

Student's gymnastic career vaults to new heights

BY MARGARET O'BRIEN
STAFF WRITER

Gymnastics not only fulfills Lindsey Bond's love of flying through the air but has also sent the 10-year-old Southfield resident soaring to national recognition.

Lindsey took a couple of days off from her life as a student at Adler Elementary this month to attend a special national training camp in Birmingham, Ala. There she and her coach will have the chance to learn from former Olympians and national team members.

The opportunity is only offered to the top 75 9- to 11-year-olds in the country, whittled down from a list of more than 1,200 through a series of regional and national competitions.

Heather Whitaker, an assistant for USA Gymnastics — governing body for all gymnastics in the nation, said the camp Lindsey will be going to is designed not only to teach her new skills, but also to teach her coach, Lori Pinegar, to help Lindsey in advanced training.

"So often gymnasts dubbed as

talented have to leave home to progress. We want to educate their coaches so they don't have to leave," she said. "Studies show athletes do much better when they are home."

Pinegar will have seminars on sports psychology and nutrition, among other topics, while Lindsey works with former Olympic stars like Betty Akins, her hero.

Up and coming

Training with Olympic-caliber gymnasts and coaches is no small accomplishment for a 10-year-old, said Whitaker, especially for Lindsey who has only studied gymnastics for about two years.

"I didn't expect her to progress as fast as she is," said Lindsey's mother Gail Bond, adding she and her husband originally put their daughter into gymnastics for a little recreation "to channel some of her energy."

Bond said her daughter took to it enthusiastically, but quickly became bored with the first gymnastics class she started. They transferred her to a more challenging program at Blake Gym-

nastic Centre in Bloomfield Township where she has taken off.

Bond said Lindsey's quick climb has been exciting to watch, particularly because, "It's her dream."

Bond said she and her husband make sure that Lindsey knows she is free to go as far as she wants, or can stop at any time. "I don't want to be a pushy mom, like some of the Little League dads who yell at their kids," she said. "But, it is hard to fight that sometimes because I really want to see her succeed."

Bond, who is vice president of the gym's parent club, said gymnastics takes a large time commitment from both the athlete and parents.

Lindsey practices for about 20 hours a week — between two and four hours, on four school days a week and five hours on Saturday. And her parents do all the driving.

"It's very hectic. It's like having another life sometimes," she said. "You set aside and sacrifice a lot for your gymnast."

Lindsey has not let the amount of time she spends on gymnastics

hamper other aspects of her life, according to the Adler Elementary principal Marcella Alexander-Corbitt, who called her a model student.

They're with her

"We really just have so much warmth and affection for this little person. She has just such an incredible wealth of talent that we want to encourage," Alexander-

Corbitt said. "And if she makes it to the Olympics, we will all be there — no matter what it takes." "She is very focused, and that's what it takes to be successful," she said adding that Lindsey is also very mature and a good role model for other students.

By using that focus she has turned what was once her worst event, the vault into her best. She holds the record at Blake gym.

NOTICE OF PUBLIC HEARING FARMINGTON HILLS CITY COUNCIL FEBRUARY 14, 1994 7:30 P.M.

NOTICE IS HEREBY GIVEN that there will be a Public Hearing for the purpose of hearing opinions on the vacation of a portion of Liberty Avenue, between Hancock and Waldron Avenues, located behind Lot 375, 21791 Waldron of the Richland Gardens Subdivision, Section 36, City of Farmington Hills, Oakland County, Michigan.

KATHRYN A. DORNAN, City Clerk
The City of Farmington Hills

V-1-1994
Publish January 27, 1994

CITY OF FARMINGTON HILLS SUMMARY OF PROCEEDINGS CITY COUNCIL REGULAR MEETING JANUARY 24, 1994

The meeting was called to order by Mayor Lichman at 7:30 p.m. Members Present: Bates, Lichman, Oliverio, Sever, Smith and Vagnotz. Members Absent: Grant. Others Present: City Manager Costello, City Clerk Dornan, Assistant City Managers Brock and Call, Directors Contigan and Peltier, Police Chief Dwyer and Attorney Deobue.

COUNCIL RECEIVED REPORT ON:

- Proposal for ice arena/multi-purpose sports and recreational facility.
- Police Department liquor "slugging" operation and scheduled discussion of this issue for February 14, 1994.

COUNCIL:

- Denied request for Class C liquor license for Thal Peppers, Inc., 13 Mile and Orchard Lake Roads.
- Postponed to October 17, 1994, consideration of Danice Permit for Copper Creek Golf Course, 27823 Golf Pointe Boulevard.
- Endorsed action of Police Chief Dwyer to proceed with promotion of police officers.
- Directed Administrative Staff to implement procedure to remove gold fish from Heritage Park Pond by live netting method.

APPROVED:

- Class C liquor license for Chalet of Farmington Hills, 30689 Grand River.
- Enactment of Ordinances amending City Code to hold public hearings for qualification for the P.U.D. option and the cluster development option.
- Various appointments to Boards and Commissions.
- City Council minutes of January 10, 1994.
- Executive Session to discuss pending litigation.

