

Protect pets from car heat

The American Animal Hospital Association offers a few tips to protect pets during summer heat waves.

Cars are potential death traps during the hot summer months because inside temperatures can quickly climb to more than 120 degrees on even a mild sunny day. It's best to leave your pet at home while running errands during hot weather.

If you absolutely must leave your pet in a car, the following is recommended:

- Open windows and vents as wide as possible without providing an escape route, or put your pet in a well-ventilated cage inside the car and open the windows fully.
- Provide fresh water.
- Check the car every 10 minutes.

If your pet is panting, has a staring or anxious expression, refuses to obey commands, has warm, dry skin and a high fever, rapid heartbeat or is vomiting, lower the body temperature quickly with cool water — either by immersion or by spraying thoroughly with a garden hose.

If your pet lives outdoors, make sure there is adequate shelter for protection from the midday sun and heat. Outdoor kennels should be well-ventilated and in a shaded area.

There should always be some shade for the pet to get out of the sun.

Also, make sure there is plenty of fresh drinking water available to your pet. The bowl should be placed in a shaded area where it cannot be heated by the sun.

Exercise is important, but overexercise during hot weather commonly causes heat stress. Avoid excessive exercise during hot days. And keep your pet well-groomed. Long hair and hair mats may need to be clipped to help cool the animal.

Raise pledges for Parkinson's benefit

Parkinson's disease sufferers will be the beneficiaries of a walkathon set for 10:45 a.m. Saturday, June 18. The fund-raiser will take place at Madonna University in Livonia and at the University of Michigan's Flint campus.

The walk will take place rain or shine. Snacks will be provided on the course, and support teams will be on hand to help weary walkers.

Walkers are asked to raise pledges for the Michigan Parkinson Foundation, a non-profit corporation that provides services and resources throughout the state. The funds will help support patient programs, education, and research to assist the thousands of people in Michigan afflicted with Parkinson's.

Parkinson's disease is a slowly progressive disorder of affecting a small region of the brain which governs movement.

It's characterized by slow movement, shaking, rigidity of the muscles and imbalance. It can hamper walking, speech, eating, handwriting and other activities.

The malady strikes people of all ages, however, it's most common in people over 50 years of age.

An estimated 35,000 men and women in Michigan are afflicted. Neither the cause of nor the

cure for Parkinson's is currently known. However, medications can help relieve symptoms.

For more information, call the Michigan Parkinson Foundation at (313) 745-2000.

The event is being sponsored by Madonna University Athletics, Shantel's Physical Therapy Center, the University of Michigan, Winesap Printing Co., and Binson's Musical Supplies.

Conventional and Advance Payment Programs lease payments based on '94 Mercury Villager with PEP 692A MSRP of \$21,225 and '94 Mercury Sable with PEP 451A MSRP \$19,475. Excludes title, taxes and license fee.

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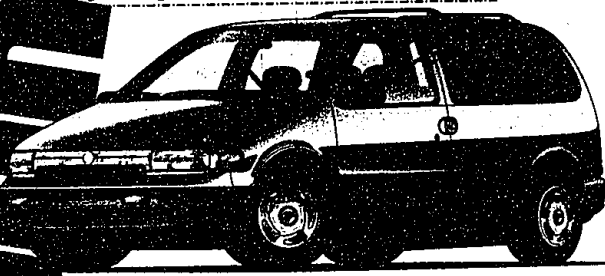
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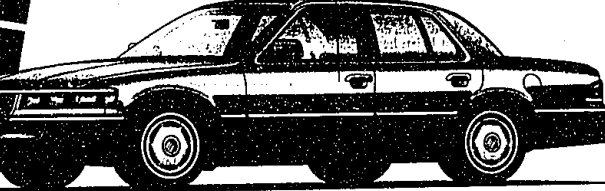
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Cash Due at Signing*2,419

Nixon gave celebration official status

Observed June 19, the first Father's Day was celebrated in Spokane, Wash., in 1910. The idea of setting aside a special day to honor fathers was that of Spokane native Sonora Smart Dodd. Dodd wanted to honor her own father, a widower, who had devoted 21 years to raising six children.

Father's Day was not declared a national holiday until 1972, when President Richard M. Nixon signed a Congressional resolution declaring the third Sunday in June as Father's Day.

According to American Greetings, Father's Day is the fifth largest card-sending holiday of the year. An estimated 102 million Father's Day cards will be sent this year.

The top four card-sending holidays are Christmas, 2.6 billion, Valentine's Day, 950 million, Easter, 166 million, and Mother's Day, 155 million.

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