

# St. Fabian students win honors

**INKWELL**  
 inkwell provides information about education issues and people in the Farmington area. Mail information to: Inkwell, The Farmington Observer, 21898 Farmington Road, Farmington 48336 or call for information via fax to 477-8722. Please include a daytime phone number on your news release. Items will not be taken over the phone.

**SCHOLARSHIP AWARDED**  
 Farmington Hills resident Jon Mastantuono has been named a 1992 Hermann R. Muelder Scholar at Knox College in Galesburg, Ill. Mastantuono, the son of Mr. and Mrs. Peter Mastantuono, is a senior at Cranbrook Kingswood Upper School in Bloomfield Hills. The award provides a four-year scholarship worth \$5,000 each year. The Muelder Scholarship is one of the highest honors Knox College offers entering freshmen.

**NUMBER CRUNCHERS**  
 Detroit Country Day School students Jeff Gell, senior; Uday Gorepati, sophomore; and Jeff Kessler, junior, all from Farmington Hills, placed in the top 1,000 out of 16,300 high school students who participated in the 36th annual Michigan Mathematics Prize Competition. The three were from a group of 10 students from CDCS who finished in the top-10. Students and their adviser will be honored at an awards pro-

gram at Lawrence Technological University on Saturday, Feb. 27.

**CALCULATING HEARTS**  
 The kindergarten children at Our Lady of Sorrows Elementary enjoyed using their pre-math readiness skills to distribute their valentine cards in school. Each child decorated their own valentine mailbox and attached a label to it with their name and the numbers of their address only. Children were given a sheet of address labels to attach to their valentine envelopes. The pupils took turns sorting and delivering their valentines. During the process, children would match the numbers on the envelope to the numbers on the boxes.

**'GIVE ME A BEE'**  
 St. Fabian fifth-grader Meghan O'Donnell and sixth-grader Lawrence Wisne Jr. won the title for

their respective grade level in a spelling bee sponsored by the Lawrence Technological University and The Detroit News. Both will receive certificates. O'Donnell also won the school bee on Jan. 20. She will receive a dictionary with her name imprinted in gold and will represent St. Fabian in an area spelling bee.

**PEACH OF A SPEECH**  
 St. Fabian fifth-grader Lindsey Denomora was a winner in the Michigan McDonald's "When I Grow Up" speech competition. Denomora will compete in an area competition at St. Bede's School in Southfield. Her speech centered on her dream of a career in veterinary medicine. Students gave oral presentations on their dream for the future and how they planned to achieve it. Speeches were evaluated for content, creativity, expression and stage presentation.

# Heart fair at hospital

Keeping in beat with Valentine's Day, Botsford General Hospital will be hosting its sixth annual Heart Fair.

The event will be held Friday, Feb. 19, from noon to 5 p.m. in the Zeiger Center (formerly the Administration and Education Center) at the hospital on Grand River northwest of Eight Mile. There is no coat to attend and it is open to the general public.

**'Although risk factors for heart disease generally increase with age, it is never too early to begin a healthy heart program.'**

Marge Hassler  
 nursing administrator

"Although risk factors for heart disease generally increase with age, it is never too early to begin a healthy heart program," said Marge Hassler, associate administrator of nursing services. "At the Heart Fair, we have something for almost everyone and encourage all ages to attend."

Offered at the event will be a variety of services including low fat cooking demonstrations, educational booths on food label reading, body fat analysis, cholesterol and blood pressure screenings, as well as demonstrations on

EKG, echocardiograms and cardiac catheterization. Experts will also be available to discuss exercise and risk factor analysis programs.

Free parking is available in the south lot of Botsford's campus off cooking demonstrations, educational booths on food label reading, body fat analysis, cholesterol and blood pressure screenings, as well as demonstrations on

## ON THE AGENDA

Below are highlights from the agendas of meetings this week. All meetings are open to the public.

**Farmington Hills City Council**  
 Farmington Hills City Hall, 11 Mile and Orchard Lake roads  
 7:30 p.m. Monday, Feb. 15  
 Agenda items include:  
 A public hearing to consider determining a special assess-

ment district for sanitary sewer for Northwest Highway from 32550 Northwestern Highway to 675 feet southwest of 14 Mile and notice of intent to issue bonds and reimburse project expenditures with bond proceeds.

Consideration of appointments to boards and commissions.

Recommended approval of a lease at the Mercy Center for

the senior adult cultural and recreational programs.

Request for approval and authorization to undertake design and accept bids for construction of a new municipal office sign, fountain and landscape improvements at the intersection of 11 Mile and Orchard Lake Road.

A report on the cable system rate increase.

Consideration of entering

into executive session to discuss land acquisition regarding Minnow Pond Drain easements.

**Farmington City Council**  
 Special Meeting  
 Farmington City Hall  
 5 p.m. Monday, Feb. 15  
 Agenda items include:

Consideration of bids for slurry seal project.

## Police target alarm systems

The Farmington Hills Police Department's Crime Prevention Section will host a free seminar on alarm systems for members of the business community at 9 a.m. Thursday, Feb. 18, at the Alexan-

der Hamilton Insurance complex, 33045 Hamilton Boulevard. Space is limited so reservations are a must. Call 473-9640 during normal business hours before Tuesday, Feb. 16.

