#### SHOPPING CENTERED



### New tools to revive art of letter writing

In our impatience to finish everyday tasks, we have neglected certain rituals that are actually gratifying. One of those is the art of correspondence. When is the last time you set down and lotted a quick note to a friend? Note writing is all too rare today, and so it's especially appreciated. Alexandra Stoddard in her best-selling book, "Living A Beautiful Life," demonstrates techniques for turning dull routines into pleasing rituals. She suggests attimulating the senses to make work fun. For example, she describes the glossy red notebook and bread-tip fountain pen that she uses to transform the tesk of writing into an enjoyable exercise.

"When you actually sit down at a place you've designed as your writing table, with paper, persand stamps all set up to dash off a card, this ritual can be effortless and pleasurable...," writes Stoddard. She heightens her enjoyment of the experience by collecting bottles of ink in different colors and sealing her letters with wax. She often sprays her stationery with her favorite scent.

A variety of notepapers can make letter writing more fun, and a personal space.

more fun, and a personal space, outfitted with all of the requisite supplies,



Square on Northwestern Highway, Southfield, offers a wast array of stationery and accessories. Their selection includes the designer paper we picture in a colorful tulip motif beribboned in lavender (30 cents/sheet and 35 cents/envolope). To add some real pizzazz, choose circular gold foil and tulip stickers to create charming seals for your civelopes. The knowledgeable staff at The Paper Place will help you coordinate your own custom paper and seal designs.

You may not be aware the comment of the control of t

paper and seal designs.

You may not be aware that when Tiffany & Co. opened in 1837, it was a purvoyer of fine paper goods. Today, Tiffany's in the Somerset Collection still stocks exquisite cards and papers, all bearing original designs and the Tiffany water mark. The bordered notecards (340) share Tiffany china patterns such as Audubon, Black Shoulders and Coeur Fleur and engraved eards can be ordered in a myriad of unusual monogram styles. Once you have beautiful paper on which to pen your thoughts, you may want to add seme deskind putturies. Nofaman Marcus displays vintage antique silver letter openers, Victorian pencils on ribbon, ornate magnifying glasses and crystal bakwells in its gift department.



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To ensure your return to the lost art of correspondence — the perfect writing instrument. Recife-France is the only manufacturer in the world to produce shoulke ink pens, the preferred material of the industry. This finest of pens is available factualwely at the Rikl Schaffer Gallery in fountain and ballpoint styles (\$200).

Linda Bachrack is a Birmingham resident. To leave her your column ideas, please dial 953-2047, Ext. 1889 from a touch-tone phone.



backl: Peg Treacy demonstrates hat to an outfit turns o look into "a class act."

# Image expert tells how to dress stylishly



The best dressers don't wear fragrance to the office, never wear boots with zippers, and often don a hat. Image consultant Peg Treacy shares tips to help folks comb their malls and mainstreets to look like a million hy spending wisely.

By Susan DeMaggio Staff Writer

BY SURAN DEMAGGIO
STATP WARTER

"You've got to think of yourself as a
unique product and package yourself
accordingly," Peg Treacy of Churchill
Associates told a recomful of concerned consumers at The Community
House in Birmingham least week.

"There are several rules of dressing
that when followed never let you
down. Of course when you break
thom, no one's going to come out and
arrest you, but you won't have the
edge that fashion practitioners have."

For the past 16 years as president
of her Birmingham-based image consulting firm, Treacy has belped bankers, corporate leaders and would-be
politicians polish their look and
strengthen their image. Simple rules

help prevent shoppers from wasting money on garments that don't work, hairstyles that turn people off, and accessories that would be better left in the drawer.

She evaluates clothing purchases by cost per wearing, reminding shoppers that a "cheap" garment usually means poor fit, poor construction, and ends up as the most expensive item in a closet because it's not worn regularly.

"Better to buy quality, "she said. "It looks better, fits better and you'll feel better in it and wear it often, thus making it an economical purchase." When making cuts in a wardrobe budget eliminate purchases of colored hosiery, white or red shees, patterned pieces and perfume.

"You don't really need these items," she pointed out. "Money spent on them could better be applied to a pair of quality shoes in a neutral color or good quality solid color bluzer. Americans seem to think that having more is better than having quality and they'd rather have their closets full than stocked with quality garments.

ments.
"There's nothing wrong with being seen in the same thing twice," she argued. "Where did we ever get the idea that it's a fashion taboo? Europeans dun't share our views. They choose quality over quantity everytime." And when you can't afford quality there are tricks to make it look like

there are tricks to make it look like you can.

"Quality boots never have zippers," Treacy advised, "So don't buy boots that do. They look cheap. Avoid shiny fabrics. They always look inexpensive. To upgrade a garment, change the buttons to a higher quality, replace a same-fabric tie-belt with one that's leather, and buy tasteful, fun pieces of jewelry instead of faddish,

dangley, cheap-looking pieces. You, don't need to have expensive jewelry, just well-designed pieces."
Perfume, much to the audience's urprise, is actually a detriment to a chasy package, Treacy said.
"Co-workers do not like fragrance in the office," she said. "Some can be too heavy and induce sneezing, headaches and allergies in those nearby. Better not to wear fragrance to the office at all."
Treacy said "everything's better

Better not to wear fragrance to the office at all."

