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his arms and Josh got a good look in Dad's mouth. "What are those silver things?" Josh asked, and Layne replied, "Those are cavities. You get holes in your teeth if you don't brush them." He explained that Josh's uncle, who is a dentist, would fill any holes.

Josh had eaten earlier with his nanny. But Josh has a big appetite and when he spotted cans of Dinosaur Vegetable Soup that had just come from the store, he commanded, "Cook this, Daddy." And Daddy, who

is at home in the kitchen, put on the soup for Josh, while he whipped up his meal.

Both father and son enjoy good-for-you kinds of food. "He loves fresh fruit," Layne said. "He eats really healthy lunches (at school). His tastes range from gefilte fish to sushi. I'm probably the only father who makes sushi rolls for lunch."

He and Josh frequently have dinner together, depending on the time he gets home, but if Josh eats earlier with his nanny, when Layne returns, "He'll have soup. He'll have fruit now."

Over dinner, the two may watch the news together. "He's probably the only 5-year-old who knows about Headline News or CNN," Layne said.

One entire room downstairs is Josh's playroom, filled with his toys, where the youngster can have free reign. In the kitchen, one wall is covered with drawings by Josh and photos of Josh with family and friends.

Taking care of Josh is not a chore. "Fortunately, he's a wonderful kid. He's got an easygoing, happy disposition, which makes life a lot easier for me."

Layne said he has no problem getting Josh up in the morning, as long as he puts his son to bed by 9:30 p.m. "If he doesn't get enough sleep, I have to pay the price."

The first three months as a single father were the most difficult for Layne. He described that time period as a learning process. "At first I tried to over-compensate. My son is a great swimmer. Instead of coming home, we went swimming every night for three months," he recalled.

Message takes on multi media look

By CHRISTINA FUOCO
STAFF WRITER

Films and plays like "The Last Temptation of Christ" and "Jesus Christ Superstar" stirred controversy among the religious community. But the interactive play "Jesus Was His Name" headed for The Palace of Auburn Hills in May has captured the faith of area religious members.

"My impression was very positive," said Richard Buckenmeyer, pastoral associate of St. Agatha's Catholic Church in Redford. "I really believe that the multi-media presentation has the potential of being very effective in communicating the message of Jesus in renewing one's faith."

The Rev. Kent Hajduk of St. Michael's Catholic Church in Southfield agreed.

"From what we were shown, it's going to be based on the four gospels and it's not going to be like 'Jesus Christ Superstar,'" said Hajduk who along with Buckenmeyer attended a recent presentation at The Palace. "I was very impressed from what we saw and what we were told."

"Jesus Was His Name" combines live theater and 70mm film on an 80-foot screen and a live 58-member cast to tell the story of Jesus, according to the Gospels of the New Testament. Actors on the stage interact with events occurring simultaneously behind them projected on the screen.

It depicts 34 episodes from the Gospels including The Sermon on the Mount, The Miracle of the Loaves and Fishes, The Court of Herod, John the Baptist in the

desert, Gethsemane and the Crucifixion. The words of the script are those of Matthew, Mark, Luke and John.

Buckenmeyer said this way of storytelling will appeal to all religions.

"It's very sensitive to the ecumenical movement; it's one way for us to try to work together as Christians," he said.

"Jesus Was His Name" was conceived and directed by Robert Hossein, the original creator of "Les Miserables" in Paris. The production is underscored by the fervor of Hossein's religious faith and by his determination to use the most advanced and creative technology available. That technology includes the use of a soundtrack instead of live spoken words. Three narrators with atmospheric music will be used instead.

"They're (the actors) are going to (appear to) come right out of the screen; it's going to be a very unique experience," Hajduk said. "I'm certainly going to try to push it in our parish."

Performances for "Jesus Was His Name" are scheduled for 7 p.m. Tuesday through Thursday, May 18-20, 7:30 p.m. Friday, May 21, 3 and 7:30 p.m. Saturday, May 22, and 3 and 7 p.m. Sunday, May 23. Discounts of \$3 off \$20 and \$15 tickets for groups of 15 or more are available through The Palace, Group Sales Department at 375-0100. Children 12 and under and seniors 62 years or older receive \$2.50 off \$20 and \$15 tickets.

Hospital to give class for expectant mothers

To help expectant mothers prepare for one important aspect of caring for a newborn, Beaumont Hospital's Maternal Child Health Department offers a monthly prenatal breast-feeding class.

"Preparing for Breastfeeding" will meet 7:30-9:30 p.m. Feb. 8 and 15 at the hospital, 3601 W. 13

Mile Road, in Royal Oak, in the Administration Building West-Conference Dining Room.

