

Make a move for Great Lakes perch



OUTDOOR INSIGHTS
The faces were different, but the responses were the same: "Nope. Nothing. Haven't caught a fish all day. It's pretty slow out there."

Four different groups of anglers leaving the ice near the Selkridge Air National Guard Base on Anchor Bay last week gave the same response as we questioned their morning activity. "Don't worry. We'll get some fish," Auburn Hills resident Larry Axson assured me. "I always catch fish out here."

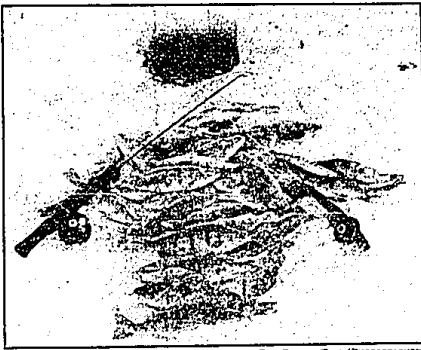
Now I knew we were in trouble. He just guaranteed we'd catch fish.

We headed northwest of the base and walked a mile or more into a blistering winter wind before Axson decided we should open a couple holes and see if we could locate some fish.

"Here? But everyone else is over there," I said, pointing to more than 25 anglers strung out in a line some 250 yards away. "Why not go over near them? They must be catching something. Look at all the people," I stammered.

"That's me," answered Axson. (He's always been a man of few words.)

Five minutes later, I was seated comfortably on my bucket with my back to the wind and my



BILL FARMER/STAFF PHOTOGRAPHER

Frozen dinner: Anchor Bay can produce some decent perch for the persistent angler. But don't be afraid to move around if the action is slow.

spike-tipped chaireaux tear drop dangling a few inches off the bottom of the lake. We were fishing in 12 feet of water.

I diddled for several minutes, varying my depth between the bottom and three feet off the bottom. Nothing. Then I heard a faint call. . . "Bill!"

I glanced over my shoulder just in time to watch Axson reel in a dandy 8-inch yellow perch.

Seconds later, there was another

low-toned call and Axson hoisted up another keeper. The scene repeated itself six times over the next couple minutes and each time Axson pulled a keeper out of his hole.

Just when I started questioning my technique I felt an ever-slight tug on the end of my 2-pound test line. I quickly set the hook and pulled up my first perch of the day. Three more fish ac-

cepted my offering in the next two minutes. Then, just as quickly as the action had started, it ended. For the next 20 minutes we fished feverishly, but to no avail.

"Time to move," Axson said. "But we just got here," I complained, pondering the thought of spudding another hole through eight inches of ice.

"There's no use fishing a hole when there aren't any fish," he explained. "The secret is, you have to move around to find the fish. There aren't enough fish in the bay yet to sit on one hole all day. You have to move around."

"You move," I said. "I'll stay here just in case they come back." Axson moved about 60 yards to my left and broke another hole through the ice. I watched him catch five more perch in less than 10 minutes then decided to swallow my pride and take his advice. I moved. I caught nothing. I moved again. I caught fish.

The same series of events took place several times over the next five hours before we decided to head for home with a nice catch of fresh Great Lakes perch. We landed 34 keepers ranging from seven to 10 inches in length.

"I'll get better, but for now you have to keep moving to find the fish," concluded Axson.

You don't have to tell me twice. (Anglers are urged to report their success. Questions and comments are also encouraged. Send information to: *Outdoors*, 805 E. Maple, Birmingham, Mich. 48009, or call Bill Farmer Monday evenings, 6-10 p.m. at 644-1101.)

Exercise classes benefit teens



MYRNA PARTRICH

My daughter is going through puberty. She is 13 years old. Her weight is terrible — at least 20 pounds overweight. She takes no interest in athletics and is failing gym class.

She does seem to be coordinated and loves to dance. She is frustrated and very self-conscious. I'm very worried about her self-image. Her marks in school are going downhill. I need a strong suggestion. Please help.

