz placed second in the high jump (6-11) and Cliff Nunn took runner-up in the long jump (20-3/4).

TRACK

CATHOLIC LEAGUE A-B TRACK/FIELD CHAMPIONSHIPS (Saturday at Farmington Mercy)

BOYS TEAM STANDINGS

1. Redford Catholic Central, 144; 2. U.D. Jesuit, 127; 3. Brother Rice, 78; 4. Defenders, 52; 5. Divine Child, 48; 6. DeLaSalle, 39; 7. Bishop Foley, 0.

INDIVIDUAL/RELAY EVENTS

Discus: 1. Joe Suhajda (CC), 142; 2. Aaron Metz (BR), 140; 3. Kevin Hudisinski (UJ), 139; 4. Scott Sheposh (UJ), 138; 5. Jeremiah Metz (CC), 137; 6. Brandon Datzel (CC), 133.5.

Shot put: 1. John McQuinn (BR), 51-6 1/2; 2. Jason Getz (BR), 50; 3. Aaron Metz (BR), 48; 4. Rick Lucas (UJ), 44-11 1/4; 5. Joe Suhajda (CC), 44; 6. Brandon Datzel (CC), 43.5.

High jump: 1. Kevin Hudisinski (UJ), 6-2; 2. Ken Getz (BR), 6-1; 3. Kevin Metz (UJ), 6-0; 4. Scott Sheposh (UJ), 5-6; 5. Jack Manning (BR), 5-10; 6. Dave Gach (UJ), 5-8.

Long jump: 1. Scott Sheposh (UJ), 20-3/4; 2. Cliff Nunn (BR), 20-3/4; 3. Freddy Traub (CC), 19-9; 4. Jack Manning (UJ), 19-5; 5. Wayne Brooks (UJ), 19-4; 6. Jay Boushon (CC), 19-4.

3,200 meter relay: 1. Redford CC (Aaron Sheposh, Brandon Datzel, Chris O'Keefe, Brian O'Reilly), 8:30; 2. U.D. Jesuit (J.T. Kitchen, T.J. Kitchen, Brandon Datzel, Eric McKenna), 8:37; 3. Birmingham Brother Rice, 8:42; 4. Detroit Defenders, 8:45; 5. Dearborn Divine Child, 8:48; 6. Detroit Defenders, 8:48.

100 hurdles: 1. Mark Eden (CC), 14.7; 2. Robert Fox (UJ), 15.1; 3. Wayne Brooks (UJ), 15.2; 4. Brian Datzel (UJ), 15.6; 5. Richard Bailey (BR), 15.7; 6. Ben Land (BR), 15.9.

400 dash: 1. Hayward Ahen (DJP), 1:0.9; 2. Chris Fox (UJ), 1:0.9; 3. Adrian Edwards (DJP), 1:1; 4. Eric McKenna (CC), 1:11; 5. Joe Suhajda (CC), 1:11.5; 6. Edna Gibson (UJ), 1:14.

800 relay: 1. U.D. Jesuit, 1:35.2; 2. DeLaSalle, 1:34.9; 3. Brother Rice, 1:34.4; 4. DeLaSalle, 1:34.9; 5. Catholic Central, 1:35.6; 6. Bishop Foley, 1:36.7.

1,600 relay: 1. Ryan But (CC), 4:22.8; 2. Steve Wittek (CC), 4:33.2; 3. Tim Guss (BR), 4:37; 4. Brian O'Reilly (CC), 4:42; 5. Nick Suriano (UJ), 4:44; 6. John Getz (CC), 4:47.5.

400 relay: 1. U.D. Jesuit, 4:46.2; 2. Catholic Central, 4:52.3; 3. Defenders, 4:53.4; 4. DeLaSalle, 4:55.5; 5. Brother Rice, 4:57.6; 6. Divine Child, 4:58.

400 dash: 1. Chris Fox (UJ), 50.0; 2. Eric McKenna (CC), 50.7; 3. Doug DeWosper (UJ), 51.3; 4. Chris Fox (UJ), 52.0; 5. T.J. Kitchen (CC), 53.1.

300 hurdles: 1. Mark Eden (CC), 40.2; 2. Robert Fox (UJ), 40.7; 3. Brooks (UJ), 40.8; 4. Rob Bailey (UJ), 42.3; 5. Brian Suriano (UJ), 42.8; 6. Hime Hime (DJP), 43.

800 relay: 1. Steve Wittek (CC), 1:59.9; 2. Aaron Metz (BR), 2:00.8; 3. Eric McKenna (CC), 2:01.4; 4. Aaron Sheposh (CC), 2:01.4; 5. Jim Zaremb (UJ), 2:01.6; 6. Dave Gach (UJ), 2:02.5.

