

Garden party to help abused children at Sarah Fisher

The St. Vincent and Sarah Fisher Center presents "La Fete Au Jardin" — The Garden Party '94 from 2-6 p.m. Sunday, June 6, on the Center grounds at 27400 Twelve Mile in Farmington Hills. Co-chaired by Gail and Dick Purian, WKQI-FM radio host, and Bill Bonita, WXYZ-TV 7 news anchor, the event benefits the center's programs for abused and neglected children.

Attracting more than 1,100

community leaders, the seventh annual Garden Party continues its festive tradition of gourmet appetizers, entrees and desserts prepared by chefs from over 55 of the area's finest restaurants, fine wines from around the world and music from nationally acclaimed jazz artist Alexander Zonjic.

The event sponsored by Huntington Banks, also features a fine wine auction and rare collectible wines auctioned in 60 minutes

by event chairperson Ed Jonna, owner of the Merchant of Vino.

The center's "Beyond Peanut Butter and Jelly" cookbook, featuring favorite recipes from Garden Party chefs, will be available for a donation to the center.

For 65 years, St. Vincent and Sarah Fisher Center has helped support children and families in crisis.

The center's six programs include residential treatment, spe-

cial needs adoption, treatment foster care, Marillac pregnancy services, Seton Community Preschool and Infant Child Care, and Transitions residential program for mothers and infants.

Overall these programs provide comprehensive services to 250 infants, youth and families on a daily basis.

This year, the center celebrates the 150th anniversary of its founders, the Daughters of Charity,

who came to Detroit in 1845 to open one of the city's first hospitals, now Providence Hospital.

Within two years, the sisters responded to community need establishing the St. Vincent Orphan Asylum. In 1852, they began a program for unwed and/or deserted mothers and their children.

The doors of the St. Vincent and Sarah Fisher Center were officially opened in Farmington Hills in 1929 to house existing

programs and provide additional quality care and treatment to the community's children and families in need.

Tickets to the Garden Party are \$90 per person, \$300 for patrons, which includes two tickets, and \$500 for benefactors, which includes four tickets.

For information call the center's agency relations department at 626-7627.

Dress casually at work for Cerebral Palsy's annual fundraiser

On Friday, June 17, many area business offices in Detroit will get rid of their ties and high-heeled shoes.

These companies, including Zerkoff Seals and Packaging in the Farmington area, will be participating in a United Cerebral Palsy fundraising event called, Casual Day.

In exchange for a \$5 donation employees in these companies will trade in their business attire and go casual for the day.

Casual Day offers a winning

situation for participating companies. Besides raising money which stays in the Greater Detroit area to help people with cerebral palsy and other disabilities, employees get a chance to show their true colors and boost company spirit. Participants also get a chance to win a vacation for two in the Grand Cayman Islands.

Other incentives include a \$250 gift certificate toward the purchase of casual wear and five specially designed Casual Day Levi's denim jackets. A limited edition

Casual Day t-shirt is also available for a \$20 donation.

In 1993, Casual Day was a tremendous success with over 140 companies raising more than \$57,000. The agency hopes to raise even more this year. Casual Day updates can be heard on 790-AM WJR with Jimmy Lance.

For an employee to participate in Casual Day '94, his or her company's human resource manager must register with their local United Cerebral Palsy office by

calling 810-557-5070.

There is no cost to the company; all funds and proceeds are raised through voluntary employee donations. Participating companies receive all the material needed to organize and promote Casual Day among their employees from United Cerebral Palsy.

For more information, contact Julie Malkin or Bill Axtell at UCP of Greater Detroit at 810-557-5070.

UCP of Metropolitan Detroit is a United Way for Southeastern

Michigan agency. United Way issues addressed by the agency include unemployment, family stress, children and youth in crisis and public education about disabilities.

Cerebral Palsy is a condition caused by brain damage during pregnancy, labor or shortly following birth. It is not a disease, it is neither progressive nor contagious.

United Cerebral Palsy Association, Inc. was founded in 1938 and

is the 11th largest nonprofit organization in the country with more than 155 local affiliates nationwide providing programs and services to children and adults with cerebral palsy and other severe disabilities.

In 1992 and 1993, "Money" magazine rated UCPA, Inc. in the top five for non-profit health care organizations in the nation based on the percentage of total funds spent directly on programs and services.