**NEW!! AMERICAN CATHOLIC CHURCH**  
 Do you feel abandoned? We have liberalized some areas regarding communion, marriage and confession. Come and join us at St. James American Catholic Church, Sunday morning at 11:00 AM at:  
 Schoolcraft College - Forum Building Room E110  
 Phone 348-3124

**STOP SMOKING WITH ACUPUNCTURE**  
 You've probably tried to stop smoking with all the usual ways. Acupuncture is an ancient Oriental way of therapy. It has proven very helpful in treating many of modern day problems and diseases. Smoking is one of them. NOW is the time to make a change and stop smoking with acupuncture. For further information, CALL  
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 29200 Vassar, Suite 200, Livonia  
**477-7344**

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**FREE TRAVEL SHOW - POLAND AND BEYOND**  
 • DOOR PRIZES • ETHNIC FOOD • LIVE ENTERTAINMENT • MUSIC & DANCE  
**SUNDAY - FEBRUARY 28, 1-5 PM**  
 American Polish Cultural Center in Troy, 15 Mile Rd. & Dequindre  
 Come All & Enjoy!!! Ample, Lighted Parking  
 Society of Polish-American Travel Agents

**EVEN PRESIDENTS HAVE SPECIAL HEARING NEEDS!**  
 Chances are many of our former presidents had hearing problems. Unfortunately, Washington and Lincoln did not have hearing aids to help them.  
 Call us today and set up an appointment for a FREE hearing screening:  
 23700 Orchard Lake Rd.  
 Suite K  
 Farmington Hills  
**477-6682**


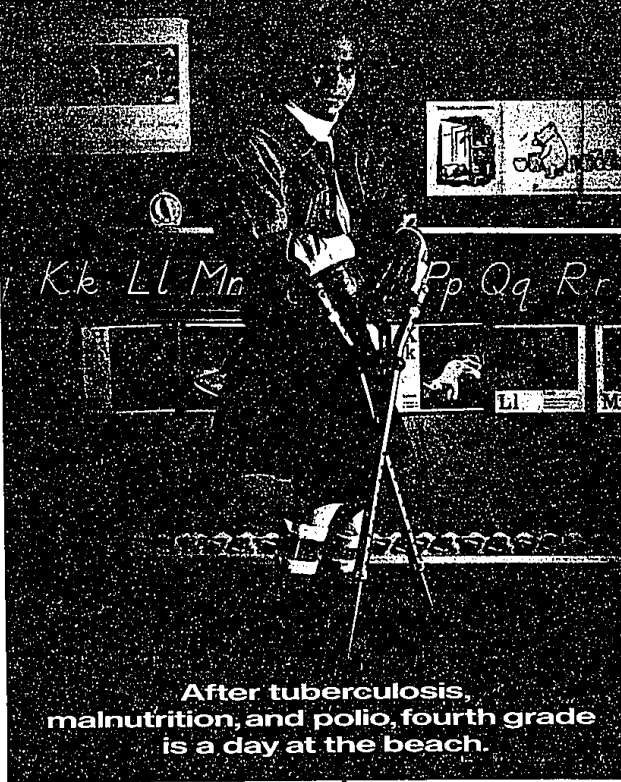
**EVERYTHING MUST GO!**  
**WINTER CLOTHING CLEARANCE**  
 UP TO **70% OFF**  
 TO **ADDITIONAL 25% OFF**  
**FREE SPRING COSMETIC GIFT WITH PURCHASE \$15.00**  
**MERLE NORMAN Cosmetics & Boutique**  
 Downtown Farmington • 477-3033

**FINAL Clearance**  
 up to **75% Off**  
 all fall & holiday clothing  
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**Rear Ends**  
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 Applegate Square  
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 385 prs.  
**Greg Evergreen Plaza**  
 Orchard Mall 851-5566  
 W. Bloomfield 559-3580  
 S. Southfield

**Arthritis Today**  
 Joseph J. Weiss, M.D., Rheumatology  
 18829 Farmington Road  
 Livonia, Michigan 48152  
 Phone: 478-7860

**SLEEP & ARTHRITIS**  
 It is not possible to have arthritis and enjoy a good night's sleep. In arthritis, movement causes pain. You can't rest all night to relieve, then your body needs a change of position. That shift josts your inflamed joints and brings on pain which then awakens you.  
 Night pain comes from aching muscles and ligaments. During activity these structures, to compensate for your impaired joints, are stretched as if upon a rack. The demands put on your muscles during the day releases their potential through the night.  
 Finally, you face the need to arise through the night. The body knows you require exercise to avoid or lessen morning stiffness. You think you are getting up to relieve a "weak" bladder, or to counter cramps. These sensations are ways to get you up now so as to avoid morning stiffness later. Naturally, each arising disrupts your rest.  
 There is a little that will counter these attacks upon repose. You may compensate with a nap during the day. You can retire in the evening at 10 p.m. and officially arise at 8 a.m. so in 10 hours obtain 6 hours of rest.  
 Avoid sleeping pills, tranquilizers, or muscle relaxants. These medications do not relieve arthritis pain, but do interfere with the working of your mind and judgement.

**After tuberculosis, malnutrition, and polio, fourth grade is a day at the beach.**

When you're 11 years old and you've lived through as much as Palani, even the chance to attend school is something. But today, Palani not only goes to school, she plays the cello and she's active in athletics. Thanks to Easter Seals, Palani has gotten academic tutoring, she's gone to camp, and she's received a wheelchair. In fact, she's even gone on to win medals in the Junior National Wheelchair Games. All of which have given her the chance every kid deserves: the chance to be a kid. Palani is just one of millions of children and adults with disabilities that Easter Seal quality rehabilitation programs have helped. Give to Easter Seals. **GIVE THE POWER TO BECOME.**