Treacy said "everything's better with a hat," and advised female shoppers to include a chapeau or two in their wardobe budget.

"Men love women to wear hats," it is he said with a laugh. "Wear a hat to, a restaurant and you'll get the best, at table. You make the place look like a,, it class act."

Treacy ended with a reminder that to look good on the outside a person needs to look good on the inside as well. She suggested compiling a list of your 10 best attributes and reviewing them mentally each morning before you get dressed.

## Mardi Gras in Detroit suburbs brings New Orleans party north

BY SUSAN DEMAGGIO STAFF WRITER

Hosting an authentic New Orleans-style Mardi Gras party in a suburban Detroit home is no quick trick.

Detroit home is no quick trick.

However local malls and mainstreet merchants are anxious to oblige those determined to give it a try on Tuesday, Feb. 23.

The traditional Mardi Gras decorations in purple (for justice), green (for faith) and gold (for power) are available at stores like the W Off Card Shop, Parti Giant in Rochester, The Paper Party Place in Farmington, and Party Parade in Canton.

Record shops can provide enasettes of Dirieland jazz. No party is complete without renditions of When The Saints Go Marchin' In, Tiger Rag, Handa Wanda, and St. Louis Blues.

According to Gary Blee of Bloom-

Handa Wanda, and St. Louis since.
According to Gary Bice of Bloomfield Hills, a Prudential stock broker,
former resident of New Orleans, and
Mardl Gras afticinado, a crawfish
boll will top off the event.
"I usually buy crawfish at Superior
Fish in Royal Oak or Fishers Market
in Birmingham where it can be ordered." he said. "Add the crawfish to
a boilling pot of water and drop in a

package of Zatarain's mix. Eat 'em New Orleans style — break 'em in half, pinch the talls and seck the heads. It's wonderful food especially when fresh. I also prepare a jam-balaya, that's poor man's stew, with rice, chicken, sausage and peppers."

Traditional King Cakes, a coffee cake made with danish dough and topped with multi-colored sugars, can be shipped next day dolivery from Gambino's Bakery in New Orleans for \$19.95 by dialing Accent Annex 1-800-322-2368. A small, plastic baby is baked into one silee, determining the "king" of the party and the next person to serve a King Cake.

Jo Rivers, marketing director for the New Orleans School of Cooking in Louisiana soid hosts should not for-get to tess their guests a few doub-loons and plastic bends like those thrown from Mardi Gras floats.

"Oh how we love those beads," she said with a laugh. "We fight for them. Scream for them. Beg for them. Some bare themselves for them. The next day, of course, at home looking at them, you ask yourself, Why did I fight for these things?"



It's Mardi Gras timel: Wendy and Gary Bice of Bloomfield Hills set their dining room table with purple, green and gold sup-plies purchased from the ½ Off Card Shop.

#### MONDAY, FEB. 15

PUPPET SHOWS

Monday through Friday throughout the month, "Claderelle" 7 p.m. Saturday and Sunday 11 s.m. 1, 3 and 7 p.m. No 7 p.m. performance on Sunday, Meadon-brook Village Mail, Walter/Addans

FRENCH FESTIVAL
Through Feb. 21, Week-long festivities include dining, entertainment and cultural events. Call for detailed schedule.

TUESDAY, FEB. 16

ELLERBEE AND FASHIONS
Tickets are on sale for Hudson's annual dinner and spring fashion show Tuesday, Feb. 23, 5 p.m. Key-

## ADDED ATTRACTIONS

note speaker Linds Effetbee will discuss "Challen the Future." Interpreted for the hearing Impalied. Tickets are \$25 per person, redeemable in mer-chandise. Linitations apply. Card Manor. Failand/Dearborn. 443-6334.

SATURDAY, FEB. 20

LING BEE
Grades 1 through 6 invited to participate, 11 a.m. to
5 p.m. Co-sponsored by World Book Encyclopedia.
Crowley's stage, Registration forms available at mail
management office. Livonia Mail, Seven Mile/Middlebett, 476-1166.

CONCERTS
"Music for the Soul" to celebrate Black History

Month. 2-6 p.m. Food court area, Free, Holy Ghost & Fire and Blessed Hearts perform. Northland Mall, Eight Mile/Greenfield. 569-6272.

SUNDAY, FEB. 21

CLASSICS AND CROSSANTS
Brunch in rotunds. Live classics concert on a
Co-aponacred by WQRS. Brunch catered by i
lan's Grs. Tokets \$20 per person. Available

MONDAY, FEB. 22

BLOOD PRESSURE SCREENING
Body fat analysis and healthy heart information. 8-10
a.m. Co-sponsored by Discister General Hospital.
Free. Jacobson's Court area.
Level Park Flace. Six Mile/Newburgh.
462-1100.