Study: Higher education could ward against Alzheimer's disease

It is too early to tell if higher education can protect against Alzheimer's disease, as suggested in a new study published in this week's Journal of the American Medical Association according to the Alzheimer's Association.

"We are concerned that people might oversimplify the research findings and conclude that 'use-it-or-lose-it' is the best defense against Alzheimer's disease," said Dian Wilkins, president of the lo-

cal Association.

"Education level probably does not affect whether someone will get Alzheimer's disease, but it may have an impact on when symptoms are detected," she said.

The researchers studied 593 individuals over the age of 60 over a period of four years, and categorized them by education level.

People with the highest education level were found to be the least likely to be diagnosed with

dementia. The researchers propose two possible explanations: That more educated people perform better on tests of intellectual ability than people with lower educational level, and thus are not as easily identified as having Alzheimer's symptoms; and higher levels of education may increase brain reserve, delaying onset of Alzheimer symptoms for several days.

According to Wilkins, while

some previous studies have linked lower levels of education with a higher risk of dementia, other studies have found no such link.

Furthermore, educational levels are associated with many other factors that are known to influence individual's health: access to medical care, nutrition, occupational and recreational activities, smoking and alcohol intake.

"It is extremely difficult to con-

clude from these studies that education alone is the deciding factor for Alzheimer's disease," said Wilkins.

"There are many brilliant, highly educated and accomplished individuals who have had Alzheimer's disease," she said. "Research that can offer new insight into delaying intellectual decline would be most welcome."

The Alzheimer's Association is the only nationwide voluntary

health organization dedicated to Alzheimer's disease.

The association funds research to find the causes, treatments and preventions for the disease, and provides support and assistance to America's four million Alzheimer's patients and families.

The Detroit Area Chapter of the Alzheimer's Association provides a wide range of services for the 70,000 families coping with Alzheimer's disease in this area.

Childbirth class will help couples prepare for labor, delivery

Health Development Network of Botsford General Hospital is premiering a new Childbirth Education Weekend June 4-5.

Busy couples who are unable to fit six weeks of classes into their schedules are invited to spend the weekend at the Novi Hilton pre-

paring for their baby's birth.

The weekend childbirth program will explain the role of the coach, what to expect during labor — recognizing signs and symptoms, the various stages of labor and what to expect during each — delivery options and choices,

breathing and relaxation techniques, medications and anesthesia, Caesarean birth and normal newborn appearance.

Videos, slide presentations and demonstrations will supplement the lectures.

The weekend program also pro-

vides couples with quality time alone while enjoying the amenities of a first-class hotel as well as the opportunity to share some of their concerns, expectations, dreams and goals with other couples.

The cost is \$175 per couple and

includes one night lodging, lunch and classes. Advance registration is required.

For further details including registration information, call Botsford General Hospital's Health Development Network, 477-6100.

Botsford General Hospital is a 230-bed osteopathic teaching hospital serving Farmington Hills and surrounding communities.

It is affiliated with Michigan State University College of Osteopathic Medicine.

Golfers coupon book will raise money for Arthritis Foundation

The Arthritis Foundation is offering a Michigan Golfers Coupon Book with 500 rounds of free golf for a \$25 donation and \$3 shipping.

It is a beautifully bound 264 page, four color coupon book listing all the public golf courses in

Michigan. It lists the course address and directions to the course, telephone number, number of holes, par for the course with total yardage and cost to play the course.

There are over 350 public golf

courses throughout Michigan that are participating in offering two for the price of one coupons in this book. Several of the courses have validation coupons for more than one round of golf.

Exercise is good for almost ev-

eryone. For many years, it was thought that people with arthritis should not exercise, because it would damage their joints.

Now, doctors know that when the arthritis is under control, people with arthritis can improve

their health and fitness through exercise, without hurting their joints.

Exercising for fitness is as important for people with arthritis as for anyone else and golf is a good form of exercise for people

with arthritis.

May is Arthritis Month. For more information about arthritis or the Golfers' Coupon Book contact the Arthritis Foundation, Michigan Chapter at 1-800-968-3030 or 354-0101.



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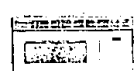
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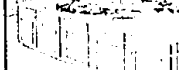
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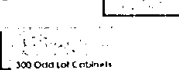
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