To register for the class, or for more information, call Beaumont's Physician Referral and Information Service at 1-800-633-7377.

Fathers find it's a singular experience

By ETHEL SIMMONS
STAFF WRITER

Stephen Kristan of Troy is an old hand at being a single father. He has had custody of his son Stephen Jr., 10, for the last six years.

Gordon Cole of Dearborn, who works in Bloomfield Hills, is new to the situation, raising his daughter Laine, 9, as a single parent for the last seven months.

Describing what it's like to be a single parent, Kristan said, "A lot of times it's real frustrating. In a lot of cases, the world is set up for two parents."

Son Stephen goes to Hill School, where a Mother-Son Banquet is coming up. Kristan is divorced and Stephen's mother lives in Phoenix. "The teachers in Troy are real sensitive," he said, explaining the invitation says that the child may bring a relative or close friend.

Kristan's biggest problem is child care, especially on a day when the school is closed, such as when there's a heavy snowfall. On regular school days, Stephen participates in the CARE program,

which is offered through the school district.

"They meet in the school, after school. That's a big help," he said. "I pick him up by 6 p.m. Kristan works nearby as Ohio market manager for Ameritech Publishing Inc., headquartered in Troy.

The school has a CARE room, where the children gather. Youngsters can go to the gym, or have outdoor activities in good weather. "It's better than a kid sitting in front of the TV," he said.

Kristan believes his son is being forced to grow up faster, because the boy has a lot more responsibility than if there were two parents in the home. Stephen gets himself ready for school and does work around the house, for example.

But there's time for the youngster to get involved in school activities. Stephen plays viola in the school orchestra, and was going to be in a school play that night, Kristan said.

"I've got my mother and two aunts coming in town for the play," he said. Kristan's mother and sister are coming from Ohio,

and one sister is coming all the way from California. "It's pretty exciting."

As a single father, Kristan has learned how to cook. You can't go to McDonald's all the time, he pointed out. "I do a lot of the cooking. I want him to have good memories of food and dinner-time."

For Gordon Cole, who is divorced, it's only been seven months since he took over full-time custody of his daughter Laine. The transition wasn't difficult because, "My daughter and I always got along pretty well."

Laine had lived with her mother, in Indianapolis, but all agreed for her to come live permanently with her dad last summer. "The surprise to me is that I would be as exhausted at the end of the day," he said, remembering the transition. "There's a learning curve."

In the morning, Cole drops his daughter off at the home of a sitter who lives near Laine's school, Henry Ford, in Dearborn. When it's time for school, Laine walks the short distance, after stopping for a friend down the street.

Meanwhile, Cole drives to his office at D'Arcy Masius Benton & Bowles in Bloomfield Hills, where he is a senior account executive in public relations.

After school, Laine returns to the sitter's, and her dad picks her up there. At home, they go over her homework, have dinner and may watch television.

Cole usually does grocery shopping on his lunch hour. "I try to do a lot of things during the week," he said, "so as not to take up the weekend, when I prefer to do things with her."

Cole said he isn't tied to a schedule and enjoys being spontaneous, such as when father and daughter are invited to go boating with one of his friends, in the summer.

Looking back on those first few months as a single parent, he said, "I kind of laugh because early on I found myself trying to do everything." Cole added, "Things like housekeeping and related stuff — she's not going to remember the house wasn't as neat as a pin. She's going to remember the laughs and the good times."

Exercise program is geared to older adults

Even a light workout on a regular basis greatly benefits your heart, lungs, muscles and overall health. But if you've never exercised regularly, how can you get started? And how long will it take

to see and feel the results?

Older adults can find out more about exercise and sports as important factors in total health care at a special program offered by William Beaumont Hospital

called "Attention: Couch Potatoes - Exercise and Health in Your Second Fifty Years." The program will be held 7-9:30 p.m. Wednesday, Feb. 10, at Beaumont Royal Oak's Administration

Building Auditorium, 3601 W. 13 Mile Road (just west of Woodward Avenue), Royal Oak.

The program is free, but you must register by calling 1-800-633-7377.

A TIME OF WONDER

Childhood is a time of wonder. Parenthood is a time of wonder, too. Wondering if baby will look like mom or dad. Wondering when baby will say those first words. Wondering when baby will take that first step.

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Sudden Infant Death Syndrome—or SIDS—is responsible for nearly 40% of all deaths of infants in the U.S. between one month and one year of age. It's a solvable problem, but one that requires a great deal of understanding, support and medical research.

To learn more about SIDS—and ways you can help—call the SIDS Alliance at 1-800-221-SIDS or write to us at 10500 Little Patuxent Parkway, Suite 420, Columbia, Maryland 21044.

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