

If you had a choice, which would it be?

Health ☐



☐ Illness

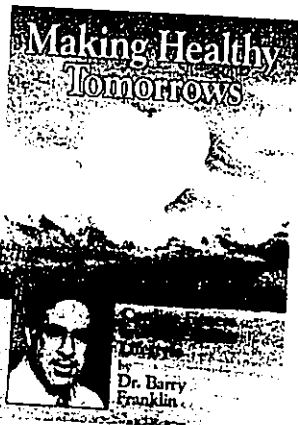
No one would intentionally choose illness, but in
"Making Healthy Tomorrows" by Dr. Barry Franklin
you will discover how to *really* choose health!

In his informative new book,
Dr. Franklin tells readers in simple
layman's language how to choose a
healthy lifestyle that will improve
appearance, health and well-being.

This well-illustrated book answers real
questions, from real people, and tells
real stories; some funny, others sad,
but all true.

Written for those between 30 and 100,
"Making Healthy Tomorrows" is easy to
read with numerous charts and tables,
and filled with great advice.

Just the gift you'll want to give
yourself and those you care about.



Available locally at fine bookstores at \$12.95 or call:

1-800-289-4843

and order your copy today!