

ARE YOU FREE FROM—

Headaches, Colds, Indigestion, Pains, Constipation, Sour Stomach, Dizziness? If you are not, the most effective, prompt and pleasant method of getting rid of them is to take, now and then, a desertsopful of the ever refreshing and truly beneficial laxative remedy—Syrup of Figs and Elixir of Senna. It is well known throughout the world as the best of family laxative remedies, because it acts so gently and strengthens naturally without irritating the system in any way.

To get its beneficial effects it is always necessary to buy the genuine, manufactured by the California Fig Syrup Co., bearing the name of the Company, plainly printed on the front of every package.

Well Known. Blubbs—is his Kaddupree pretty well known in your town? Slubbs—Should say he is. He's so well known he can't even borrow an umbrella.—Philadelphia Record.

USE ALLEN'S FOOT-POWDER. The Allen's Foot-Powder is the shoe's best friend. It keeps the skin of the feet and between the toes soft and healthy and makes walking a delight. It is sold in all drug stores. For FREE trial package, address A. B. Allen, 1230 N. Y. St., New York, N. Y.

A Delicate Compliment. "My new gown received a very nice sincere compliment the other day?" "As to how?" "The proprietor of a restaurant I went into asked me to sit near the window. Said it would lead tons to his place."

It Was Muffling. "Bugs" Raymond, the handsome and brilliant pitcher of the New York Giants, is a great wit on the field. Said a sporting editor at the Pen and Pencil club in Philadelphia.

"Raymond was disgusted one day at his team's wretched outfielding. Battered after batter sent up high flies, and these easy balls were muffed after muffed after left and center.

"Bugs at the sixth muffed three down his glove and stamped on it. There's an epidemic in the outfield," he said, "but, by Jingo! it isn't catching."

HURT HIM.



Customer—That razor you're using must be rather old. Barber—How can you tell, sir? Customer—It has so many teeth.

A WIDOW'S LUCK

Quit the Thing That Was Slowly Injuring Her. A woman tells how coffee kept her from insuring her life. "I suffered for many years chiefly from trouble with my heart, with severe nervous headaches and neuritis; but although incapacitated at times for my household, I did not realize the gravity of my condition until I was rejected for life insurance, because, the examining physician said, my heart was so bad it could not pass me.

"This distressed me very much, as I was a widow and had a child dependent upon me. It was to protect her future that I wanted to insure my life.

"Fortunately for me, I happened to read an advertisement containing a testimonial from a man who had been affected in the same way that I was with heart trouble, and who was benefited by leaving off coffee and using Postum. I grasped at the hope this held out, and made the change at once.

"My health began to improve immediately. The headaches and neuritis disappeared, I gained in flesh, and my appetite came back to me. Greatest of all, my heart was strengthened from the beginning, and soon all the depressing symptoms passed away. No more waking up in the night with my heart trying to fly out of my mouth!

"Then I again made application for life insurance, and had no trouble in passing the medical examination. It was seven years ago that I began to use Postum as a food, and I still, and shall continue to do so, as I find it a guarantee of good health." Name given by Postum Company, Blue Creek, Mich.

"There's a reason." Read the big little book, "The Road to Wellville," in 10 days. "Ever read the above letter?" "Yes, ever appears from time to time. They are genuine, true, and full of human interest."

WASHINGTON GOSSIP

ON TRAIN FULL OF SCHOOL TEACHERS ON WAY TO WASHINGTON AS IT LEAVES TRACK. FLAMES SWEEP WRECKED CARS AS THEY LAY IN DITCH. Fire Started at Both Ends of Train Is Fed by Oil From Tank Struck By Train as It Plunged Into Gully.

Great Sums Spent in Luxuries

WASHINGTON.—When it comes to a keen understanding of domestic economy, there is no man living who has anything on Representative Moore of Philadelphia. He has completed a list of luxuries which shows that the candy consumed in a single year represents the cost of a complete chain of emeralds from Boston to Key West, that the ivory sold represents twice the cost of building the Panama canal, and that the nickels annually dropped on soda water counters are sufficient to establish a complete infant water system.

The statistics with which Representative Moore backs his assertions are colossal. They represent his investigation into the reason for the high cost of living, and prove that the individual himself is in a large measure responsible for the decline of the dollar's value.

According to Mr. Moore, the boys and girls of the country and the older people, too, spent \$25,000,000 last year on chewing gum. The country's confectionery bill for 1910 amounted to \$78,000,000. The \$30,000,000 spent on ivory is twice the amount required to build the Panama canal.

Shoddy in Much Less Demand

PRELIMINARY statement showing the general results of the 1909 census for establishments engaged in the manufacture of woolen and worsted goods has just been issued by the director of the census, E. Dana Durand.

Although the number of establishments has decreased, denoting a tendency toward concentration, which has been the rule in the carpet manufacturing industry since 1870, on the other hand the amount of capital reported as invested shows an increase from \$26,554,000 in 1904 to \$43,226,000 in 1909, or 62 per cent. during the decade. The cost of material used increased 85 per cent. and the amount paid in salaries and wages 38 per cent. The number of salaried officials and clerks increased by 12 per cent. and the number of wage earners only 29 per cent.

