

Nominations from page 2H

was the chapter "Ensuring for the Future." This is about the need for planning and how very important planning is.

As the book states, "It's never too late" to plan for not only financial needs but for the emotional ones as well. To quote again, "One of the greatest fears that older people have is of losing their independence and personal autonomy. The best way to allay these fears is to plan ahead, set clear goals, and let others know what these are."

Planning ahead, setting goals and making certain that others know your wishes are among the best pieces of advice anyone could follow. In addition to the text, there are appendices that list organizations available to assist older adults and their families throughout the country.

A checklist is provided for evaluating home health services and nursing homes. There is even a section describing symptoms and illnesses common to the older adult. A suggested reading list is also included.

I truly found "Growing Old Together" to be a book full of information and common sense. The authors obviously have great insight into the joys and problems of living and aging together. In the given examples, I saw not only

many of the people I work with but also those I know in my personal life.

Silverstone and Hyman give some direct and simple ways to look at these situations, and while offering some solutions, they are also honest enough to say that some relationships, regardless of the ages of those involved, are not good and should be ended.

"Growing Old Together" should be required reading for couples who are doing just that. Their families and professionals who work with mature individuals should also read this book. It will provide a learning experience for everyone.

The book can be purchased or ordered through your local bookstore. Cost is \$15. Libraries also carry or can order the book for you.

Renee Mahler is a gerontologist and a touch-tone phone, call 953-2047, Ext. 1859. Send your questions to her at the Observer & Eclectic, 805 E. Maple, Birmingham 48009.

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Do's and don'ts of playing bridge

THE BRIDGE CROWD



WOODY BOYD

Conviction is that commendable quality in ourselves in support of our own bidding and playing technique that we call bullheadedness in others when we can't convince them the action they have taken at the card table is wrong.

Of course, that's one of the significant reasons we play competitive duplicate bridge, to prove something to others and have the satisfaction of achieving some glory and rewards for ourselves.

Speaking of such, much luster was won by a great gathering of Oakland County players who participated in the recent Wolverine Regional at the Southfield Civic Center Pavilion. A total of 1,448 tables were in play during the six-day period.

I counted 62 participants from Oakland County who gathered in a bundle of gold and black points, but space won't allow me a recital of their names. In the coming year, this column will highlight many of those excellent individual performances, so keep reading. It is a pleasure for me to tell you about them.

Today's hand from that tournament is a marvelous example of some of the do's and don'ts of our game. Most partnerships have devised all kinds of sophisticated defensive signals that are intended to help defend effectively.

Signaling attitude, count and suit preference are the most commonly practiced carding methods, but one should be extremely careful in doing so. If signaling serves to an extent that is more beneficial than its intended purpose for the defense it's best to abstain.

A suggestion that should help: If you're not sure when to do so, best not to do it at all, for you may pay a moral penalty if you are not discreet and extremely selective. I, for one, signal infrequently and only when it is imperative. Good judgment is often your best weapon.

John Blubaugh, one of the ACBL top columnists and a great celebrity of our SOMBA unit over the Wolverine Week, came to me with a hand he had witnessed from the second session of the Legendary Pairs. You will cringe at what you are about to see, but it is a significant reason inexperience scores poorly.

INSERT A
North had obviously been on a hefty, steady diet of high potency vitamins in his bid to protect his HCG as though it were something more. South too added a dash of aggressiveness to his bidding, but in fairness for spades by him was intended to show a club fit. Six clubs was a loser so North's final no-trump choice luckily

E	S	W	N
2 ♠	3 ♠	—	3 ♠
—	3 NT	—	4 ♠
—	4 ♠	—	6 NT

E/W Vulnerable			
♠ 84	♠ 84	♠ 84	♠ 84
♥ K J 10 9 5	♥ K J 10 9 5	♥ K J 10 9 5	♥ K J 10 9 5
♦ K	♦ K	♦ K	♦ K
♣ A J 7 6 3	♣ A J 7 6 3	♣ A J 7 6 3	♣ A J 7 6 3

♠ 9 5 3	♠ 9 5 3	♠ 9 5 3	♠ 9 5 3
♥ Q 7 4	♥ Q 7 4	♥ Q 7 4	♥ Q 7 4
♦ 8 7 5 3	♦ 8 7 5 3	♦ 8 7 5 3	♦ 8 7 5 3
♣ 4 2	♣ 4 2	♣ 4 2	♣ 4 2

W	N	E	S
♠ 8 4	♠ 8 4	♠ 8 4	♠ 8 4
♥ A 6	♥ A 6	♥ A 6	♥ A 6
♦ A Q J 10 2	♦ A Q J 10 2	♦ A Q J 10 2	♦ A Q J 10 2
♣ Q 10 9 8	♣ Q 10 9 8	♣ Q 10 9 8	♣ Q 10 9 8

W led 8. 3

was the only successful resting place for a slam as precarious as that contract was.

East won the spade ace and at trick (2) returned the spade deuce! This horribly conceived perpetration was intended to convey to West that he had a club card. Why no one will ever know. Certainly he couldn't expect East to ever be on lead again.

What it did tell, of course, was most helpful to declarer who now concluded the club hook wasn't working. Twelve tricks had to come from a successful heart finesse. At trick (3), a diamond to dummy's king and back to his heart ace.

Trick (5-8), four more high diamonds and East continued to accurately show his hand by pitching two spades and a small heart. At trick (9), a heart to dummy's jack and the king dropped West's queen.

In all, South won a spade, five hearts, five diamonds and the club ace, thanks to East's thoughtless carding at trick (2) and (8). Without East's help, declarer would probably have gone wrong for the club finesse certainly seemed the better play than finding West with the heart queen three times. Signals can be the death of a defense and you have just witnessed why.

Woody Boyd teaches local bridge classes and is a life master. He lives in Bloomfield Township. To leave a message for Boyd, from a touch-tone phone, call 953-2047, Ext. 1853.

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