APPROVED AMENDMENT TO CONSENT JUDGMENT FOR:

- Cluster development on southwest corner of Thirteen Mile and Halsted Roads.
- Addition to Compuware Building at Middlebell Road and Northwestern Highway.

AWARDED BIDS FOR:

- DPW trucks to Red Holman Pontiac/GMC in the amount of \$20,293 for one ½ ton pickup, \$17,859 for one ¾ ton pickup, and \$26,235 for one 3-4 yard dump.
- Four door vehicles for the Police Department to Tom Holsler Ford in the amount of \$13,789.

LAWRENCE LICHTMAN, Mayor
KATHRYN A. DORNAN, City Clerk

Publish January 27, 1994

FARMINGTON SCHOOLS INVITATION TO BID

Farmington Public Schools will accept sealed bids for the following projects until 1:30 P.M., Monday, February 21, 1994 at the Lewis Schulman Administration Center, 32500 Shilwassee, Farmington, Michigan 48336, addressed to Beverly Hausman at which time they will be publicly opened and read for presentation to the Board of Education at their next regularly scheduled meeting.

- Air conditioning for O.E. Dunckel Middle School Media Center
- Air conditioning for Farmington High School computer, typing and distance learning rooms
- Boiler replacement at Alameda Early Childhood Center and Longacre Elementary School
- Renovation of electrical service and the addition of a generator at the administration building
- Playground site development at Hillside Elementary School
- Water main replacement at Fairview Early Childhood Center
- Communications system at Harrison High School

The Board of Education reserves the right to accept or reject any or all bids or to waive any informalities therein; or for reasons of establishing uniformity, to award the contract to other than the low bidder. A bid bond or certified check for 5% of the bid must accompany each bid. Bid specifications and documents may be obtained from the purchasing department, 32500 Shilwassee, Farmington, Michigan 48336, (810) 489-3346 after February 2, 1994. Please telephone first to verify availability.

SUSAN C. LIGHTNER, Secretary
Board of Education

Publish January 27 and 31, 1994

CITY OF FARMINGTON HILLS SUMMARY OF ORDINANCE

NOTICE OF ADOPTION OF ORDINANCE C-4-94, an Ordinance to Amend Section 34-59 of Chapter 34, Zoning, of the Farmington Hills City Code, to provide for public hearings upon request for Cluster Option Qualifications.

THE CITY OF FARMINGTON HILLS ORDAINS:

Section 1.
Section 34-59(e)(2)a of Chapter 34, Zoning, is hereby amended to read as follows:

d. Application to the Planning Commission for qualification of a parcel for cluster development shall include documentation substantiating one (1) or more of the characteristics outlined in Subsection (b) above. The Planning Commission shall hold a public hearing on the application for qualification, with notice given in accordance with Section 34-637.

- Section 2. Repealer.
- Section 3. Severability.
- Section 4. Savings.
- Section 5. Effective Date, February 14, 1994
- Section 6. Enactment, January 24, 1994

KATHRYN A. DORNAN, City Clerk
City of Farmington Hills

Publish January 27, 1994

CITY OF FARMINGTON HILLS SUMMARY OF ORDINANCE

NOTICE OF ADOPTION OF ORDINANCE C-3-94, an Ordinance to Amend Section 34-50 of Chapter 34, Zoning, of the Farmington Hills City Code, to provide for public hearings upon request for P.U.D. Qualification.

THE CITY OF FARMINGTON HILLS ORDAINS:

Section 1.
Section 34-50(f)(1)d of Chapter 34, Zoning, is hereby amended to read as follows:

d. The Planning Commission shall hold a public hearing on the request for qualification for the P.U.D. option, with notice given in accordance with Section 34-637. The Planning Commission shall approve or deny the applicant's request for qualification. The applicant may then proceed to prepare a P.U.D. plan upon which a final determination will be based.

- Section 2. Repealer.
- Section 3. Severability.
- Section 4. Savings.
- Section 5. Effective Date, February 14, 1994
- Section 6. Enactment, January 24, 1994

KATHRYN A. DORNAN, City Clerk
City of Farmington Hills

Publish January 27, 1994



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<p>\$297 SAQX150 Technics PRO-LOGIC STEREO RECEIVER 200 TOTAL WATTS, REMOTE CONTROL, AM/FM TUNER, AUDIO & VIDEO INPUTS, DIRECT ACCESS TUNING.</p>	<p>\$167 RST9023 Technics DUAL CASSETTE DECK AUTO-REVERSE, DOLBY BX PRO, DOLBY BSC, HIGH-SPEED EDITING, FL ELECTRONIC CONTROL.</p>	<p>\$97 SLP0100 Technics COMPACT DISC PLAYER MASH 1-BIT PROCESSING, 50BIT GUIDE, PANDM PLAY, SYNCRO EDIT FUNCTION.</p>
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