The value of products increased from \$238,745,000 in 1899 to \$410,326,000 in 1909, or 72 per cent. The greater part of this increase took place during the second half of the decade; in fact, the increase of over \$100,000,000 in the five years since 1904 is far greater than that of any decade prior to 1909 in the history of the industry.

Economy Board to Save Millions

THE heads of the executive departments have received instructions to pare traveling expenses wherever possible. This order is applicable to the war and navy departments, as well as to all other departments of government.

Of course, the largeness of the item for traveling expenses is due in great measure to the laws under which men in the navy and in the army, either as officers or privates, receive travel allowances. The travel expenses of the department of agriculture and the department of the interior are also necessarily heavy, and the same is true, though not to so great an extent, of the post office department. The injunction that has gone out simply is that travel pay must not be authorized except where travel on government business is absolutely necessary.

Can't Have the Old Portsmouth

THE navy department probably will be unable to comply with the wishes of the people of California to have the old battleship Portsmouth towed to the New York navy yard, but now to the Pacific coast to be preserved there as a naval museum. The people of the state have sent a San Francisco bay because she has identified with the early history of California. She sailed into San Francisco bay and took possession of the Portsmouth in the United States. If she had not taken this action which is now California might have become a part of the British empire, as two British cruisers arrived there only a few hours after the old battleship. The San Francisco people want to use the old vessel as an exhibit in connection with the coming exposition there. The navy department, however, has received a report from a board of survey which estimated that about \$25,000 would be necessary to fit the old sailing vessel for the purpose, and the west coast has a similar objection. A such long trip would be considerable in view of the outlay involved in the

10 KILLED; 50 HURT IN EXCURSION WRECK

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That Tired Feeling

That comes to you every spring is a sign that your blood is wanting in vitality, just as pimples and other eruptions are signs that it is impure. Do not delay treatment; begin at once to take Hood's Sarsaparilla, which effects its wonderful cures, not sleepily because it contains sarsaparilla, but because it combines the utmost remedial values of twenty different ingredients, raised to their highest efficiency for the cure of all spring troubles, that tired feeling and loss of appetite. There is no real substitute; insist on having Hood's Sarsaparilla.

"I felt tired all the time and could not sleep nights. After taking Hood's Sarsaparilla a little while I could sleep well and the tired feeling had gone. This great medicine has also cured me of scrofula, which had troubled me from childhood." Mrs. C. M. Root, Box 25, Gilead, Conn.

DIDN'T CARE TO BE DONE. Not Exactly Patriotic. He says, let us say, Irish, was among several men of other nationalities, and had imbibed several beverages. It was extremely anxious, moreover, to uphold the glories of Erin, but was not quite so sure of what was going on about him. A foreigner near him remarked:

"An honest man is the noblest work of God!" The Irishman didn't quite catch what was said:

"Get out!—an Irishman is!" he roared.

It Might Help. "My wife used to meet me at the door every night when I got home from work."

"Doesn't she do it any more?" "No, never."

"Why not try taking home a little check?" to her two or three times a week?

For your own sake, don't wait until it happens. It may be a headache, indigestion, or some painful ailment. Harniss' Wizard Oil will cure it. Get a bottle now.

Confirmed. Randall—Has a reputation for bravery? Rogers—Yes, with every one who has been his wife.—Lifes.

Mrs. Whitson's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures whooping cough, croup, and all other ailments.

Little wits are often great talkers.—De la Roche.

Oh! That Awful Gas

Did you hear it? How embarrassing. This stomach gas makes you wish you could sink through the floor. You imagine everyone hears it. Keep a box of CAS-CARETS in your purse or pocket and take a part of one after eating. It will relieve the stomach gas.

DR. J. D. KELLOGG'S ASTHMA

Remedy for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. Write for FREE SAMPLE. NORTHRUP LYMAN CO. LTD., BUFFALO, N. Y.

STOMACH BLOOD AND LIVER TROUBLES

Much sickness starts with weak stomach, and consequent poor, impoverished blood. Nervous and pale—pale-pinkish poor, rich, red blood. Their stomachs need purifying for, after all, a man can be no stronger than his stomach. A remedy that makes the stomach strong and the liver active, makes rich red blood and overcomes and drives out disease-producing bacteria and cures a whole multitude of diseases.

COLT DISTEMPER

W. L. DOUGLAS. ESTABLISHED 1863. \$2.00 \$3.50 \$4.50 SHOES MADE IN U.S.A. W. L. Douglas Spring Styles includes most Snappy and Up-to-Date Shapes in Oxfords and High Cuts than ever before produced. W. L. Douglas warrants every pair of his shoes to hold their shape, look and fit better and wear longer than any other make, giving you better value for the money than you can obtain elsewhere.

A Country School for Girls in New York City. Best Features of Country and City Life. Out-of-door Sports in School Park of 35 acres near the Hudson River. Full Academic Course from Primary Class to Graduation. Upper Class for Advanced Special Studies, Music and Art. Certificate awarded to College. School Closes Meets Fall Pupils. Miss Bangs and Miss Whitton, Riverside Ave., near 252d St., West

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