This is probably the most common teenage exercise question. *Your daughter is going through her awkward stage right now; be supportive and patient.*

She probably doesn't show interest in sports or gym class now because of her weight problem. A lot of overweight girls feel shy in athletic clothes, especially shorts. Being that she loves to dance, I would normally recommend a dance class after school, but the dress code wouldn't work for her overweight situation. Since she loves music and seems coordi-

nated, a great solution might be an exercise class after school.

Music is a great motivator for teenagers. She may also wear comfortable sweats that she likes. Make sure she starts at a beginner level so as not to become intimidated and quit. Exercise classes, properly instructed, can be extremely beneficial in teenage years.

At this time of tremendous physical and psychological growth, cultivating the habits and awareness of physical fitness often lay the foundation for one's physical well-being for life.

I find teens understand the harmony between mind and body. They enjoy the challenge of fitness. It's no longer a boys' world. Girls are strong, too.

This may give her a whole new interest and feeling of self-worth. She will become body aware and want to diet. I'll bet her grades in school will also elevate.

(Myrna Partrich, co-owner of *The Workout Company* in Bloomfield Hills and an appointee to the *President's Council on Physical Fitness* and to the *Governor's Council on Physical Fitness*, is happy to answer any questions readers may have regarding exercise. Please send your questions to: *Sports Department*, Myrna Partrich, 805 E. Maple, Birmingham 48009.)

OUTDOORS CALENDAR

DATES AND EVENTS

ARCHERY
Royal Oak Archers will hold a 3D shoot beginning at 9 a.m. Sunday, March 14, on its walk-through range in Lake Orion, 693-9799 or 693-1369.

OUTDOORAMA
The Michigan United Conservation Clubs' Outdoorama will be held Feb. 26-March 7 at the Novi Expo Center. The show, formerly held at the Michigan State Fair Grounds in Detroit, features displays of outdoor equipment, fishing and power boats, RV's, outfitting opportunities, seminars, wildlife exhibits and live entertainment by "Da Yappers." Show hours are 8-9 p.m. Feb. 26, 11 a.m.-9 p.m. weekends, 3-9 p.m.

weekdays and 11 a.m.-6 p.m. Sunday, March 7. Admission is \$6 adult, \$3 for children under 12 and children under five will be admitted free. Senior citizens 60 or older will be admitted for \$3 on weekdays.

SPORTFISHING EXPO
The Greater Detroit Sportfishing Expo will be held March 4-7 at The Palace of Auburn Hills.

STEELHEADERS FISHING SHOW
The Detroit Area Steelheaders Spring Fishing Show will be held March 13-14 at the Waterford Community Center. The show features tackle and other fishing equipment, fishing displays, clinics and speakers including steelhead world record holder Buzz Ramsey. Show hours are 10 a.m.-9 p.m. Saturday and 10 a.m.-4 p.m. Sunday. Admission is \$4 adults, \$2 senior citizens and

children under 12 will be admitted free.

MICHIGAN DEER SPECTACULAR
The 1993 Michigan Deer Spectacular will be held Friday, Saturday and Sunday, March 19-21, at the Lansing Center. The show features a trophy deer, elk and bear display, more than 160 exhibits of hunting equipment and accessories, daily seminars and much more. Show hours are 4-9 p.m. Friday, 9 a.m.-7 p.m. Saturday, and 9 a.m.-5 p.m. Sunday. Admission is \$6 adult, \$2.60 youth and children under six will be admitted free, 1-800-324-DEER.

WILDLIFE ART FESTIVAL
The Michigan Wildlife Art Festival will celebrate its 10th anniversary April 2-4 at the Southfield Pavilion.

DEADLINES
Rabbit season ends March 31. Fishing licenses expire March 31.

FISHING CLUB MEETINGS
The Four Seasons Fishing Club meets 7:30 p.m. the first Wednesday

of each month at the Maplewood Center in Garden City, 477-3816.