200 dash: 1. Hayward Ahen (DJP), 21.8; 2. Eric McKenna (CC), 22.0; 3. Joel White (UJ), 22.0; 4. Chris Fox (UJ), 22.5; 5. Jim But (UJ), 23.2; 6. Doug DeWosper (UJ), 23.6.

3,200 run: 1. Ryan But (UJ), 9:47.6; 2. Aaron Metz (BR), 9:54.4; 3. Jack Manning (BR), 10:04.8; 4. Scott Sheposh (UJ), 10:06.1; 5. Wayne Brooks (UJ), 10:07.5; 6. Wayne Brooks (UJ), 10:07.5.

1,600 relay: 1. Redford CC (Aaron Sheposh, T.J. Kitchen, Brandon Datzel, Eric McKenna), 8:30; 2. U.D. Jesuit, 8:37; 3. Divine Child, 8:48; 4. Defenders, 8:45; 5. Dearborn Divine Child, 8:48; 6. Detroit Defenders, 8:48.

GIRLS TEAM STANDINGS

1. Farmington Mercy, 118; 2. Divine Child, 111; 3. Harper Woods Repton, 102; 4. Birmingham Marian, 101; 5. Livonia Lodgepole, 36; 6. Madison Heights Bishop Foley, 25; 7. Defenders, 2.

INDIVIDUAL/RELAY EVENTS

Discus: 1. Chiquita Hanson (LL), 108-10; 2. Jackie Haynes (HWR), 94.9; 3. Lisa Roth (CC), 93.2; 4. Krista Antkowiak (CC), 92.5; 5. Vagana Evans (HWR), 92.0; 6. Laura Selevsky (CC), 90.10.

Shot put: 1. Vagana Evans (HWR), 31-9; 2. Sheri Pitt (LL), 31-4; 3. R. Lyden (BR), 30-7 1/4; 4. Krista Antkowiak (CC), 29-4; 5. Tawsh (CC), 28-4.

High jump: 1. A. Dabak (CC), 5-3; 2. M. Wrensch (BR), 5-1; 3. M. Kowalski (HWR), 4-10; 4. T. Bales (HWR), 4-10; 5. T. Bales (HWR), 4-6; 6. K. Cowley (BR), 4-6.

Long jump: 1. Paula Sanders (HWR), 16-4; 2. Michele Coughlin (BR), 15-11; 3. Michele Mann (CC), 15-11; 4. Gretchen Super (DJP), 15-4; 5. Danette Andrews (CC), 14-9; 6. Dana Wade (HWR), 14-7.

3,200 meter relay: 1. Mercy (Dawn Doherty, Loren O'Connor, Amy Friend, Heather Focht), 10:11.3; 2. Divine Child, 10:43.5; 3. Repton, 10:54.0; 4. Marian, 11:29.2; 5. Livonia Lodgepole, 12:05.9; 6. Foley, 13:55.3.

100 hurdles: 1. Michele Coughlin (BR), 16-1; 2. Polly Coughlin (HWR), 16-8; 3. Lynn Poirer (LL), 16-9; 4. Lisa Leppach (CC), 17-5; 5. Sandy Taylor (DJP), 17-7; 6. Quana Anderson (BR), 18-1.

400 dash: 1. Alicia Buxley (HWR), 1:27.7; 2. Michele Mann (CC), 1:32.3; 3. Tracy Vetrano (BR), 1:33.4; 4. Gretchen Super (HWR), 1:34.5; 5. Lorraine Sullivan (DJP), 1:35; 6. Danette Andrews (CC), 1:35.

800 relay: 1. Mercy (Dawn Doherty, Loren O'Connor, Amy Friend, Heather Focht), 4:48.0; 2. Repton, 5:23.3; 3. Divine Child, 5:53.4; 4. Bishop Foley, 5:53.6; 5. Livonia Lodgepole, 5:55.5; 6. Marian, 7:01.5.

1,600 run: 1. Nicole Foy (BR), 5:29.0; 2. Heather Focht (HWR), 5:41.2; 3. Sarah Dyon (LL), 5:48.2; 4. Amy Friend (HWR), 5:55.4; 5. Elaine Swann (HWR), 5:56.9; 6. Julie Simpson (CC), 6:02.8.

400 relay: 1. Divine Child, 52.3; 2. Repton, 53.3; 3. Mercy, 54.2; 4. Bishop Foley, 54.5; 5. Livonia Lodgepole, 55.3; 6. Repton, 55.5.

