

# Pumpkin Dresses Up Your Table

By JOYCE TOTTEN  
Pumpkin is a fall color in many wardrobes. There are so many shades and it is very becoming on many people. Pumpkin can also dress up the table. A pumpkin can be used as a centerpiece. Some people spray them silver or gold. Pumpkin also spices up meals when used as a dessert whether it be pumpkin pie, cookies or doughnuts. Why not try pumpkin for fall?

**AUTUMN HARVEST PUMPKIN PIE**  
1 c. sugar  
1 1/2 t. cinnamon  
1/2 t. cloves  
1/2 t. allspice  
1/2 t. nutmeg  
1/2 t. ginger  
1/2 t. salt  
2 eggs  
1 1/2 c. canned pumpkin  
1 2/3 c. (large can) undiluted evaporated milk  
9" single crust unbaked pastry shell

Blend sugar, spices, and salt together. Add eggs, pumpkin and evaporated milk. Stir to blend mixture well. Pour into unbaked pie shell. Bake in hot oven 425 F. 15 minutes. Lower temperature to moderate 350 F. Bake 25-40 minutes longer. Cool pie before serving (about 1 hour). Garnish with whipped topping, or a mixture of chopped nuts and honey "drizzled" over the top.

**PUMPKIN NUT COOKIES**  
1/4 c. shortening  
1/2 c. sugar  
1 egg, beaten  
1/2 c. canned pumpkin  
1 c. sifted flour  
2 T. baking powder  
1/2 t. salt  
1 1/4 t. cinnamon  
1/4 t. nutmeg  
1/8 t. ginger  
1/2 t. raisins  
1/2 c. nuts, chopped  
Cream shortening. Add sugar gradually. Cream until light and fluffy. Add egg and pumpkin. Mix well. Stir flour, baking powder, salt and spices together. Stir in dry ingredients. Add raisins and nuts. Drop by teaspoons on greased cookie sheet. Bake in a moderate oven 350 F. for about 15 minutes.

**FROSTY PUMPKIN DOUGHNUTS**  
3 c. flour  
1/2 t. nutmeg  
3/4 t. soda  
2 T. shortening  
3/4 c. brown sugar  
4 egg yolks, or 2 eggs and 1 yolk  
1 c. canned or cooked pumpkin  
1/4 c. thick sour milk  
3/4 t. cinnamon  
1 1/4 t. salt  
1/3 t. cream of tartar  
Sift dry ingredients together. Cream shortening and brown sugar. Add egg yolks, mix well, add pumpkin, then milk and mix thoroughly. Sift spices, add to dry ingredients, add sifted dry ingredients to pumpkin mixture, mix until smooth. With as little handling as possible, roll dough on floured board to 3/8" thickness. Let dough stand 20 minutes, cut with 2 1/2" cutter. Fry in deep hot fat 375 F. until brown, turning when first crack appears. Drain on absorbent paper, when cool, shake in a bag with granulated or confectioners' sugar.

## Chef Offers Recipes For Live-Alones

There are about forty-six million people in the United States who live alone. "Gourmet Cooking for One (or More)" by Robert Graham Paris, Athenium just published, is for those who live alone and want to eat well but have trouble translating a recipe for six into one portion, for those who find it hard to buy and cook for one without waste.

Mr. Paris, who is by avocation a cook and by vocation a well known dramatic coach, offers a no-mystique explanation of gourmet cooking as well as useful information on marketing, storing and freezing, the proper use of heat, which prepared foods make sense and other "know-how" that Mother never taught you.

HIS 285 RECIPES, presented with their international origins and their perfect execution "guaranteed," shows a way to breaking what can be intolerable monotony.

Sumptuous, elegant meals for one (Turk Pilav from Turkey, Arroz con Pollo from Spain, Curry from India, Carricho from Ecuador, Plar Chian from Siam and Ranch Steak from Wyoming) may be prepared in the same week, without spending much time in the kitchen and with little more hardware than a skillet, a saucepan and a casserole dish.

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