Romeo B.A.S.S. Busters meet 7 p.m. the first Tuesday of each month at the Romeo Community Youth and Civic Center, 286-6493.

METROPARKS
MAPLE'S SWEET STORY
A continuous demonstration showing how maple trees are tapped and the sap is boiled down into maple syrup, will be held 12-2 p.m. Saturdays and Sundays during March at the Kensington Farm Center.

WHAT'S NEW IN THE MARCH
A walk through a marsh to discover the importance of habitat for plants and wildlife, begins at 2 p.m. Sunday at Kensington.

METROPARK REQUIREMENTS
Most Metropark programs are free, while some require a nominal charge. Advanced registration and a motor vehicle permit are required, 1-800-47-PARKS.

SPORTS SHORTS

Signing session
Looking for the secret behind the being the best in the world. Look no further than Fairlane Town Center on Saturday when World Championship Wrestling stars Ricky "The Dragon" Steamboat and Shane Douglas will appear at Dunham's sports outfitters, beginning at 2 p.m. to sign autographs.

Following the afternoon session, the WCW Tag Team champions will make their way to Cobo Arena to defend their titles that night in a WCW event scheduled

to start at 8 p.m. Steamboat and Douglas will be challenged by the team of Flyin' Brian Pillman and Stunning Steve Austin.

The evening's main event will be a world championship match between Sting and current WCW title holder Big Van Vader, managed by Harley Race.

Tickets are \$16, \$14, \$10 and \$7, and kids 14 and under get in half-price on the \$10 and \$7 tickets. Tickets are available at the Cobo and Joe Louis box offices and at TicketMaster locations.

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NOTICE OF PUBLIC HEARING ON PROJECT PLAN FOR COMBINED SEWER OVERFLOW CONTROL FOR THE BIRMINGHAM CSO AREA NPDES PERMIT NO. MI 0025534

NOTICE IS HEREBY GIVEN: That the Office of the Oakland County Drain Commissioner will hold a Public Hearing on Monday, March 29, 1993 at 7:30 P.M. at Birmingham City Hall located at 151 Martin Street, to present information on the Birmingham CSO Area Project Plan, including estimated user costs, and receive comments and views of interested persons.

The Project Plan contains alternate solutions to control the pollution in the Rouge River caused by Combined Sewer Overflow (CSO) from the Birmingham CSO Area.

THE PURPOSE OF THE HEARING IS TO RECEIVE COMMENTS FROM CITIZENS AND INTERESTED PERSONS ON THE PROJECT PLAN AND ENVIRONMENTAL IMPACTS OF PROPOSED ALTERNATE SOLUTIONS.

TAKE FURTHER NOTICE: That copies of the Draft Project Plan will be available for public inspection on or after March 1, 1993 at the following locations:

Oakland County Drain Commissioner's Office
No. 1 Public Works Drive
Waterford, Michigan 48399-1007

City of Birmingham
151 Martin Street
Birmingham, Michigan 48012

TAKE FURTHER NOTICE: That the alternatives proposed and contained in the Draft Project Plan are:

Alternative 1
Retention, storage, and treatment of overflow - Construction of one (1) Retention Treatment Basin (RTB) and required collection sewers to comply with the requirements of the Birmingham CSO Area, National Pollutant Discharge Elimination System (NPDES) Permit No. MI 0025534. This RTB is located in Linden Park, adjacent to Skilley Road, north of Lincoln Road. Probable future requirements of the NPDES Permit will be discussed.

Alternative 2
Sewer Separation - Construction of sanitary and/or storm sewers in all City streets to separate combined sewers.

TAKE FURTHER NOTICE: That written communications will be accepted up to and including seven (7) days after the date of the Public Hearing. All written communication shall be addressed to:

OAKLAND COUNTY DRAIN COMMISSIONER'S OFFICE
No. 1 Public Works Drive
Waterford, Michigan 48397

GEORGE W. KUEN,
Oakland County Drain Commissioner

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