400 dash: 1. Nicole Foy (BR), 50.2; 2. Heather Focht (HWR), 51.2; 3. Sarah Dyon (LL), 54.8; 4. Amy Friend (HWR), 55.4; 5. Elaine Swann (HWR), 55.9; 6. Julie Simpson (CC), 6:02.8.

300 hurdles: 1. Michele Coughlin (BR), 49.1; 2. Lisa Leppach (CC), 50.0; 3. Jane Smay (CC), 52.1; 4. Michele Coughlin (BR), 52.2; 5. Carter (BR), 53.1; 6. Jennifer Worth (HWR), 53.4.

800 run: 1. Nicole Foy (BR), 2:21.6; 2. Dawn Doherty (HWR), 2:22.2; 3. Eileen O'Connor (BR), 2:24.0; 4. Heather Focht (HWR), 2:25.5; 5. Julie Simpson (CC), 2:36.0; 6. Kathryn (BR), 2:36.0.

200 dash: 1. Nicole Foy (BR), 20.7; 2. Alicia Buxley (HWR), 20.7; 3. Michele Mann (CC), 21.1; 4. Paula Sanders (HWR), 21.4; 5. Tracy Vetrano (BR), 21.9; 6. Heather Focht (HWR), 21.9.

3,200 run: 1. Michele Mann (BR), 12:20.9; 2. Amy Friend (HWR), 12:21.9; 3. Sharon Poirer (HWR), 12:29.4; 4. Sarah Dyon (LL), 13:05.9; 5. Vagana Evans (CC), 13:06.7; 6. Elaine Swann (HWR), 13:20.9.

1,600 relay: 1. Mercy (Dawn Doherty, Loren O'Connor, Heather Focht, Nicole Foy), 4:48.0; 2. Marian, 4:53.0; 3. Divine Child, 4:53.4; 4. Repton, 4:53.5; 5. Foley, 4:53.6; 6. Livonia Lodgepole, 5:00.4.

School records fall for CC

A pair of school records with two relay teams and individuals in four individual events qualifying for the Class A state championship gave Redford Catholic Central's track team much to be happy about.

The Shamrocks finished third in the team standings with 63 points at Saturday's regional meet at Novi HS. They trailed Detroit Coolidge (81) and Northville (67), but that didn't matter so much to coach Tony Magni.

"With the points we got... well, we probably could have gotten a lot more, but we probably wouldn't have had as many qualify for the state meet," said Magni. "The regional's nice, but it means more to qualify for state."

Placing fourth in the team standings was Farmington Harrison with 49 points, followed by Brighton (44), Southfield (43), Novi (35), Walled Lake Western (34), Howell (33), Farmington (30), Milford (26), Hartland (11), Livonia Stevenson (10) and Detroit Henry Ford (11). Redford Union, Detroit Redford and South Lyon did not score.

CC won three events, setting a new school standard in the 3,200 meter relay of 8:30.2. Aaron Sheposh, Eric McKenna, Brandon Datzel and Steve Wittek combined in the winning effort, eclipsing the former CC record of 8:06.09 set in 1985.

The second school record was set

by McKenna in the 400 run. The junior finished third in 49.3 but qualified for the state by beating the state cut; he broke Ken Traider's 1982 record of 49.4.

CC's other two state-qualifying firsts came from the same sources: junior Marc Eden in the hurdles. Eden won the 110 high hurdles in 14.9, then came out of the slowest heat to capture the 300 intermediates in 39.7.

Wittek qualified for the state meet in the 1,500 by beating the qualifying time; he placed third in 4:27.1. Sheposh, McKenna, T.J. Kitchen and Eden teamed for a third-place finish, and state meet berth, in the 1,600 relay in 3:25.4.

Other regional scorers for the Shamrocks were Freddie Taylor, fourth in the long jump (20-4) and sixth in the 100 (11.8); Joe Suhajda, fifth in the discus (133-8) and sixth in the shot put (42-7); Kevin Hudisinski, fifth in the high jump (6-1); Danun Harris, fifth in the 3,200 (10:21.8); and Chris Kuzia, sixth in the 3,200 (10:24.0).

Magni was cautiously optimistic about his team's chances at the state meet. "I think our 3,200 relay team could score," he said. "They can go under eight minutes, which is what they'll have to do to score." "Eden is going to have to run a real, real tough race to score in the high. I think he has a better chance in the lows. And McKenna could do well in the 400."

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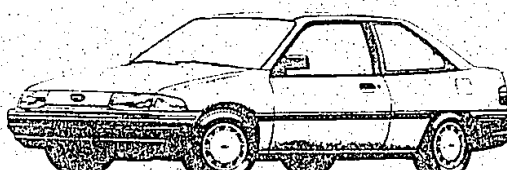
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